



Health and Human Services
Division of Behavioral Health

LICENSED SUBSTANCE USE DISORDER/PROBLEM GAMBLING PROGRAMS

2026

A New Leaf Mental Health and Wellness

Jennine Seede, Director
5925 Council St. NE Suite 117
Cedar Rapids, IA 52402

✉ jennine.seede@newleafiowa.com

☎ 319-423-0919

*** Abbe Center for Community Mental Health**

Megan Vranish, Director
520 11th St NW
Cedar Rapids, IA 52405

✉ megan.vranish@unitypoint.org

☎ 319-398-3562

*** Acceptance Recovery Counseling**

Dan Tallman, Director
2441 Coral Court #4
Coralville, IA 52241

✉ dan@acceptancerecoverycounseling.com

☎ 319-853-8015

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of iowa, please go to:

<https://yourlifeiowa.org/locations>

**Multiple Locations, ✓ Program Gambling, + Telehealth Only*

Adult and Adolescent Substance Abuse

Eric Schilling, Director
4717 Sullivan Slough Road
Burlington, IA 52601

✉ eschilling@younghouse.org

☎ 319-752-4000

+ Affect Provider Group, P.S.C.

Doug Elwood & BreAnna Mullings, Director's

✉ compliance@affecttherapeutics.com

☎ 845-769-8758

Agape Addiction Services, LLC.

Jennifer Swigert, Director
208 5th Street, Suite 150
Ames, IA 50010

✉ agaperecovery26@gmail.com

☎ 515-236-0862

*** ✓ Alcohol and Drug Dependency Services of Southeast Iowa**

Dan Kenel, Director
1340 Mt. Pleasant St.
Burlington, IA 52601

✉ djkenel@addsiowa.org

☎ 319-753-6567

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of Iowa, please go to:

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*** All Care Health Center**

Amanda McCormick, Director

902 S 6th Street

Council Bluffs, IA 51501

✉ amccormick@allcarehealthcenter.org

☎ 712-325-1990

*** Allen Recovery Center**

Amanda Schara, Director

1825 Logan Avenue

Waterloo, IA 50703

✉ amanda.schara@unitypoint.org

☎ 319-235-3550

Alternative Interventions, LLC.

Carla Olson, Director

3116 Ingersoll #4

Des Moines, IA 50312

✉ altint3116@gmail.com

☎ 515-778-7989

+ Aprox Wellness

Nichole Davis, Director

3315 Williams Blvd SW #2-163

Cedar Rapids, IA 52404

✉ admin@aproxwellness.com

☎ 319-693-5014

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*** ✓ Area Substance Abuse Council, Inc.**

Stephanie Bosenenberg, Director

3601 16th Ave SW.

Cedar Rapids, IA 52404

✉ sboesenberg@asac.us

☎ 319-247-4873

Assessment Services, Inc.

Krista Lindholm, Director

440 Fairway Drive Ste. 200

West Des Moines, IA 50266

✉ klindholm@assessmentiowa.com

☎ 515-327-7036

Avery Comprehensive Services, Inc.

Michael Avery, Director

309 Court Ave., Ste. 218

Des Moines, IA 50309

✉ averycomprehensiveservices@courtavenuesuites.com

☎ 515-875-4860

Axial Clinic IA, P.C. dba Wayspring Clinic

Nikki Sellner, Director

507 SW 7th Street, Suite A

Des Moines, IA 50309

✉ nsellner@wayspring.com

☎ 515-304-5505

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Black Hawk Grundy Mental Health Center, Inc.

Thomas Eachus, Director
3252 West 9th Street
Waterloo, IA 50702

✉ thomas.eachus@unitypoint.org

☎ 319-234-2893

*** Bridges of Iowa, Inc.**

Pat Coughlin, Director
1985 NE 51st Place
Des Moines, IA 50313

✉ pcoughlin@bridgesofia.org

☎ 515-287-8255

Brightside Health Inc.

