

Iowa REACH Implementation Team Meeting

Jenny Erdman, Bureau Chief,
Health and Human Services
Quality, Innovation, and Medical
Policy

November 12th, 2025



Agenda

- Subcommittee Updates
- Care Pathways
- Intensive Home and Community-Based Services
- Public Comment

Subcommittee Updates

Services and Providers Subcommittee

October 14 Meeting	November 4 Meeting
<ul style="list-style-type: none">• Care pathways to services	<ul style="list-style-type: none">• Provider training and supports• Crisis services

Consumer Steering Committee

October 9 Meeting	November 13 Meeting
<ul style="list-style-type: none">• Reporting on care quality from assessment• REACH Timelines	<ul style="list-style-type: none">• Included services• Crisis services• Provider training and supports

Communications Subcommittee

October 21 Meeting

- Communication updates
- Role of communications in 2026

November 18 Meeting

- Communication updates

Intensive Care Coordination Subcommittee

September 17 Meeting	October 15 Meeting
<ul style="list-style-type: none">• Care pathways for services	<ul style="list-style-type: none">• Provider training and supports• Crisis services

Quality Improvement & Assurance Subcommittee

October 29 Meeting

- Quality in services
- Ensuring continuous improvement and accountability

December 3 Meeting

- Review draft QIA Plan Memo



Health and
Human Services

Care Pathways

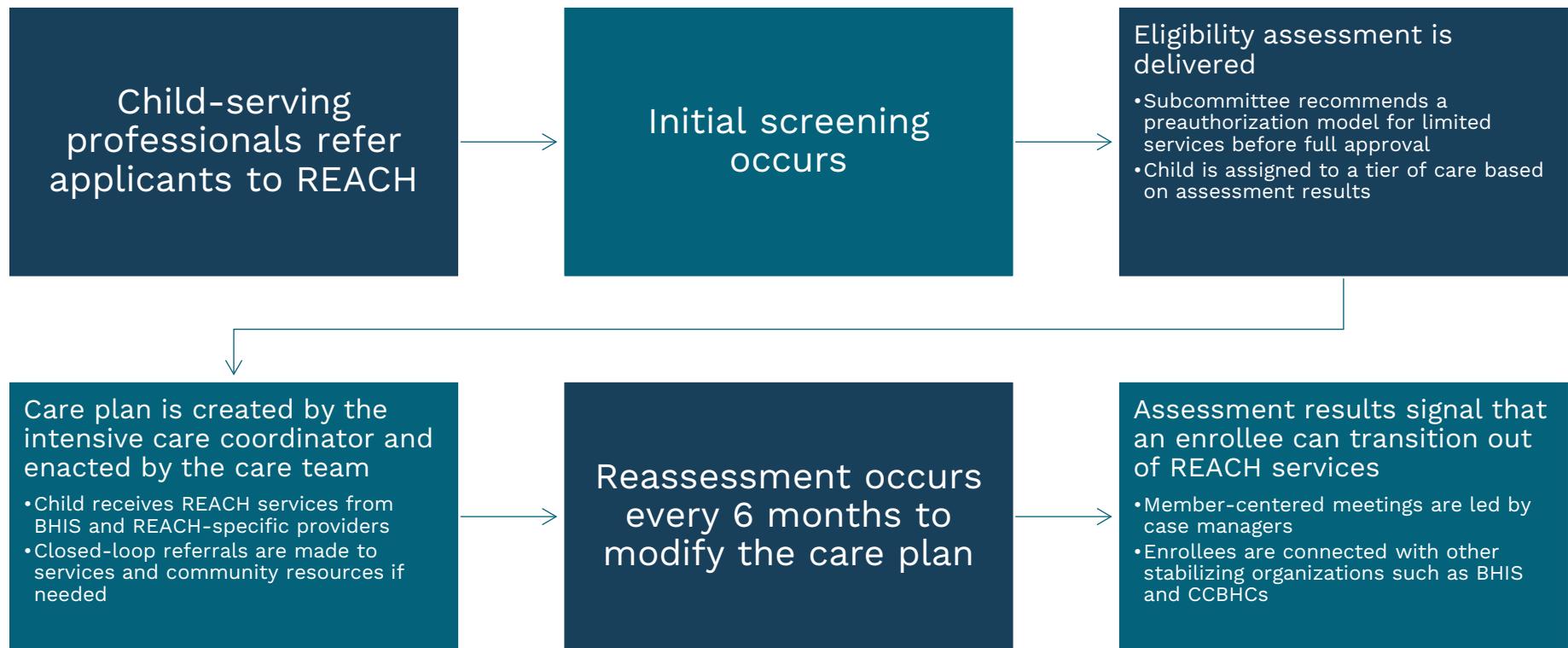
Uniform Assessment Tool

- The Assessment Tool Subcommittee has recommended the Child and Adolescent Needs and Strengths (CANS)
 - Uses input from child/youth, family, and other people involved in the person's life.
 - Strength-based assessment tool that considers both a person's strengths and needs by rating items on a scale from 0 – 3.

Pathway to Care

Should there be an additional screening separate from the CANS eligibility assessment?

Note: Idaho allows potential members to self-screen



Discussion on Care Pathways

- ▶ Do you have any concerns about this pathway for accessing services?
- ▶ What would you look for in assessment to assign a child to the highest tier of care delivery?
- ▶ What would you look for in assessment to determine that a child can transition to a lower tier of services, or out of REACH services?



Health and
Human Services

Included Services

Services Definition from Settlement Agreement

- Intensive In-Home and Community **Supportive and Therapeutic Services (IHCSTS)** are **individualized, strength-based interventions** to correct or ameliorate behavioral health conditions that interfere with a child's functioning.
- Interventions **help the child to build skills** necessary for successful functioning in the home and community **and improve the family's or caregiver's ability to help the child successfully function** in the home and community.

Subcommittee Feedback on Services

- ▶ Services should be varied enough to engage a variety of enrollees
- ▶ Ensuring availability of services for low, medium, and high intensity needs is essential for ensuring an effective service array
- ▶ Service delivery should be tiered according to intensity of need to improve availability
- ▶ Services should be tailored to the child and family's wants and needs
- ▶ BHIS and REACH services should be integrated to ensure easier care transitions

Services Required in Settlement Agreement

- ▶ Family education
- ▶ Behavior management
- ▶ Individual and family therapy
- ▶ Evidence-based services such as:
 - Family Functional Therapy (FFT)
 - Multisystemic Therapy
 - Trauma Focused Cognitive Behavioral Therapy
- ▶ Subcommittee has also suggested
 - Youth and peer supports
 - Motivational interviewing

Discussion on Services

- Are there any considerations about including these services that the state should be aware of?
 - Family education
 - Behavior management
 - Individual and family therapy
 - Evidence-based services such as FFT and MST
 - Trauma Focused Cognitive Behavioral Therapy
 - Peer supports
 - Motivational interviewing
- Will these services look the same for members at different tiers of care?



Health and
Human Services

Public Comment
