

## ACRONYM

## NAME

## WEBSITE

created by  
Iowa Behavioral Health Association

AAA	Area Agency on Aging	
ABC	Alcoholic Beverages Commission	<a href="https://revenue.iowa.gov/about/alcoholic-beverages-commission">https://revenue.iowa.gov/about/alcoholic-beverages-commission</a>
AC4C	Alliance of Coalitions For Change	<a href="http://www.AC4C.org">www.AC4C.org</a>
ACES	Adverse Childhood Experiences	
ACT	Assertive Community Treatment	<a href="https://hhs.iowa.gov/mental-health">https://hhs.iowa.gov/mental-health</a>
ADRC	Aging & Disability Resource Center	
AG	Attorney General	<a href="https://www.iowaattorneygeneral.gov/">https://www.iowaattorneygeneral.gov/</a>
AHRQ	Agency for Healthcare Research	<a href="https://www.ahrq.gov/">https://www.ahrq.gov/</a>
ARNP	Advanced Registered Nurse Practitioner	
ARRC	Administrative Rules Review Committee	<a href="https://www.legis.iowa.gov/committees/committee?endYear=2025&amp;groupID=705">https://www.legis.iowa.gov/committees/committee?endYear=2025&amp;groupID=705</a>
ASAM	American Society of Addiction Medicine	<a href="https://www.asam.org/">https://www.asam.org/</a>
ASIST	Applied Suicide Intervention Skills Training	
ASO	Administrative Service Organization	
ATTC	Addiction Technology Transfer Center	<a href="https://attcnetwork.org/">https://attcnetwork.org/</a>
BH	Behavioral Health	
BHIS	Behavioral Health Intervention Services	
BHSS	Behavioral Health Service System IA	<a href="https://hhs.iowa.gov/initiatives/system-alignment/behavioral-health-service-system">https://hhs.iowa.gov/initiatives/system-alignment/behavioral-health-service-system</a>
BI	Brain Injury	
CAA	Community Action Agencies	
CADC	Certified Addicton & Drug Counselor	
CAH	Critical Access Hospitals	
CAMHI4Kids	Coalition to Advance MH in Iowa for Kids	<a href="https://www.unitedwaydm.org/impact/initiatives/camhi4kids">https://www.unitedwaydm.org/impact/initiatives/camhi4kids</a>
CARF	Commission on Accreditation of Rehabilitation Facilities	<a href="https://carf.org/">https://carf.org/</a>
CBCM	Community Based Case Manager	
CBT	Cognitive Behavioral Therapy	
CCBHC	Certified Community Behavioral Health Clinics	<a href="https://hhs.iowa.gov/programs/programs-and-services/ccbhcc">https://hhs.iowa.gov/programs/programs-and-services/ccbhcc</a>
CCO	Consumer Choice Option (Medicaid)	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/member-services/cco">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/member-services/cco</a>
CCUSO	Civil Commitment Unit for Sexual Offenders IA	<a href="https://hhs.iowa.gov/specialty-care-facilities">https://hhs.iowa.gov/specialty-care-facilities</a>
CDAC	Consumer Directed Attendant Care	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/cdac">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/cdac</a>
CFCS/The Coalition	Coalition for Family & Children's Services	
CHIP	Children's Health Insurance Program	
CLAS	Culturally & Linguistically Appropriate Services	
CMHC	Community Mental Health Center	<a href="https://hhs.iowa.gov/mental-health">https://hhs.iowa.gov/mental-health</a>
CMS	Centers for Medicare & Medicaid Services	<a href="https://www.cms.gov/">https://www.cms.gov/</a>
COB	Coordination of Benefits	
CPS	Certified Prevention Specialists	
CPT	Child Centered Play Therapy	
CSRS	Crisis Stabilization Residential Services	<a href="https://hhs.iowa.gov/mental-health">https://hhs.iowa.gov/mental-health</a>
CSS	Community Support Services	
DAP	Disability Access Points IA	<a href="https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system#disability-access-points-dap">https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system#disability-access-points-dap</a>
DBT	Dialectical Behavioral Therapy	