Julia Bernstein, Director
5550 Wild Rose, Suite 400
West Des Moines, IA 50266

✉ facilitylicensing@brightside.com

☎ 415-360-3348

Burgess Mental Health

Kelsey Sigler, Director
1600 Diamond Street, Dept 037
Onawa, IA 51040

✉ Ksigler@brightside.com

☎ 712-423-9160

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of Iowa, please go to:

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**Multiple Locations, ✓ Program Gambling, + Telehealth Only*

*** Capstone Behavioral Healthcare, Inc.**

Julie Smith, Director
11231 1st Ave. E. Suite 200
Newton, IA 50208

✉ julies@capstonebh.com

☎ 614-792-4012

*** Catholic Charities of the Diocese of Sioux City**

Amy Bloch, Director
1601 Military Road
Sioux City, IA 51103

✉ Abloch@cathchar.com

☎ 712-252-4547

*** Cedar Rapids Treatment Center CRC Health Group**

Camilla Wisbauer, Director
5005 Bowling Street SW. Ste. C
Cedar Rapids, IA 52404

✉ camilla.wisebauer@ctcprograms.com

☎ 855-922-2582

*** Centers for Alcohol & Drug Services, Inc. (CADS)**

Mary Peterson, Director
1523 South Fairmount Street
Davenport, IA 52802

✉ Mary.Peterson@unitypoint.org

☎ 563-322-2667

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*** Center for Behavioral Health Iowa, LLC.**

Damian Walker, Director
95 University Avenue, Ste. 8
Des Moines, IA 50314

✉ damian.walker@bhgrecovery.com

☎ 563-388-8000

*** Center for Interpersonal Effectiveness, P.C.**

James Thorpe, Director
2525 N. Ankeny Blvd. Ste. 113
Ankeny, IA 50023

✉ jimthorpe@cie-ankeny.com

☎ 515-289-9136

Central Iowa Detention Evaluation Program

Tony Reed, Director
2317 Rick Collins Way
Eldora, IA 50627

✉ tony@cijdc.com

☎ 641-858-3852

CHI Health Mercy Psychiatric Associates

Kenneth McCartney, Director
801 Harmony Street, Suite 302
Council Bluffs, IA 51503

✉ kenneth.mccartney@commonspirit.org

☎ 712-328-2609

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of Iowa, please go to:

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*** Children & Families of Iowa**

Janice Lane, Director
1111 University Ave
Des Moines, IA 50314

✉ janiceL@cfiowa.org

☎ 515-288-1981

*** Choices Therapy Services, LLC.**

Brenda Wood-Clark, Director
1011 N. Jefferson Way, Ste. 800
Indianola, IA 50125

✉ brenda@choicestherapyservices.org

☎ 515-279-0111

*** Clearview Recovery Inc.**

Scott Pritchard, Director
501 North Sherman
Prairie City, IA 50228

✉ scott.pritchard@clearviewrecoveryinc.org

☎ 515-994-3562

Clive Behavioral Health

Wesley Starlin, Director
1450 NW 114th Street
Clive, IA 50325

✉ wesley.starling@uhsinc.com

☎ 844-680-0504

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**Multiple Locations, ✓ Program Gambling, + Telehealth Only*

*** Community and Family Resources, Inc.**

Michelle De La Riva, Director
211 Avenue M West
Fort Dodge, IA 50501

✉ MichelleD@cfrhelps.org

☎ 515-576-7261

*** Community Health Centers of Southeastern Iowa**

William Grimm, Director
400 N. 17th Street
Keokuk, IA 52632

✉ williamgrimm@chseia.com

☎ 319-768-5858

Covert Action, LLC.

