## High Five: July

5 Ways to Solicit a Better Response from Facility or Program Staff.

- 1. Communicate as effectively and to the point as possible.
  - 1. Share specifics (time, day, staff, issue, etc).
  - 2. Keep your statements short: what is the issue, and what do you want resolved?
- 2. Remain calm and respectful.
- 3. Bring a proposed resolution along with the concern.
- 4. Make sure you are both on the same page.
  Did you both hear the same things? It can help to put your concern and their response in writing, i.e. using a grievance or suggestion form. What is the timeframe for response, and when will someone be following up with you? Follow up. Give the facility time to respond/implement change and listen to what they have to say/reasons behind their "why."
- 5. Point out something that you think the facility/staff do well. I like it when...it makes me feel respected when...I really loved...etc. This positivity may help turn a difficult conversation into one that is more positive.