

Services and Providers Subcommittee Meeting

September 9, 2025



Health and
Human Services



Agenda

- ▶ REACH Service Array
 - Required services
 - Identified service gaps and opportunities
- ▶ Discussion
- ▶ Public Comment

Meeting Goals

Goal: Refine the subcommittee's recommendations for the core REACH service array

- ▶ In future meetings, we will discuss:
 - Crisis service array
 - When services will be available and for whom
 - Who should provide services
 - How to support and train providers
 - How to streamline service delivery
- ▶ Note that the Intensive Care Coordination Subcommittee will discuss coordination services

Required Services



Relevant Services Definition

- ▶ Intensive In-Home and Community **Supportive and Therapeutic Services (IHCSTS)** are **individualized, strength-based interventions** to correct or ameliorate behavioral health conditions that interfere with a child's functioning.
- ▶ Interventions **help the child to build skills** necessary for successful functioning in the home and community **and improve the family's or caregiver's ability to help the child successfully function** in the home and community.

Services Required in Settlement Agreement

- ▶ Family education
- ▶ Behavior management
- ▶ Individual and family therapy
- ▶ Evidence-based services such as
 - Family Functional Therapy (FFT)
 - Multisystemic Therapy
 - Trauma Focused Cognitive Behavioral Therapy
- ▶ Subcommittee has also suggested
 - Youth and peer supports
 - Motivational interviewing

Gaps in Existing BHIS Services

- ▶ In May, members shared that many required services are provided through BHIS, but that...
 - Standardized education does not engage everyone
 - Services are not standardized across providers, meaning that children and families cannot always access their preferred service
 - Providers are limited
 - Training requirements for evidence-based services may further limit the provider pool
 - Children with intensive needs can face challenges accessing tailored care

Gaps in Existing BHIS Services

- ▶ Looking ahead additional training and systems-level changes are required to address some key service gaps for the REACH service array
- ▶ Our service array should address gaps by increasing access to standardized services

Principles for Effective Care

- ▶ The Subcommittee has proposed key principles for effective care including that services should be:
 - Tiered according to intensity of need
 - Tailored to a child and family's wants and needs
 - Including acknowledging that the child and family are experts in their needs
 - Offered concurrently and not sequentially
 - Available through pre-authorization in limited capacity

Discussion



Goals of REACH

- ▶ **Improve self-care**, including addressing behaviors and social skills deficits that interfere with **daily living tasks** and avoiding exploitation by others
- ▶ Improve **self-management of symptoms**, including assisting with self administration of medications
- ▶ Improve **social functioning**, including addressing social skills deficits and anger management
- ▶ Support the development and maintenance of **social support networks** and the use of community resources

Goals of REACH (cont.)

- ▶ Support **employment objectives** by identifying and addressing behaviors that interfere with seeking and maintaining a job
- ▶ Support **educational objectives**, including identifying and addressing behaviors that interfere with succeeding in an academic program in the community
- ▶ Support **independent living** objectives by identifying and addressing behaviors that interfere with seeking and maintaining housing and living independently.

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Discussion

- ▶ What is the committee's feedback on whether or not the new IHCSTS service should:
 - Be developed as strengthened "BHIS" OR
 - Be a new service array that replaces BHIS

Discussion

► To create a fully compliant service array for IHCSTS what, if anything, needs to be done to strengthen or change:

- Family education
- Behavior management
- Individual and family therapy
- Evidence-based services – FFT, MST, Trauma focused CBT
- Youth and family peer supports
- Motivational interviewing

Other Subcommittees

- ▶ Communications Subcommittee is working to find a new name for Intensive In-Home and Community Supportive and Therapeutic Services
 - Please feel free to offer suggestions!
- ▶ Quality Subcommittee reconvenes this month
 - Wednesday, September 24th at 5PM
 - All are welcome!



Public Comment



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