Christopher Covert, Director
1223 Center St. Suite 22
Des Moines, IA 50309

✉ cmcovert0@gmail.com

☎ 515-218-6125

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Des Moines Wellness Center, LLC

Kristoffer Brace, Director

5820 Winwood Drive

Johnston, IA 50131

✉ kris@quadranthealthgroup.com

☎ 888-970-6234

Eagle View Behavioral Health

Jenn Mariman, Director

770 Tanglefoot Lane

Bettendorf, IA 52722

✉ jenn.Mariman@eagleviewbh

☎ 563-396-2100

Eastern Iowa Counseling

Lisa Smith, Director

132 6th Ave. S., Suite 1

Clinton, IA 52732

✉ lisas@eicounseling.org

☎ 563-271-6835

Elevate CCBHC

Jennifer Stevenson, Director

405 E. 5th Street

Waterloo, IA 50703

✉ jstevenson@elevateccbhc.org

☎ 833-370-0719

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*** Employee and Family Resources, Inc.**

Tammy Hayman, Director
505 5th Avenue Suite 600
Des Moines, IA 50309

✉ thoyman@efr.org

☎ 800-327-4692

*** Eyerly Ball Community Mental Health Services**

Cynthia Steidl Bishop, Director
945 19th Street
Des Moines, IA 50314

✉ Cynthia.steidl-bishop@unitypoint.org

☎ 515-241-0982

*** Family Access Center**

Janelle Tomoson, Director
1221 Pierce St.
Sioux City, IA 51105

✉ janelle.tomoson@familyaccesscenter.org

☎ 712-255-0204

*** Family Counseling & Psychology Center, PC**

Collin A. Lodico, Director
605 N. Main Street
Davenport, IA 52803

✉ clodico@qcfamilycounseling.com

☎ 563-355-1611

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Family Wellness Associates

Robin Capers, Director

1115 5th Street

Sioux City, IA 51101

✉ Robin.capers@familywellnessassoc.com

☎ 712-255-0890

***First Resources Corporation**

Susan Woodford, Director

927 E Pennsylvania Ave.

Ottumwa, IA 52501

✉ swoodford@firstresources.us

☎ 641-682-8082

First Step Mobile Evaluations, LLC

Angie Johns, Director

1300 Locust Street

Burlington, IA 52601

✉ angie@firststepmobile.com

☎ 319-759-2334

+ Flowstate Health

Steven Slye, Director

✉ stevenslye@flowstate.health

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Grinnell Recovery, LLC. Db a Hickory Treatment Center at Grinnell

Liz Murphy, Director
415 6th. Ave. W.
Grinnell, IA 50112

✉ referrals@hickoryrecovery.com
✉ l.murphy@hickoryrecovery.com
☎ 317-947-0233

Groups Recover Together

Kristopher Dodd, Director
3070 104th Street, Unit 100
Urbandale, IA 50322

✉ kristopher.dodd@joingroups.com
888-858-1723

✓ Heartland Counseling Services, Inc.

Jennifer Jackson, Director
801 5th Street
Sioux City, IA 51101

✉ jennifer@hearlandcounselingservices.co
☎ 402-494-3337

*** Heartland Family Service Chemical Dependency Program**

Tori Cassidy, Director
515 E Broadway
Council Bluffs, IA 51503

✉ tcassidy@heartlandfamilyservice.org
☎ 402-552-7400
☎ 402-494-3337

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*** Hillcrest Community Mental Health**

Mike Fidgeo, Director

2005 Ashbury Road

Dubuque, IA 52001

✉ Mike.Fidgeo@hillcrest-fs.org

☎ 563-583-7359

*** ✓ House of Mercy, MercyOne**

Rebecca Peterson, Director

1409 Clark St.

Des Moines, IA 50314

✉ rpeterson@mercydesmoines.org

☎ 515-643-6500

*** Infinity Health**

Danielle O'Brien-Day, Director

219 W. Washington Ste. 100

Osceola, IA 50213

✉ danielle.obrien@weareinfinityhealth.org

☎ 641-895-9409

*** Inside Out Wellness and Advocacy**

Melinda Dennis, Director

410 12th Street

Perry, IA 50220

✉ mdennis@insideoutiowa.org

☎ 515-642-7070

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Integrated Treatment Services, LLC.