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DIALS	Dept of Inspections Appeals & Licensing IOWA	<a href="https://dial.iowa.gov/">https://dial.iowa.gov/</a>
DLA 20	Daily Living Activities	
DME	Durable Medical Equipment	
DOJ	Dept of Justice	
DRI	Disability Rights Iowa	<a href="https://disabilityrightsowa.org/">https://disabilityrightsowa.org/</a>
DSM #	Diagnostic & Statistical Manual of Mental Disorders	
DSS	Disability Services System IOWA	<a href="https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system">https://hhs.iowa.gov/initiatives/system-alignment/iowas-disability-services-system</a>
E&M	Evaluation & Management (coding)	
EBP	Evidence-Based Practice	
EFT	Emotionally Focused Therapy	
EMDR	Eye Movement Desensitization & Reprocessing	
EPSDT	Early & Periodic Screening Diagnosis & Treatment	
FEP	First Episode Psychosis	
FFS	Fee For Service	
HAB	Habilitation Services IOWA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/habilitation-services">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/habilitation-services</a>
HAWKI	Healthy And Well Kids in Iowa	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/hawki">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/hawki</a>
HCBS	Home & Community Based Services IOWA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/hcbs">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/hcbs</a>
HHS	Health & Human Services IOWA	<a href="https://hhs.iowa.gov/">https://hhs.iowa.gov/</a>
HHS	Health & Human Services US/FEDERAL	<a href="https://www.hhs.gov/">https://www.hhs.gov/</a>
HIPAA	Health Insurance Portability & Accountability Act	<a href="https://www.hhs.gov/hipaa/index.html">https://www.hhs.gov/hipaa/index.html</a>
HOME	Hope & Opportunity in Many Environments IOWA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/current-projects/home">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/current-projects/home</a>
HRSA	Health Resources & Services Administration	<a href="https://www.hrsa.gov/">https://www.hrsa.gov/</a>
IA Legis	Iowa Legislature	<a href="https://www.legis.iowa.gov/">https://www.legis.iowa.gov/</a>
IA Mcaid	Iowa Medicaid	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid">https://hhs.iowa.gov/programs/welcome-iowa-medicaid</a>
IA SAIL	Iowa Solutions for Aging w/ Independence & Longevity	<a href="https://hhs.iowa.gov/aging-services/ia-sail">https://hhs.iowa.gov/aging-services/ia-sail</a>
IACP	Iowa Association of Community Providers	
IBC	Iowa Board of Certification	<a href="https://iowabc.org/">https://iowabc.org/</a>
IBHRS	Iowa Behavioral Health Reporting System	<a href="https://reporting-system">reporting-system</a>
ICF/ID	Intermediate Care Facilities for Intellectually Disabled	
ID	Intellectual Disability	
IHA	Iowa Hospital Association	
IHAWP	Iowa Health & Wellness Plan (Medicaid)	<a href="https://wellness-plan">wellness-plan</a>
IHCA	Iowa Health Care Association	
IHH	Integrated Health Home (Medicaid)	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/provider-services/integrated-health-home">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/provider-services/integrated-health-home</a>
IHRC	Iowa Harm Reduction Coalition	
IL	Informational Letters	<a href="https://secureapp.dhs.state.ia.us/IMPA/Information/Bulletins.aspx">https://secureapp.dhs.state.ia.us/IMPA/Information/Bulletins.aspx</a>
IMD	Institution for Mental Disease	
IMPA	Iowa Medicaid Portal Access	<a href="https://secureapp.dhs.state.ia.us/impa/Default.aspx">https://secureapp.dhs.state.ia.us/impa/Default.aspx</a>
IMS	Iowa Medical Society	
IOP	Intensive Outpatient Program	
IPA	Iowa Pharmacy Association	
I-PAC	IA Integrated Health Planning Advisory Council	<a href="https://hhs.iowa.gov/advisory-groups/i-pac">https://hhs.iowa.gov/advisory-groups/i-pac</a>

