Integrated Health Home (IHH) Sunset and Transition

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Health and Human Services

About Integrated Health Home (IHH)

Integrated Health Home (IHH) Overview

- Launched in 2013 as part of the Affordable Care Act to support Medicaid members with complex needs.
- Team-based, whole-person care that connects physical health, mental health, and everyday support.
- Serves children and adults, including those in Children's Mental Health Waiver and Habilitation programs.
- Aims to improve health outcomes and lower costs through better care coordination.

Certified Community Behavioral Health Clinic (CCBHC) Model

- Iowa HHS is aligning the Behavioral Health Service system to help providers connect Iowans to care—no matter where they go.
- **Starting July 1, 2025,** HHS will begin transitioning to the new Certified Community Behavioral Health Clinic (CCBHC) model.
- HHS plans to sunset the current Integrated Health Home (IHH) program by December 31, 2025.



CCBHC Model

CCBHCs are specially designed clinics that provide a comprehensive range of mental health and substance use services.

They include nine (9) core services and have specific standards related to:

- □ Quick access to care
- □ Ensuring access to 24/7 crisis services
- Serving anyone who walks through the doors, regardless of diagnosis or insurance status
- Providing care coordination to help people navigate behavioral health care, physical health care, social services, and other needs

More information is available at https://www.mov.cc.angle.com



CCBHC Expectations

- CCBHC care coordination and case management are essential components of the model meant to coordinate and integrate behavioral health, physical health, and other needs for individuals served by the CCBHC.
- The primary focus for these services are individuals who are receiving direct services provided by the CCBHC or a Designated Collaborating Organization (DCO) of the CCBHC.
- This includes outpatient mental health and substance use disorder treatment, medication management, ACT, peer support, and any other services provided by the CCBHC.
- CCBHC care coordination is meant to be an integrated service with CCBHC clinical services.



CCBHC and Long-Term Services and Supports (LTSS)

- CCBHC case management is not a substitute for and does not fulfill Targeted Case Management (TCM) requirements for Medicaid-funded LTSS.
- Members receiving any HCBS waiver or Habilitation services will receive case management through their MCO or, for Medicaid fee-for-service enrollees, through TCM.
- CCBHCs do not fulfill the Case Management requirements for individuals receiving state-funded (non-Medicaid) LTSS.
- Individuals who received LTSS funded by an MHDS region and have an ongoing need for state-funded LTSS and Case Management should be referred to the DAP for their district.

IHH \rightarrow CCBHC Care Coordination

- IHH-NICM members who already receive their clinical services through a CCBHC should be included in their CCBHC for care coordination.
- If the IHH provider is not the CCBHC, the IHH may, based on the member's confirmed choice, support a warm hand-off to the member's CCBHC for care coordination.
- NICM individuals who want to transition their clinical services and care coordination to a CCBHC may be referred to a CCBHC.
- Individuals who receive clinical services through non-CCBHC providers and do not wish to make a change to CCBHC will be triaged by the IHH and MCOs for ongoing care coordination.
- CCBHCs are required to serve individuals regardless of where they live, however, CCBHCs should work with any referring entity regarding potential concerns regarding access and capacity to serve individuals who live outside their identified service area.
- IHH team members are responsible for ensuring members can make an informed choice through discussion of viability and potential limitations when presenting options for referral.

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Proposed Timeline

July 15, 2025- Begin transition meetings for **adults** in Habilitation and for those who do not receive intensive case management.

August 1, 2025 – Begin transition meetings for **children** in the Children's Mental Health Waiver and for those who do not receive intensive case management.

• IHH will **stop** enrolling new members after this date.

September 30, 2025 – Complete transition of all eligible adults to:

- Targeted Case Management (TCM)
- MCO Community-Based Case Management (CBCM)
- CCBHCs

December 30, 2025 – Complete transition of all eligible **children** to the same services.

December 31, 2025 – The IHH program will officially end.

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Iowa HHS will continue to support the work of IHH transition and the establishment of the CCBHC demonstration alongside focused efforts to fortify Iowa's Behavioral Health and Disability Service systems.

MCOs will begin to reach out to IHH providers to discuss member transitions July 15th. The MCOs will provide transition documents to support and track member transitions.

Iowa HHS has repurposed MCO IHH office hours to schedule meetings with IHHs and will provide regular updates through an FAQ process. FAQ updates will be sent through the health home inbox and posted to the IHH website.

IHH providers, including IHH providers who are also CCBHCs, should continue to communicate IHH questions and concerns to <u>Healthhomes@hhs.iowa.gov</u>

CCBHCs can also continue to communicate directly with Iowa HHS' CCBHC Team about their CCBHC-related questions or concerns, including navigating IHH member transitions by emailing <u>iowaccbhc@hhs.iowa.gov</u>

Your Life Iowa and System Navigation are available for all Iowans for information, support, and connection 24/7/365. For individuals who no longer need ongoing care coordination but may need to reconnect in the future, YLI serves as a 'brightly lit front door' <u>https://yourlifeiowa.org/</u>

Next Steps



Communication

To ensure transparent and ongoing communication moving forward, there will be several opportunities for engagement and information sharing.

These include:

- Townhalls
- Medicaid open office hours
- Public comment period
- Rule changes
- Website with FAQ, timeline, and other transition resources

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Questions

Healthhomes@hhs.iowa.gov