Terry Sallis, Director

303 S. 2nd Ave. W.

Newton, IA 50208

✉ terris@itsnewton.com

☎ 641-792-0045

*** Iowa Speciality Hospital & Clinic**

Amy McDaniel, Director

1061 Quincy Avenue

Belmond, IA 50421

✉ amy.mcdaniel@iaspecialty.com

☎ 641-444-3223

+ ITP Evizzit of Iowa, P.C. dba Integrated Telehealth Partners

Doug Wilson, Director

✉ dwilson@integratedtelehealth.com

☎ 855-270-3625

Keys to Success

Deborah Kay-Ostrander, Director

729 Main Street

Pella, IA 50219

✉ debko@keystosuccesspella.com

☎ 641-780-1087

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Lloyd's Counseling, Inc.

Gary Lloyd, Director
3832 1/2 Douglas Avenue
Des Moines, IA 50310

✉ lloydscounseling73@yahoo.com

☎ 515-277-2205

✓ Manning Regional Healthcare Center/Recovery Center

Taya Vonnahme, Director
1550 6th St
Manning, IA 51455

✉ taya.vonnahme@mrhcia.com

☎ 712-655-2300

MercyOne Horizons Family Centered Treatment Program

Christopher Latta, Director
3421 W. 9th St.
Waterloo, IA 50702

✉ christopher.latta@mercyhealth.com

☎ 319-272-8560

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MercyOne North Iowa Medical Center, Inpatient Behavioral Health Units

Rose Brantner, Director

1000 4th Street SW

Mason City, IA 50401

✉ brantnrm@mercyhealth.com

☎ 641-428-7797

*** Midwest Wellness and Recovery Inc.**

Megan Waters, Director

102 N. Wilson Street

Jefferson, IA 50129

✉ megan@midwestrecovery.net

☎ 888-200-9897

*** Mobile Evaluations Services**

Jyll Newell, Director

610 Park Street

Tama, IA 52339

✉ jyllnewell9872@gmail.com

Mosaic Family Counseling Center, Inc.

Kenya Rocha, Director

6200 Aurora Ave. Ste 305E

Urbandale, IA 50322

✉ krocha@mosaicfamilyinc.com

☎ 515-724-8920

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Myrtue Medical Center Behavioral Health

Lindsey Kinney, Director

1220 Chatburn Avenue

Harlan, IA 51537

✉ kinney@myrtuemedical.org

☎ 712-755-5056

*** ✓ NE Iowa Mental Health Center, dba Northeast Iowa Behavioral Health Inc.**

Charlie Woodcock, Director

905 Montgomery Street

Decorah, IA 52101

✉ cwoodcock@neimhc.org

☎ 563-382-3649

New Connections, Broadlawns Medical Center

Kindra Perry, Director

1761 Hickman Rd.

Des Moines, IA 50314

✉ kperry@broadlawns.org

☎ 515-232-1977

New Journey Addiction Counseling, LLC

Cheri DeGroot, Director

208 5th Street, Suite 150

Ames, IA 50010

✉ newjourneyac@gmail.com

☎ 515-232-1977

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*** ✓ New Opportunities, Inc.**

Chad Jensen, Director

23751 Hwy 30 E.

Carroll, IA 51401

✉ cjensen@newopp.org

☎ 712-792-9266

*** North Central Iowa Mental Health Center, dba UnityPoint-Berryhill Center**

Jennifer Pullen, Director

720 Kenyon Road

Fort Dodge, IA 50501

✉ jennifer.pullen@unitypoint.org

☎ 515-955-7171

*** Orchard Place - Pace**

Katie Miller, Director

620 8th Street

Des Moines, IA 50309

✉ KMiller@orchardplace.org

☎ 515-697-5705

*** ✓ Pathways Behavioral Services, Inc.**

Vicky Mueller, Director

3362 University Ave.

Waterloo, IA 50701

✉ vicky_mueller@pathwyasb.org

☎ 319-352-2064

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*** Peoples Community Health Clinic, Inc.**