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IPCA	Iowa Primary Care Association	
IPHA	Iowa Public Health Association	
IPN	Integrated Provider Network	<a href="https://hhs.iowa.gov/mental-health/provider-resources/integrated-provider-network">https://hhs.iowa.gov/mental-health/provider-resources/integrated-provider-network</a>
IRF	Inpatient Rehabilitation Facility	
IRSH	Intensive Residential Service Homes	<a href="https://hhs.iowa.gov/mental-health">https://hhs.iowa.gov/mental-health</a>
ISAC	Iowa State Association of Counties	<a href="https://www.iowacounties.org/">https://www.iowacounties.org/</a>
ISASA	Iowa Substance Abuse Supervisors Association	
ITC	Iowa Total Care (MCO)	<a href="https://www.iowatotalcare.com/">https://www.iowatotalcare.com/</a>
LAC	Legal Action Center	<a href="https://www.lac.org/">https://www.lac.org/</a>
LCSW	Licensed Clinical Social Worker	
LISW	Licensed Independent Social Worker	
LMFT	Licensed Marriage & Family Therapist	
LMHC	Licensed Mental Health Counselor	
LMSW	Licensed Master Social Worker	
LOC	Level of Care	
LTC	Long-Term Care	
LTSS	Long-Term Services & Supports IA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/ltss">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/ltss</a>
MAAC	Medical Assistance Advisory Council	<a href="https://hhs.iowa.gov/advisory-groups/maac">https://hhs.iowa.gov/advisory-groups/maac</a>
MAT	Medication Assisted Treatment	
MBCT	Mindfulness Based Cognitive Therapy	
mCBD	Medical Cannabidiol Board	<a href="https://hhs.iowa.gov/advisory-groups/medical-cannabidiol-board">https://hhs.iowa.gov/advisory-groups/medical-cannabidiol-board</a>
MCO	Managed Care Organization	
MCTC	Midwest Counterdrug Training Center	<a href="https://new.counterdrugtraining.com/">https://new.counterdrugtraining.com/</a>
MEPD	Medicaid for Employed People w/ Disabilities IA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/mepd">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/mepd</a>
MH	Mental Health	<a href="https://hhs.iowa.gov/mental-health">https://hhs.iowa.gov/mental-health</a>
MHDS Commission	Mental Health & Disability Services Commission	<a href="https://hhs.iowa.gov/advisory-groups/mhds-commission">https://hhs.iowa.gov/advisory-groups/mhds-commission</a>
MHDS Regions	Mental Health & Disability Services Regions	<a href="https://hhs.iowa.gov/programs/programs-and-services/mhds-regions">https://hhs.iowa.gov/programs/programs-and-services/mhds-regions</a>
MHFA	Mental Health First Aid	
MHI	Mental Health Institute IA Independence & Cherokee	<a href="https://hhs.iowa.gov/specialty-care-facilities">https://hhs.iowa.gov/specialty-care-facilities</a>
MHTTC	Mental Health Technology Transfer Center	<a href="https://mhhtcnetwork.org/">https://mhhtcnetwork.org/</a>
MOUD	Medication for Opioid Use Disorder	
NAMI	National Alliance on Mental Illness	
NASW	National Association of Social Workers	
NC4MW/Nat'l Council	National Council for Mental Wellbeing	<a href="https://www.thenationalcouncil.org/">https://www.thenationalcouncil.org/</a>
NCQA	National Committee for Quality Assurance	<a href="https://www.ncqa.org/">https://www.ncqa.org/</a>
NEMT	Non-Emergency Medical Transportation IA Mcaid	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/nemt">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/nemt</a>
NIAAA	National Institute on Alcohol Abuse & Alcoholism	<a href="https://www.niaaa.nih.gov/">https://www.niaaa.nih.gov/</a>
NIDA	National Institute on Drug Abuse	<a href="https://www.drugabuse.gov/">https://www.drugabuse.gov/</a>
NIMH	National Institute of Mental Health	<a href="https://www.nimh.nih.gov/">https://www.nimh.nih.gov/</a>
ODCP	Office Drug Control Policy Iowa	<a href="https://dps.iowa.gov/bureaus-iowa-department-public-safety/iowa-office-drug-control-policy">https://dps.iowa.gov/bureaus-iowa-department-public-safety/iowa-office-drug-control-policy</a>
ONDCP	Office of National Drug Control Policy	<a href="https://www.usa.gov/agencies/office-of-national-drug-control-policy">https://www.usa.gov/agencies/office-of-national-drug-control-policy</a>
ODU	Opioid Use Disorder	

