### Healthy Hometowns

Iowa's Rural
Heath
Transformation
Program

November 7, 2025





## Healthy Hometowns



Hometown Connections

Centers of Excellence

**Best and Brightest** 

School-Based

Health Hubs



**Combat Cancer: Prevent and Treat** 

Increased Screening Access

U of Iowa Cancer Analyses

Cancer Hubs

Radon Testing and Mitigation



Communities of Care

Co-Location Projects

Coordinated Service Provision

Chronic Disease Prevention

Teledentistry Equipment



Health Information Exchange

**Vendor Contract** 

**Provider Expansion** 

RHT Initiative Connections



EMS Community
Care Mobile

ImageTrend QI Dashboards

OB and Neonatal Transport

Mobile Integrated Health

Assessment

#### Goals



lowans will be able to get health care within their rural communities at the most appropriate locations for type and level of care thanks to support from newly developed partnerships, more rural primary care physicians and specialists, and upgraded equipment.



lowans living in rural areas will have improved health outcomes with similar rates of morbidity and premature mortality to those living in lowa's more populous areas.



lowa will invest in the development and utilization of innovative technology and data infrastructures to support sustainable care options close to home, seamless care partnerships, and data sharing throughout the state.

#### **Performance Objectives**

Significant reduction in ED hospital visits for ambulatory care sensitive conditions (ACSCs) in rural areas.

Increase in the number of rural residents receiving care locally through new or expanded service lines.

Increase provider to population ratios in rural lowa.

Increase in the number of telehealth consultations delivered to rural residents.

Increase in the number of rural providers or facilities participating in HIE with active data exchange.



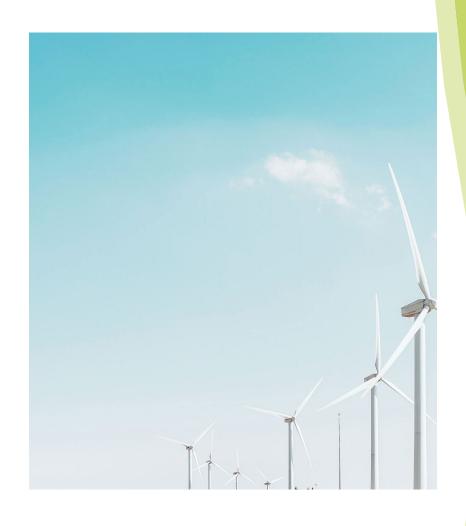
## Strategic Goals Alignment

- ► Make Rural America Healthy Again – develop new and support existing access points for care
- ► Sustainable Access Allow rural health providers to be long-term access points
- ► Workforce Development Recruitment and retention, support practicing at top of license
- ► Innovative Care Innovative models of care
- ► Tech Innovation foster innovative technologies



### Initiative Based Factors

- Population Health Clinical Infrastructure
- Health and lifestyle
- Rural Provider Strategic Partnerships
- EMS
- Talent Recruitment
- Individuals Dually Eligible for Medicare and Medicaid
- Remote Care Services
- Data Infrastructure
- Consumer Facing Technology







# Amend existing Centers of Excellence Contracts Up to 10 new Centers of Excellence Contracts

Formalized referral agreements, community investment strategies, enhanced outreach, integration of wrap-around social services

Increase coordination among existing rural community providers

Eligible services: maternal/child health, cancer, cardiovascular health, mental/behavioral health, chronic disease prevention and management



#### **Health Hubs Technical Assistance Provider**

Partnership building, agreement negotiation, payment model development, business planning

Assessing needs, personalized technical assistance to providers, drafting legal agreements, stakeholder engagement

Help rural facilities navigate grant application process



Best and Brightest – Provider Recruitment
One time recruitment and retention incentives
Relocation assistance and bonusses
5-year service commitment
No non-compete agreements allowed
208 total expected awards over 5 years

# Best and Brightest – Equipment Installation Procure and install advanced medical technologies Expecting approx. \$3.32 million per award 53 total expected awards over 5 years



#### **Health Hubs**

Substantial start up funds for large scale service delivery change
Workforce, Equipment, Telehealth Integration
Agreements – provider service agreements, telehealth service agreements, shared quality metrics, evaluations of needs
Infrastructure upgrades and equipment
Talent recruitment, training



Heavy subsidization of start-up costs can free up internal cash flows to allow rural facilities to expand capacity, right size care delivery

Eligible services: maternal/child health, cancer, cardiovascular health, mental/behavioral health, chronic disease prevention and management



#### **School-based Services Strategy**

Contracts for hospitals, rural health centers, FQHCs, local public health, community health centers to establish partnerships with rural schools for services.

Staffing, mobile health units, telehealth, training, medical equipment, supplies, tools for parental engagement

Incentives for school participation – health equipment Must incorporate nutrition and physical activity





#### **Cancer-Specific Health Hubs**

Substantial start up funds for large scale service delivery change
Workforce, Equipment, Telehealth Integration
Agreements – provider service agreements, telehealth service agreements, shared quality metrics, evaluations of needs
Infrastructure upgrades and equipment
Talent recruitment, training



#### Cancer Health Hub Technical Assistance Provider

Partnership building, agreement negotiation, payment model development, business planning

Assessing needs, personalized technical assistance to providers, drafting legal agreements, stakeholder engagement

Help rural facilities navigate grant application process



#### **Cancer Screenings and Prevention**

Radon testing (30,000/yr), home mitigation (500/yr), professional certification

FIT testing and colonoscopies, dermatoscopes

Appointment scheduling and screening test ordering via tablets in libraries and pharmacies



#### **University of Iowa Cancer Partnership**

Research and assessment

**I-CAN Expansion** 

County Cluster Intensive Cancer Prevention and Control



## **Communities of Care**



#### Communities of Care

#### **Co-location Technical Assistance Provider**

Partnership building, agreement negotiation, payment model development, business planning

## **Up to 7 Co-location Sites with CHWs and Chronic Disease Programming**

Local public health, FQHC, hospitals, behavioral health, substance use, pharmacists, oral health providers, aging and disability, social care



#### Communities of Care

# **Up to 7 Co-location Sites with CHWs and Chronic Disease Programming**

Shared technology infrastructure (e.g., telehealth equipment, scheduling systems, data-sharing tools)

Consumer-facing tools (e.g., blood pressure monitors, glucose monitors, fitness trackers)

Workforce costs, care for uninsured, preventive screening, patient engagement incentives, transportation vouchers

Partnership development and coordination, stakeholder convenings, outreach materials, sustainability planning



# Health Information Exchange



## **Community Care Mobile**



#### Community Care Mobile

#### **EMS System Assessment**

#### **Up to 7 Mobile Integrated Health Pilot Projects**

Home visits and community-based services using EMS providers and existing vehicles
Post-discharge follow-up, acute care, preventive services, chronic disease

# Up to 3 high-risk OB and neonatal transport project

Telehealth capabilities in existing transport Specialty training



## Questions

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Health and Human Services