Christine Kemp, Director

905 Franklin St.

Waterloo, IA 50703

✉ ckemp@peoples-clinic.com

☎ 319-874-3000

*** Plains Area Mental Health Center, Inc.**

Kim Keheler, Director

180 10th St. SE., Suite 201

LeMars, IA 51031

✉ kkeleher@pamhc.org

☎ 712-546-4624

Ponca Health Services - Behavioral Health

LuAnne Even, Director

125 6th Street

Sioux City, IA 51103

✉ leven@poncatribene.gov

☎ 402-738-3167

*** Powell Chemical Dependency Program**

Eric Weinkoez, Megan Simpson, Director's

1200 Pleasant Street

Des Moines, IA 50309

✉ eric.weinkoetz@unitypoint.org

✉ Megan.Simpson@unitypoint.org

☎ 515-263-2434

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*** ✓ Prairie Ridge Integrated Behavioral Healthcare**

Kelly Grunhovd, Director

320 N. Eisenhower Ave.

Mason City, IA 50401

✉ kgrunhovd@prairieridge.net

☎ 866-429-2391

Radix Recovery, Higley Partners LLC.

Jacob Christenson, Director

860 17th St. SE

Cedar Rapids, IA 52403

✉ jacob@radixrecovery.com

☎ 319-270-2890

*** River Hills Community Health Center Substance Use Disorder Program**

Joy Alexander, Director

201 South Market

Ottumwa, IA 52501

✉ jalexander@riverhillshealth.org

☎ 641-954-9971

*** ✓ Rosecrance Jackson Centers**

Julie Enockson, Director

800 5th Street. Ste. 200

Sioux City, IA 51101

✉ jenockson@rosecrance.org

☎ 800-472-9018

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Roots to Recovery Collective, LLC.

Michael Gayman Jr., Director
1411 Brady St.
Davenport, IA 52804

✉ michael.gaymancadc@gmail.com

☎ 319-481-3931

*** ✓ Seasons Center for Behavioral Health, Northwest Iowa Mental Health Center**

Dan Ries, Director
201 E 11th Street
Spencer, IA 51301

✉ dries@seasonscenter.org

☎ 800-242-5101

Sedlack Treatment Center

Annie Emerson-Battien, Director
5975 Rockwell Drive NE
Cedar Rapids, IA 52402

✉ abattien@mercyCare.org

☎ 319-398-6226

*** Shade of the Tree**

Daniel Gigstad, Director
1601 Keokuk Ave
Spirit Lake, IA 51360

✉ 54gigstad@cua.edu

☎ 712-330-9140

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of Iowa, please go to:

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*** ✓ SIEDA, Southern Iowa Economic Development Association Behavioral Health and Treatment Services**

Brian Dunn, Director
310 W. Main
Ottumwa, IA 52501

✉ bdunn@sieda.org

☎ 641-683-6747

Siouxland Counseling Group, PLLC.

Alma Gonzalez, Director
700 Pierce Street
Sioux City, IA 51101

✉ almagonzalez.pllc@gmail.com

☎ 712-226-4076

*** Siouxland Mental Health Center**

Sheila Martin, Director
625 Court Street
Sioux City, IA 51102

✉ martins@siouxlandmentalhealth.com

☎ 712-252-3871

*** ✓ Sky Ranch Behavioral Services**

Anna Bertrand, Director
505 5th St. Ste. 100
Sioux City, IA 51101

✉ abertrand@sky-ranch.org

☎ 712-277-2007

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*** Sober Strategies Inc.**

Stephen Picken, Director

2659 100th St.

