lowa Integrated Health Planning and Advisory Council (I-PAC) September 17, 2025, 9:00 am to 3:00 pm via Zoom Meeting Minutes

IOWA INTEGRATED HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff Todd Noack Jennifer Day Hannah Olson **Brad Richardson** Linda Dettman Kristin Rooff Amy DeVault Lori Hancock-Muck Ellen Schardt Lorien Harker Dr. Shaad Swim Theresa Henderson Brianna Steffe Vienna Hoang Monica Van Horn Alicia Karwal **Edward Wollner**

Michael Kaufman Joel Wulf Todd Lange Kelly Yeggy

Megan Marsh Representative Ann Meyer

Cayleen Mesecher

IOWA INTEGRATED HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Rod Courtney Jenny Erdman
LaShawna Dean Jennifer Riley
Jenny Erdman William Veltri

Jessica Goltz Senator Janice Weiner

Kyra Hawley-Preston

OTHER ATTENDEES:

Theresa Armstrong Patti Manna
Abbey Ferenzi Aubrie O'Haver
Maggie Ferguson Jim Pender
Meghan Freie Libby Reekers
Laura Gibson Stephanie Schmidt

Witt Harberts
Louie Hoehle
Dawn Kekstadt
Dune Klein-Bacon
Dree LaToure

Beth Stoffers
Annie Uetz
Deb Williams
Russell Wood
Maggie Woznicki

Brooke Lovelace

Materials Referenced:

I-PAC July 16, 2025 Meeting Minutes DRAFT I-PAC Workgroup Reports Summary 202509

Behavioral Health System Navigation 101_Updates

DAP Presentation 9.2025

What Makes Brain Injury a Big Deal Anyway Short Version

Welcome

Teresa Bomhoff called the meeting to order 9:03 am. Quorum was established with 21 members at 9:15 am.

Review and Approval of Meeting Minutes

Teresa Bomhoff entertained a motion to approve the I-PAC July 16, 2025, Meeting Minutes. Brad Richardson motioned to approve the minutes; Joel Wulf seconded the motion. There was no further discussion, the motion passed, and the minutes were approved.

Nominations Committee Report

Brad Richardson shared the status of applications. Brad Richardson welcomed Amy DeVault, who is replacing Nancy Hunt as the Department of Education representative. Amy was present and introduced herself.

Brad Richardson shared that the nominations committee has agreed to nominate Roxanne Petersen to the Council to fulfill the role of a parent, guardian, or primary caretaker of a child/adolescent with serious emotional disturbance. Brad Richardson noted that the nominations committee had discussed the application and decided Roxanne was eligible for this position. Roxanne's youngest child is 21 years of age and the by-laws allow for a member to serve in this role until their child is 25 years of age. This will be noted in Roxanne's application. Todd Noack motioned to approve the nomination; Todd Lange seconded the motion. The motion carried and Roxanne Petersen was approved as a member of the Council.

The Council now has one vacancy for a parent, guardian, or primary caretaker of a child/adolescent with serious emotional disturbance.

Brad Richardson reviewed the member term renewal process and listed the members whose terms are expiring. Members wishing to renew their terms need to notify the Chair of the Nominating Committee in writing of their desire to be re-appointed by October 24, 2025.

Brad Richardson noted that the Council will hold elections for Council Officers for the year 2026 in November. Officer positions up for election will be Chair, Vice Chair, and Secretary. Council members interested in becoming officers need to notify the Chair of the Nominating Committee in writing of their intention by October 24, 2025.

Monitoring and Oversight Committee - Theresa Henderson

Jenn Day provided a report from the Monitoring and Oversight Committee on the Your Life Iowa (YLI) contract. The YLI website continued to see an expansion of the program with growth in the number of Iowans reaching out for care with 24/7/365 access to crisis and behavioral health front door services. YLI serves as information and referral source with the intent to be the brightly lit front door for Behavioral Health services. Opportunities for growth are being addressed through the Behavioral Health State plan.

