

# Iowa Overdose Deaths : Data to Inform Prevention

From the CDC's State Unintentional Drug Overdose Reporting System (SUDORS) 2020-2023

## WHO is most affected?

Populations that experienced the highest rate per 100,000 of overdose deaths.

**Males** died from overdose

**2x** more than Females.

**Black, non-Hispanic** individuals died from overdose

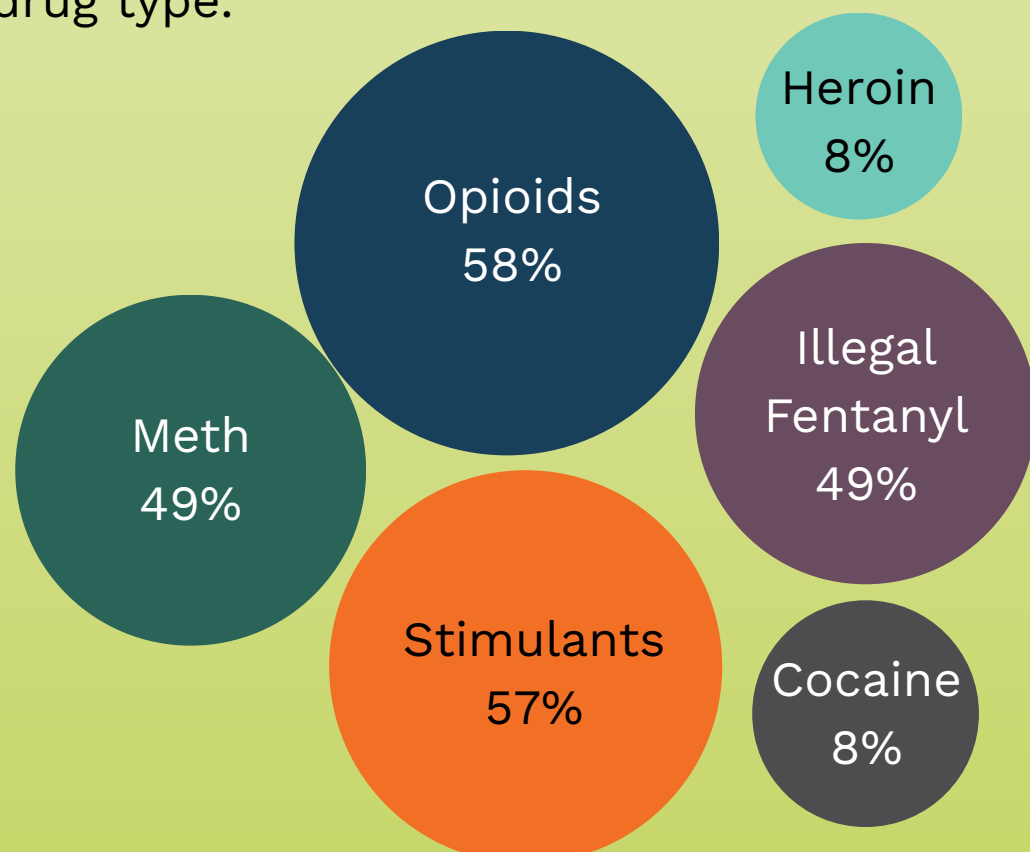
**3x** more than White, non-Hispanic individuals.

