

# Iowa REACH Implementation Team Meeting

**Jenny Erdman**, Bureau Chief,  
Health and Human Services  
Quality, Innovation, and Medical  
Policy

November 12th, 2025



Health and  
Human Services



# Agenda

- ▶ Subcommittee Updates
- ▶ Care Pathways
- ▶ Intensive Home and Community-Based Services
- ▶ Public Comment

# Subcommittee Updates

# Services and Providers Subcommittee

## October 14 Meeting

- Care pathways to services

## November 4 Meeting

- Provider training and supports
- Crisis services

# Consumer Steering Committee

October 9 Meeting	November 13 Meeting
<ul style="list-style-type: none"><li>• Reporting on care quality from assessment</li><li>• REACH Timelines</li></ul>	<ul style="list-style-type: none"><li>• Included services</li><li>• Crisis services</li><li>• Provider training and supports</li></ul>

# Communications Subcommittee

October 21 Meeting	November 18 Meeting
<ul style="list-style-type: none"><li>• Communication updates</li><li>• Role of communications in 2026</li></ul>	<ul style="list-style-type: none"><li>• Communication updates</li></ul>

# Intensive Care Coordination Subcommittee

## September 17 Meeting

- Care pathways for services

## October 15 Meeting

- Provider training and supports
- Crisis services

# Quality Improvement & Assurance Subcommittee

## October 29 Meeting

- Quality in services
- Ensuring continuous improvement and accountability

## December 3 Meeting

- Review draft QIA Plan Memo





# Care Pathways

---



Health and  
Human Services



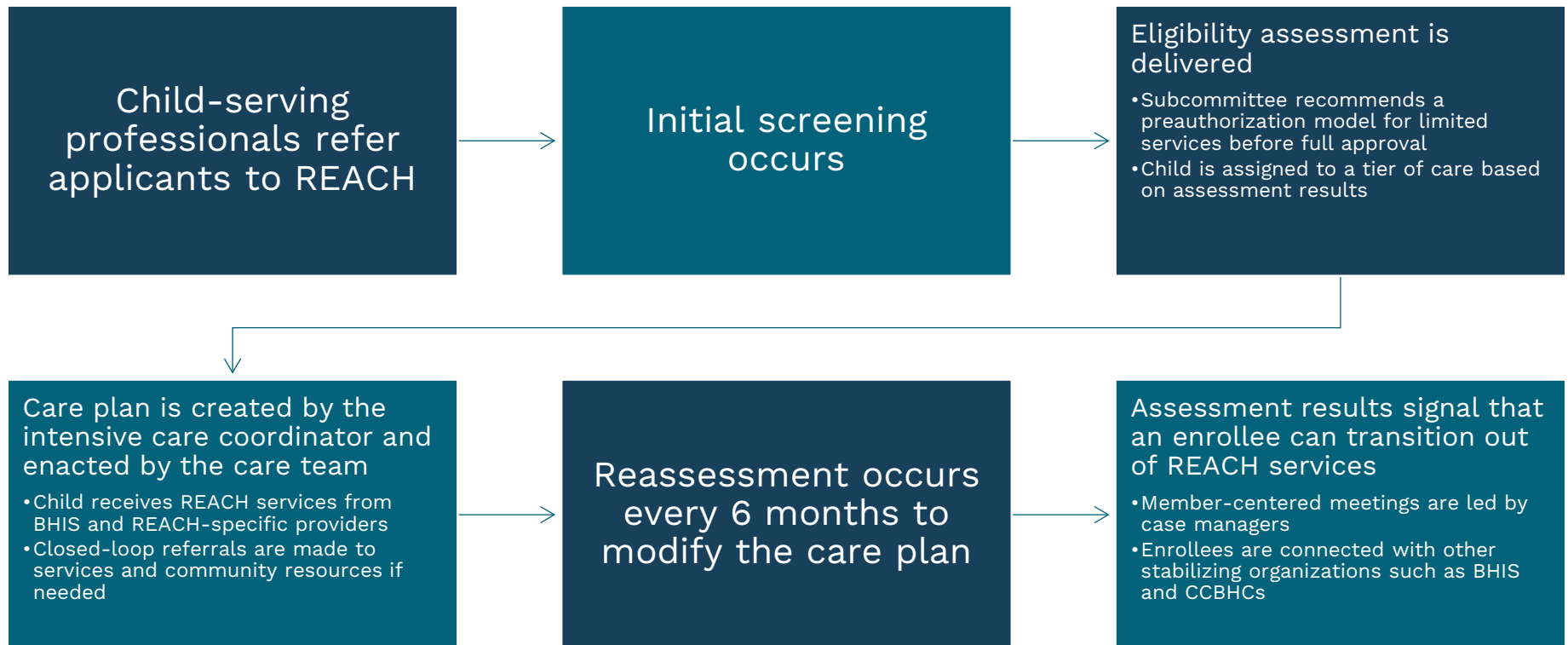
# Uniform Assessment Tool

- ▶ The Assessment Tool Subcommittee has recommended the Child and Adolescent Needs and Strengths (CANS)
  - Uses input from child/youth, family, and other people involved in the person's life.
  - Strength-based assessment tool that considers both a person's strengths and needs by rating items on a scale from 0 – 3.

# Pathway to Care

Should there be an additional screening separate from the CANS eligibility assessment?

Note: Idaho allows potential members to self-screen



# Discussion on Care Pathways

- ▶ Do you have any concerns about this pathway for accessing services?
- ▶ What would you look for in assessment to assign a child to the highest tier of care delivery?
- ▶ What would you look for in assessment to determine that a child can transition to a lower tier of services, or out of REACH services?





# Included Services

---



Health and  
Human Services



# Services Definition from Settlement Agreement

- ▶ Intensive In-Home and Community **Supportive and Therapeutic Services (IHCSTS)** are **individualized, strength-based interventions** to correct or ameliorate behavioral health conditions that interfere with a child's functioning.
- ▶ Interventions **help the child to build skills** necessary for successful functioning in the home and community **and improve the family's or caregiver's ability to help the child successfully function** in the home and community.

# Subcommittee Feedback on Services

- ▶ Services should be varied enough to engage a variety of enrollees
- ▶ Ensuring availability of services for low, medium, and high intensity needs is essential for ensuring an effective service array
- ▶ Service delivery should be tiered according to intensity of need to improve availability
- ▶ Services should be tailored to the child and family's wants and needs
- ▶ BHIS and REACH services should be integrated to ensure easier care transitions



# Services Required in Settlement Agreement

- ▶ Family education
- ▶ Behavior management
- ▶ Individual and family therapy
- ▶ Evidence-based services such as:
  - Family Functional Therapy (FFT)
  - Multisystemic Therapy
  - Trauma Focused Cognitive Behavioral Therapy
- ▶ Subcommittee has also suggested
  - Youth and peer supports
  - Motivational interviewing





# Discussion on Services

- ▶ Are there any considerations about including these services that the state should be aware of?
  - Family education
  - Behavior management
  - Individual and family therapy
  - Evidence-based services such as FFT and MST
  - Trauma Focused Cognitive Behavioral Therapy
  - Peer supports
  - Motivational interviewing
  
- ▶ Will these services look the same for members at different tiers of care?



# Public Comment

---



Health and  
Human Services