

## Red Tape Review Rule Report (Due: September 1, 2025)

<b>Department Name:</b>	Health and Human Services	<b>Date:</b>	May 15, 2025	<b>Total Rule Count:</b>	3
<b>IAC #:</b>	641	<b>Chapter/ SubChapter/ Rule(s):</b>	54	<b>Iowa Code Section Authorizing Rule:</b>	280.13C
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**PLEASE NOTE, THE BOXES BELOW WILL EXPAND AS YOU TYPE**

**What is the intended benefit of the rule?**

This chapter describes the return-to-play protocol for concussion or other brain injury to be adopted by July 1, 2019, by the board of directors of each school district and the authorities in charge of each accredited nonpublic school with enrolled students who participate in an extracurricular interscholastic activity in grades seven through twelve.

**Is the benefit being achieved? Please provide evidence.**

Yes. The Department's data from 2021 indicates that approximately 13% of Iowa students had a concussion from playing a sport or being physically active (Iowa HHS, 2021)

**What are the costs incurred by the public to comply with the rule?**

There are no costs associated with this rule chapter.

**What are the costs to the agency or any other agency to implement/enforce the rule?**

The Department incurs personnel and other administrative costs to implement the rules.

**Do the costs justify the benefits achieved? Please explain.**

Yes. The Department's data from 2021 indicates that approximately 13% of Iowa students had a concussion from playing a sport or being physically active (Iowa HHS, 2021)

**Are there less restrictive alternatives to accomplish the benefit? ☐ YES ☒ NO**

If YES, please list alternative(s) and provide analysis of less restrictive alternatives from other states, if applicable. If NO, please explain.

Rulemaking is required by Iowa Code section 280.13C.

Does this chapter/rule(s) contain language that is obsolete, outdated, inconsistent, redundant, or unnecessary language, including instances where rule language is duplicative of statutory language? [list chapter/rule number(s) that fall under any of the above categories]

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54.1 - deleted as being redundant

54.2 - referred duplicative definitions back to the appropriate Iowa Code section

54.3 - clarified return-to-play steps to better describe their application

**RULES PROPOSED FOR REPEAL (list rule number[s]):**

54.1

**RULES PROPOSED FOR RE-PROMULGATION (list rule number[s] or include rule text if available):**

54.2 and 54.3

***\*For rules being re-promulgated with changes, you may attach a document with suggested changes.***

#### METRICS

Total number of rules repealed:	1
Proposed word count reduction after repeal and/or re-promulgation	148
Proposed number of restrictive terms eliminated after repeal and/or re-promulgation	2

**ARE THERE ANY STATUTORY CHANGES YOU WOULD RECOMMEND INCLUDING CODIFYING ANY RULES?**

No.