People **aged 25-34** had the highest rate of

**23** per 100k, which is highest among all the other age groups.

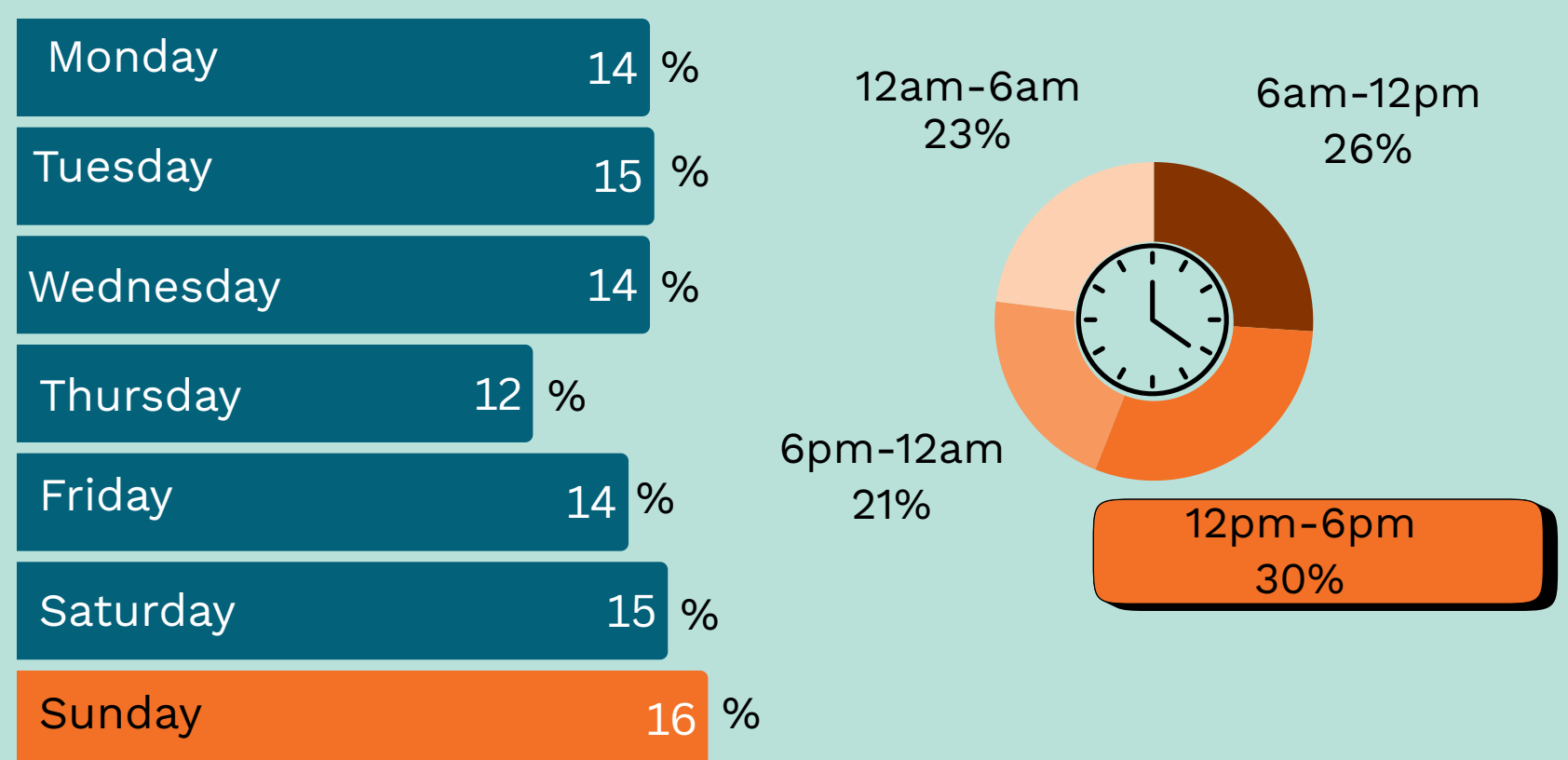
## WHAT substances are involved?

This chart shows the % of overdose deaths that involved each drug type.