Urbandale, IA 50322

✉ stephenpicken3@gmail.com

☎ 515-508-0961

Southern Iowa Mental Health Center

Christina Scharck, Director

1527 Albia Road

Ottumwa, IA 52501

✉ Cschark@SimhcOttumwa.org

☎ 641-682-8772

Spencer Addiction Services - A Department of Spencer Hospital

Kerri Dandy, Director

1200 1st Ave. East

Spencer, IA 51301

✉ Amy.Everett@summitbhc.com

☎ 712-264-3515

St. Luke's Chemical Dependency Services - Unity Point Hospital

Carol Meade, Director

810 1st Ave NE

Cedar Rapids, IA 52402

✉ Carol.Meade@unitypoint.org

☎ 319-363-4429

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Still Waters Recovery Counseling and Wellness Services

Kelly Marsengill, Director
1120 Depot Lane SE., Suite 100
Cedar Rapids, IA 52401

✉ Kmarsengill@StillWatersPsalm23.Org

☎ 319-350-9444

*** Summit BHC Iowa, LLC.**

Amy Everett, Director
601 2nd Street
Bayard, IA 50029

✉ Amy.Everett@summitbhc.com

☎ 888-202-0387

The Abbey, LLC.

Joseph Lemon, Director
1401 Central Avenue
Bettendorf, IA 52722

✉ joseph.Lemon@TheAbbeyCenter.com

☎ 800-438-7535

The Robert Young Center for Community Mental Health

Mary Peterson, Director
1605 Cedar Street
Muscatine, IA 52761

✉ Mary.Peterson@unitypoint.org

☎ 309-779-3000

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*** ThriveNow Recovery Centers**

Morgan Henson, Director

6132 NE 13th Ave

Pleasant Hill, IA 50327

✉ morgan@Ascensionrs.com



515-824-5154

Turning Point Evaluation, INC

Jennifer Livingston, Director

113 N John Wayne Dr.

Winterset, IA 50273

✉ jlivingston@turningpointevals.com



515-462-5967

Turning Point Treatment Center

Malissa Sprenger, Director

250 Mercy Drive

Dubuque, IA 52001

✉ sprengem@mercyhealth.com



563-589-8000

*** ✓ United Community Services, Inc.**

Jennifer Pearson, Director

1300 Woodland Ave.

West Des Moines, IA 50265

✉ JenniferPearson@ucsdsm.org



515-280-3860

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University of Iowa Addiction and Recovery Collaborative

Lowell Yoder, Director

200 Hawkins Drive

Iowa City, IA 52242

✉ d-lowell-yoder@uiowa.edu

☎ 319-384-8765

*** Urban Dreams, S.A.F.E**

Izaah Knox, Director

1615 2nd Ave.

Des Moines, IA 50314

✉ izaah.knox@urbandreams.org

☎ 515-205-8596

*** Vera French Community Mental Health Center**

Richard Whitaker, Director

1441 W. Central Park Ave.

Davenport, IA 52804

✉ whitakerr@verafrenchmbc.org

☎ 563-383-1900

Waubonsie Mental Health Center

Koreen Dow, Andrea Gomez, Director's

216 W. Division Street

Clarinda, IA 51632

✉ koreen@waubonsiemhc.com

✉ andreag@waubonsiemhc.com

☎ 712-542-2388

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<https://yourlifeiowa.org/locations>

**Multiple Locations, ✓ Program Gambling, + Telehealth Only*

*** Woodward Youth Corporation, dba Woodward Academy**

Shawn Hollenkamp, Director

1251 334th St.

Woodward, IA 50276

✉ Shawn.hollenkamp@wwacademy.com

☎ 515-274-9607

*** YSS**

Andrew Allen, Director

420 Kellogg Ave.

Ames, IA 50010

✉ aallen@yss.org

☎ 515-233-3141

YWCA of Fort Dodge

Nici George, Director

826 1st Ave. N.

Fort Dodge, IA 50501

✉ nicig@ywcafd.org

☎ 515-573-3931

*** ✓ Zion Integrated Behavioral Health Services**

Billie Butler, Director

2307 South Olive Street

Atlantic, IA 50022

✉ bbutler@zioniowa.org

☎ 712-243-5091

For additional locations and an up-to-date list of licensed substance use disorder and problem gambling programs in the state of iowa, please go to:

<https://yourlifeiowa.org/locations>

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END