Jenn Day provided a report from the Monitoring and Oversight Committee on the Iowa Peer Workforce Collaborative, which provides training for Peer Support Specialists, Family Peer Support Specialists, and Peer Recovery Coaches to grow the workforce and organizations that employ peers. Although trainings are well attended, there were not as many trainings for family

peer supports specialists this past year as in the previous year. Typically, there are 4 training sessions per year, with both in-person and virtual options. There are currently waiting lists for the trainings. Changes within the Behavioral Health system have affected workforce. Family peer support specialist positions are being eliminated due to the sunsetting of the Integrated Health Homes, family support training is under review and Certified Community Behavioral Health Clinics (CCBHC's) are required to hire recovery coaches. There are peer support opportunities through the Iowa PCA, though there have not been a lot of interest up to this point.

Challenges occur when an individual does not show for a training session. Iowa HHS has now developed a process to communicate with providers when an individual registers but does not show. HHS is working with providers to cover this cost. Updates and adjustments are made to content after feedback is received from participants.

Workgroups

Teresa Bomhoff reviewed the Council Committee and Workgroup Reports Summary. The chair, or their representative, of each workgroup gave a short verbal summary of the report.

Todd Lange reported the Certified Community Behavioral Health Clinics (CCBHC) workgroup recommends the Council add to the agenda a CCBHC presentation by Spring 2026. Suggestions for invitations would be CCHBC providers and/or HHS contacts to educate the Council on the effects of the first year of implementation of the demonstration grant.

Cayleen Mesecher reported that the Children's Issues workgroup recommends the Council request that Iowa PCA create a guide with terms and definitions of the work they are doing and that the Council learn more about the lack of resources and providers with knowledge of treating Reactive Attachment Disorder (RAD).

Joel Wulf reported that the Older Iowans workgroup recommends the Council learn more about the most recent Older Iowans Legislature (OIL) meeting, the Aging and Disability Resource Center (ADRC) training portal, and legislative bills related to nursing home oversight.

Kristin Rooff reported that the Strategic Planning workgroup would like to recommend Council members review and vote on the proposed logo. Kristin Rooff and Michael Kaufmann shared and described the logo. Brad Richardson moved to approve the logo, Todd Noack seconded the motion. The motion passed and the logo was approved.

The Strategic Planning workgroup shared information related to accessing a shared google document on the google drive repository and asked that Council members utilize and update the document.

Todd Lange reported that the Substance Use Disorder (SUD) workgroup recommends Council members review presentation materials and recordings of the District Advisory Councils regarding the Opioid Settlement information and feedback received. The Substance Use Disorder workgroup also recommends the Council members review the Opioid Settlement Fund Bill House File 1038 document.

Lori Hancock-Muck reported that the Public Safety workgroup recommends the Council members monitor and be aware of the school safety assessment teams recently signed into law, understand competency restoration, understand and support criminal diversion programs for individuals with mental health and substance use conditions, and monitor past and pending litigation related to injuries to staff and patients at the Mental Health Institutes. Lori Hancock-Muck also provided a report on the Mental Health Summit held in September 2025.

Combined Block Grant Recommendations Update/ Review of 2026/27 Block Grant application vs. 2024/25 Block Grant application – Teresa Bomhoff

Teresa Bomhoff shared a letter she had written addressed to the Iowa HHS block grant planners. Teresa Bomhoff stated that the purpose of the letter was to communicate to the block grant planners that she felt that not enough information submitted by I-PAC was included in the draft application. Teresa Bomhoff shared that she had asked the block grant planners for a summary of changes between the current and previous applications. The main differences as described by the block grant planners were the sunsetting of the mental health regions and Integrated Provider Network (IPN), and the installation of the Behavioral Health Administrative Service Organization (BH-ASO) for administering the non-treatment portions of the safety-network. Also, the behavioral health fee schedule is now open-panel enrollment as long as the provider is already credentialed with Medicaid. Legacy IPN providers, however, are the only designees allowed to bill the Substance Use Prevention, Treatment, and Recovery Services (SUPTRS) fee schedule.

There was discussion with Theresa Armstrong, who shared that changes in the application process by the Substance Abuse and Mental Health Services Administration (SAMHSA) limited the amount of information allowed in the document. HHS has also utilized the statewide plan to incorporate I-PAC recommendations.

Teresa Bomhoff asked the group if anyone would be interested in participating in the Block Grant Education Workgroup for presentations in 2026. Todd Lange will join the work group, Lori Hancock-Muck stated she could possibly assist after she learns more about the commitment.

Teresa reviewed the Task 3 document with the listings of the work groups. The purposes of each work group were reviewed. Roxanne Petersen and Amy DeVault will be added to workgroups when they decide on preference.