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PA	Prior Authorizations	
PACE	Program of All-Inclusive Care for the Elderly IA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/pace">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/pace</a>
PCIT	Parent Child Interactive Therapy	
PCP	Primary Care Physician	
PHP	Partial Hospitalizatoin Program	
PMIC	Psychiatric Medical Institute for Children	
PMP	Prescription Monitoring Program IOWA	<a href="https://dial.iowa.gov/licenses/medical/pharmacy/prescription-monitoring-program-pmp">https://dial.iowa.gov/licenses/medical/pharmacy/prescription-monitoring-program-pmp</a>
PMPM	Per Member Per Month	
PTTC	Prevention Technology Transfer Center	<a href="https://pttcnetwork.org/">https://pttcnetwork.org/</a>
QPR	Question, Persuade, & Refer	
RC	Resource Center Iowa	<a href="https://hhs.iowa.gov/specialty-care-facilities">https://hhs.iowa.gov/specialty-care-facilities</a>
REACH IA	Responsive Excellent Care for Healthy Youth	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/current-projects/iowa-reach">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/current-projects/iowa-reach</a>
RTC	Residential Treatment Center	
SAMHSA	Substance Abuse & Mental Health Services Administration	<a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a>
SED	Serious Emotional Disturbance	
SHA	State Health Assessment IA	<a href="https://hhs.iowa.gov/performance-and-reports/healthy-iowans#iowa-state-health-assessment-sha">https://hhs.iowa.gov/performance-and-reports/healthy-iowans#iowa-state-health-assessment-sha</a>
SHIP	State Health Improvement Plan IA	<a href="https://hhs.iowa.gov/performance-and-reports/healthy-iowans#iowa-health-improvement-plan-ship">https://hhs.iowa.gov/performance-and-reports/healthy-iowans#iowa-health-improvement-plan-ship</a>
SMI	Serious Mental Illness	
SPA	State Plan Amendment	
STS	State Training School	<a href="https://hhs.iowa.gov/specialty-care-facilities">https://hhs.iowa.gov/specialty-care-facilities</a>
SUD	Substance Use Disorder IA	<a href="https://hhs.iowa.gov/programs/programs-and-services/substance-use-disorder">https://hhs.iowa.gov/programs/programs-and-services/substance-use-disorder</a>
SW	Social Worker	
TANF	Temporary Assistance for Needy Families	
TBRI	Trust Based Relational Intervention	
TCM	Targeted Case Management IA	<a href="https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/tcm">https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-medicaid-programs/tcm</a>
TIC	Trauma Informed Care	
TJC	The Joint Commission	<a href="https://www.jointcommission.org/">https://www.jointcommission.org/</a>
Tx	Treatment	
VBP	Value Based Purchasing	
WHAM	Whole Health Action Management	
WPI	Wellpoint Iowa MCO	<a href="https://www.wellpoint.com/ia/medicaid">https://www.wellpoint.com/ia/medicaid</a>
WRAP	Wellness Recovery Action Planning	
YLI	Your Life Iowa	<a href="https://yourlifeiowa.org/">https://yourlifeiowa.org/</a>