Services and Providers Subcommittee Meeting

October 14th, 2025





Agenda

- ► Care Pathways
- ► Provider Training and Supports
 - Provider training on assessment
 - Provider training and supports for included services
- **▶** Public Comment



Care Pathways





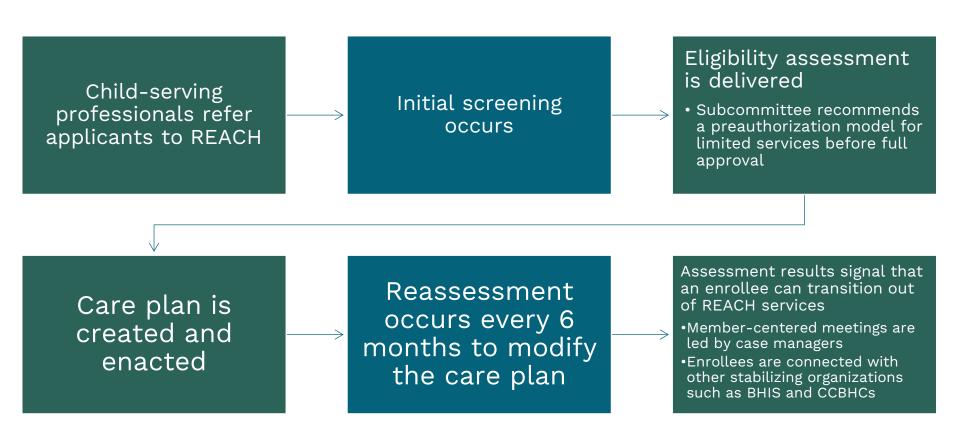
Uniform Assessment Tool

- ► The Assessment Tool Subcommittee has recommended the Child and Adolescent Needs and Strengths (CANS)
 - Uses input from child/youth, family, and other people involved in the person's life.
 - Strength-based assessment tool that considers both a person's strengths and needs by rating items on a scale from 0 – 3.





Assessment and Care Delivery Processes





Discussion

- ► Do you have any concerns about this pathway for accessing services?
- ► What would you look for in assessment to assign a child to the highest tier of care delivery?
- ► What would you look for in assessment to determine that a child can transition to a lower tier of services, or out of REACH services?



Provider Training and Support- Assessment





Providers Delivering Assessment

- ►In June, subcommittee members noted that requiring a licensed practitioner to determine REACH eligibility from assessment could be a barrier due to workforce shortages
- ► Idaho requires CANS providers to be a CANS-certified
 - Licensed clinician
 - Masters-level clinicians working under approved supervision
 - Paraprofessional with a bachelor's degree in human services who is involved in the youth's care



Provider Training on Assessment

- ►In June, subcommittee members noted that BHIS screening and assessment varies by agency and provider
- ► Members identified an opportunity to standardize training and language for writing assessment results



Provider Training on Assessment

► Consumer Subcommittee recommends that providers are trained on how to deliver assessments in a way that centers the family's perspective and goals

- ► Idaho's trainings and supports include:
 - CANS general certification training
 - Collaboratives to promote interaction among community partners
 - Coaching, mentorship, and technical assistance to support administration and data analysis from assessment

Provider Training and Support-Included Services





Idaho Provider Requirements

| Services Included in REACH | Idaho Requirements |
|-------------------------------|---|
| Family and individual therapy | Providers must have relevant certifications for therapies offered |
| Functional Family Therapy | Provider agencies required to have a certification |
| Multisystemic Therapy | Provider agencies are required to have MST certification |
| Peer Supports | High school diploma and personal experience, certification |
| Trauma Focused CBT | Not specifically noted |
| Family Education | Not specifically noted |
| Behavior Management | Not specifically noted |
| Motivational Interviewing | Not specifically noted |



Discussion

- ► We acknowledge that the Subcommittee has shared concerns about implementing too many training and education requirements.
- ► Are there any general requirements we should have for service providers?
- ► Are there additional requirements that should be implemented for specific services, or for providers caring for youth with the most intense level of need?





Provider Supports

- ► Washington WISe offers online and in-person training and learning content on topics such as:
 - Bridging The Gap To Culturally Specific Practices
 - Meeting the mental health needs of people with intellectual disabilities
- ► Subcommittee members have also described system supports which may help providers, including:
 - The ability to bill for care coordination
 - A centralized place to see assessment results
 - Coaching and support networks



Discussion

► What are some of the primary challenges youth behavioral health providers face?

► Are there any support systems that could address these challenges?

► Would providers find value in optional online trainings? If these were produced, how could we encourage engagement?