Iowa Health and Human Services (HHS) Updates - Theresa Armstrong, HHS

Theresa Armstrong provided an update from Iowa Health and Human Services. The Behavioral Health Service System comprehensive plan was fully implemented on July 1, 2025. The first quarter is now nearly complete with successful collaboration between HHS and the Administrative Service Organization (ASO), Iowa Primary Care Association (Iowa PCA). The District Advisory Councils have met twice, with the next meetings scheduled for December 2025. Meeting details, recordings and slides are available on the Iowa PCA webpage.

Behavioral Health System Navigation, a non-crisis, but time-sensitive behavioral health service that helps individuals, families, providers and others understand and access behavioral health services in Iowa, has also launched and nearly completed a first quarter. Iowa PCA is focused

on staffing and solidifying the system navigation process. Recruitment is ongoing for subject matter experts in prevention and other positions.

The Iowa Safety Net Management Information System (SNMIS) payment system is live for provider payments of treatment. This new system for behavioral health and disability services allows providers to bill electronically. SNMIS experienced a few technical issues which are being resolved quickly, and claims are being paid out weekly.

The next Behavioral Health Townhall will be held on Thursday September 25th, 2025, at 4pm and is posted on the Iowa Health and Human Services website.

- Questions for BH system <u>bhassistance@hhs.iowa.gov</u>
- Questions for Disability system <u>dsassistance@hhs.iowa.gov</u>

Public Comment

There was an opportunity for public comment.

Deb Williams shared that information on training is available through the Copeland Center for Wellness and Recovery.

Deb Williams also shared that there have been revisions to the Long-Term Care (LTC) Surveyor Guidance and expressed concern about the considerations specific to antipsychotics.

Break for lunch

12:05 pm to 12:45 pm.

Behavioral Health System Navigation – Abbey Ferenzi, Iowa PCA

Abbey Ferenzi, LMHC Senior Director of Behavioral Health Association, provided an update on Behavioral Health System Navigation. Under the new statewide system, the Iowa PCA serves as the central administrative and coordinating body for Iowa's 7 behavioral health districts.

A need was identified for System Navigation to create consistent pathways for accessing services, building and expanding services across the continuum, using existing funding more effectively towards outcomes, and streamlining administrative work.

The Iowa PCA is not just administering the system but is actively leading and supporting the development of Behavioral Health System Navigation statewide. This leadership ensures that System Navigation is standardized, effective, and truly person-centered for every Iowan.

System Navigation is personalized, one-on-one support. Direct connection helps the navigator understand the unique needs of lowans and provide tailored support and follow-up. System Navigation currently operates during business hours, and will expand access in the future.

What Makes Brain Injury a Big Deal Anyway? – Jim Pender and Maggie Ferguson, HHS Jim Pender, Brain Injury Grantor Manager, and Maggie Ferguson, Disability & Injury Prevention Project Director, shared an update on brain injuries. They reviewed the types and possibly causes of brain injuries. The possible physical, behavioral, and cognitive changes

were explained with examples. Statistics demonstrating the link between brain injury and mental health and/or substance use disorders were discussed. It was shared that the most successful treatment approach addresses all the needs of an individual. Screening and support systems were shared.

Division of Aging and Disability Services Service Array - Dawn Kekstadt, HHS

Dawn Kekstadt, Bureau Director, Community Integration Services, Disability Services System provided an overview of the alignment of the Disability Services System, which was launched on July 1, 2025. A map of the Disability Access Points (DAPs), which are local places that help people with disabilities, their families, and their caregivers find the services and support they need, was shared. Services provided were shared and explained. Navigation is provided with a no wrong door approach. Short-term services and supports provide time-limited activities. Service coordination of non-Medicaid Long Term Services and Supports (LTSS) provide longer term support and coordination. Key transition areas of focus and go-live updates were reviewed.

Planning for Future Meetings - Teresa Bomhoff

Teresa Bomhoff shared that the 2025 Harkin Retirement Security Symposium: Inclusive Long-Term Care Policies and Supports, will be held on October 16th, 2025, in Washington D.C.

Public Comment

There was an opportunity for public comment, with none offered.

Adjournment

Teresa Bomhoff entertained a motion to adjourn, Todd Lange made the motion, Todd Noack seconded the motion. The motion was approved and the meeting adjourned at 2:55pm.

Meeting minutes respectfully submitted by Patti Manna.