Iowa Hope and Opportunity in Many Environments (HOME)

STEERING COMMITTEE MEETING

May 27, 2025





#### Quick Reminders

► We record these meetings to help us write high-level meeting summaries.

► Topics and documents we share and discuss are for internal purposes and should not be shared outside of the steering committee.



#### Agenda

- ► Follow-up from April's Steering Committee Meeting
- ► Iowa HCBS Provider Profiles
- ► Communications in Focus: Service Package



### April Steering Committee Meeting – Follow Up



#### ICDAC Communication

► Though changes to ICDAC are not directly related to HOME, in response to questions at the last steering committee meeting, we want to highlight new, clarifying materials.

- ► ICDAC Transition Home Webpage
- ► ICDAC Transition Frequently Asked Questions
- ► HCBS Waiver ICDAC Transition Graphic
- ► ICDAC Informational Letter



#### Iowa HCBS Provider Profiles



#### Purpose of provider profiles work

Support HHS's priorities for HCBS providers, including enhancing provider capacity and preparing for HOME waiver implementation and provider transition.

Serve as a quick reference for information about HCBS waiver providers, such as the number of providers enrolled and services offered.



## Research Questions

Question	Purpose
How many providers currently offer each service?	Understand how many providers will be impacted by changes to different services
How many unique members are served by each provider?	Understand range of members served by providers
How are provider claims distributed across fee-for-service and managed care?	Understand provider enrollment with MCOs and inform communications to providers
What are the most common combinations of services that providers deliver, and members receive?	Understand the provider and member landscape, and who will be impacted by changes to specific services



### Summary of Findings



#### Summary Statistics

- ► The analysis included 3.4M claims for HCBS waiver services from state fiscal year (SFY) 2023
  - Fee-for-service and managed care (Amerigroup & Iowa Total Care)\*
- ▶3,201 providers
- **▶** 26,713 members
  - 19% of members ages 0-20
  - 44% members ages 21-64
  - 37% members ages 65+
- ► Limitation: these data only include providers and members for whom claims were submitted; enrolled providers and members who delivered or received no services in SFY2023 are excluded

\*Amerigroup is now known as Wellpoint Iowa; beginning in SFY24 a third managed care organization (Molina Healthcare) participated in Iowa Medicaid



## How many providers currently offer each service?

- ►ICDAC was the service with the most providers.
- ► The next **most** delivered services were:
  - Agency CDAC, home-delivered meals, supported community living (SCL), transportation, and personal emergency response/locators.
- ► Services with the **fewest** providers were:
  - Home health aides, mental health outreach, senior companion, specialized medical equipment, and family counseling.
- ► Services with the **fewest** claims were:
  - Nutritional counseling, specialized medical equipment, home health aide, mental health outreach, and environmental modifications.



## How many members does each provider serve?

- ► Most providers served a small number of members:
  - 88% of providers served 50 or fewer members, with many of those providers serving only 2-10 members.
  - Only 7% of providers served over 100 members. Those providers commonly provided services like adult day care, assisted living, and SCL.
- ▶ Over half of providers served just one age group. Only 43% of providers served multiple age groups.
- ▶ Over half of providers served members aged 65 and above.

Note: Excludes ICDAC



## Provider-offered service combinations

- ▶ 56% of providers provide one service; 44% of providers provide more than one service.
- ▶ Providers most commonly offer a combination of hour services: assisted living, agency CDAC, home-delivered meals, and personal emergency response/locator (PERS).
- ▶ 125 providers provide all 4 of these services.

Note: Excludes ICDAC



## Service combinations that members receive

- ► Most members received 1-3 services.
- ► Four members received 8 services, the highest number of services received.
- Six services are most likely to be received in combination by members. These services are homedelivered meals, PERS, Supported Community Living, day habilitation, agency CDAC and transportation.

Note: Includes ICDAC



## Takeaways and Next Steps



#### Takeaways

- ► Over half of providers offer only one service, and most serve a small number of members.
- ► Most providers interact with just one member, while most members engage with multiple providers.
- ►ICDAC providers make up 74% of all providers, with most offering only this service, serving one member, and submitting claims to managed care.
- ► Members tend to receive distinct clusters of services from providers.
- ► Nearly all providers work with MCOs.



#### Next Steps

- ► Rerun analysis with SFY24 data.
- ► Consider additional analyses to inform 2025 work, including around provider communications, provider qualifications, provider capacity, and preparing for HOME waiver implementation.
  - Map current providers to new waiver services to understand provider workforce changes under amended current waivers and proposed HOME waivers.
  - Deeper dive into specific services.
  - Linking datasets to understand geographic distribution of providers.



#### Communications in Focus: Service Package



# Simplifying service packages for Iowa's current waivers

- ► Through the HOME project, Iowans gave HHS feedback that it can be challenging to learn about available waiver services, and to find the specific services that would best meet their needs.
- Some waiver services have different names but similar or overlapping service definitions.
  - Example: Home and Vehicle Modifications and Environmental Modifications and Adaptive Devices.