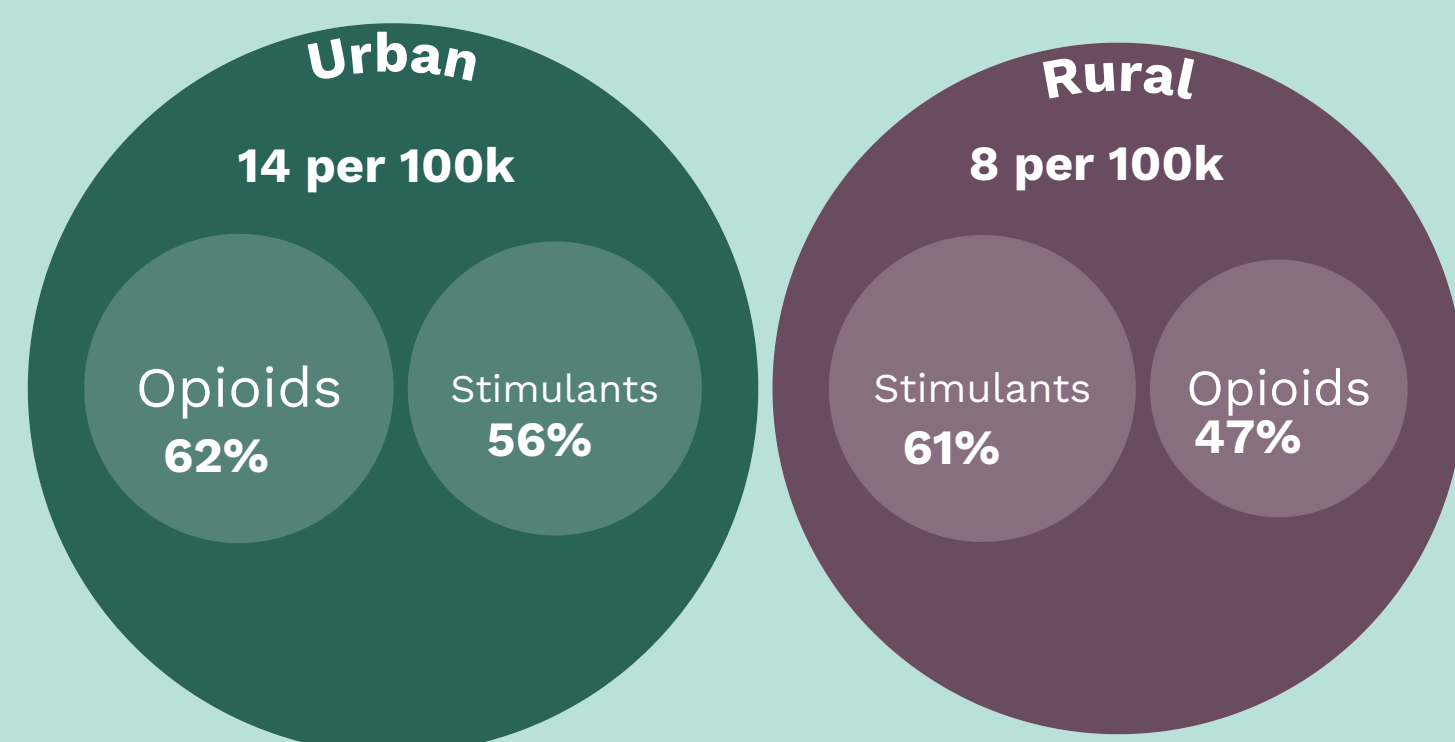


## WHEN do overdoses happen?

Of the deaths with time and day information available, most deaths took place between 12-6am and Sundays.



## WHERE are overdose deaths happening?



More than **two-thirds** of deaths occurred in a house or apartment setting.

## WHY did overdose deaths occur?

**85%** of deaths had an least one opportunity for intervention.

Only **33%** of opioid involved deaths had naloxone administered.

**62%** had a potential bystander present

**25%** of deaths involved both opioids and stimulants.

**52%** of individuals had evidence of a mental health diagnosis.

**14%** had a prior overdose

## HOW can you learn more?

[Review the data](#)  
• [CDC SUDORS Dashboard](#)

[Learn about overdose prevention](#)  
• [CDC Overdose Prevention](#)

[Use Iowa resources](#)  
• [CDC Overdose Prevention](#)  
• [Your Life Iowa](#)  
• [Naloxone Iowa](#)  
• [Iowa HHS - Save a Life](#)

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