# Simplifying service packages for Iowa's current waivers

- ► HHS is combining similar services across the waivers to make them easier to use and help people find the right services that match their needs.
- ► The new services offer the same level of support, even though the names are changing.
- ► Members won't lose access to any services when this change happens, they will just see a different service name in their person-centered plan.
- ► This change will also align service names and definitions across Iowa's waivers. This will make it easier for HHS to have a smooth transition from the current waivers to the new Children and Youth and Adult and Disability waivers in the future.



## Transitioning to simplified service names and definitions

- ▶ Starting Jan. 1, 2026, members who receive a waiver service that's being merged or re-named will receive the simplified service during a service change or at their annual reassessment. HHS will transition all members to the simplified services by the end of 2026.
- ► Members will stay on their current waiver when their service names change. This is different than the transition to new needs-based waivers that HHS is still planning as part of HOME waiver redesign.



Current service names	Service names starting in 2026	How the service is changing	
Consumer-Directed Attendant Care (CDAC) Skilled and Unskilled	Skilled Attendant Care and Attendant Care	Combined Consumer-Directed Attendant Care (CDAC) Skilled and Unskilled & Self-Directed Personal Care	
Self-Directed Personal Care			
Senior Companion	Companion	The companion aspect of the senior companion service was renamed Companion (home maintenance aspects of senior companion services are now included in Home Maintenance Support services	
Homemaker	Home Maintenance Support	Components of Homemaker, Chore and Senior Companion were combined and renamed Home	
Chore		Maintenance Support	
Senior Companion			
Family Counseling and Training	Family Training	Renamed to Family Training	
Behavioral Programming	Positive Behavioral Support and Consultation	Renamed to Positive Behavioral Support and Consultation	
Environmental Modifications and Adaptive Devices	Environmental Modifications and Adaptive Devices	Combined Environmental Modifications and Adaptive Devices with Home and Vehicle Modifications	
Home and Vehicle Modifications			
Independent Support Broker	Independent Support Broker	Service is now optional; minor language changes	

Adds "travel to and from work or day programs" to ID

waiver service definition

Minor service definition update

Transportation

Home Health Aide

Transportation

Home Health Aide

#### Minor Definition Changes - Examples

Service	Current service definition		New service definition
Transportation	Brain Injury Waiver "Transportation services may be provided for members to conduct business errands and essential shopping, to travel to and from work or day programs, and to reduce social isolation."	Intellectual Disability Waiver "Transportation services may be provided for members to conduct business errands, essential shopping, and to reduce social isolation."	"Transportation services may be provided for persons to conduct business errands, essential shopping, travel to and from work or day programs, and to reduce social isolation."
Home Health Aide	Elderly Waiver  "Home health aide services are an extension of the State Plan and are personal or direct care services provided to the member, which are not payable under lowa Medicaid State Plan services as set forth in Iowa Administrative Code rule 441 78.9(249A)."	Health and Disability Waiver  "Home health aide services are an extension of the State Plan Home Health Services intermittent benefit provided to the member that are not payable under Medicaid as set forth in Iowa Administrative Code rule 441-78.9(249A)."	"Home Health Aide services are an extension of the state plan and are personal or direct care services provided to the person in their home which are not otherwise payable under Medicaid state plan.

# Simplifying the Waiver Service Menu: Questions and Discussion

Next, we want your feedback on communication strategies to avoid misconceptions about what these changes mean for service access.



#### Member Communication Strategies

#### Individualized home supports with family training

Existing services	Simplified service
In-home family supports	Individualized home supports with family training

#### Example

Arthur's services in 2020	Arthur's services in 2021
Arthur lives with his parents, who provide informal support during the week. Staff members provide in-home respite every other Saturday.  Arthur and his parents receive training through in-home family supports. Arthur receives support and training to access his chosen community activities, navigate his community, develop household management skills and build resiliency. Arthur's parents receive training to increase their skills to provide care for Arthur and support his training goals.	Arthur has an annual reassessment for services in July 2021. The reassessment determines that Arthur is still eligible for waiver services. His current support plan meets his assessed needs.
<ul> <li>In-home family supports</li> <li>Respite</li> <li>Specialized equipment and supplies</li> </ul> Minnesota Waiver Relmagine Example	Individualized home supports with family training (to replace in-home family supports)     Respite (no change)     Specialized equipment and supplies (no change)

# Draft member-facing waiver service descriptions

#### **Home Health Aide**

Home health aides help you at home with personal care, such as bathing, brushing your teeth, taking medicine and using the bathroom. They also help you move around and get in and out of bed. Aides watch for changes in your health and do small household chores to keep your home safe. Medicaid pays for home health aides if these services are not already covered by other services in your care plan.



#### Discussion

- ► What questions do you think members have about these changes?
- ► How much detail do you think members want to see about the technical changes to service definitions?
- ► What format do you think would work best to make sure members get clear, correct, up-to-date information about these changes?
- ► When do you think is the right time to get the word out about these changes?



