Competency-Based Training (CBT)

Medicaid Provider Town Hall November 20, 2025

Barbra Johnson, LTSS Training Specialist

https://hhs.iowa.gov/medicaid/providerservices/provider-trainings/cbt



Purpose

- ► Provide statewide Competency-Based Training and support to Medicaid LTSS providers and case managers.
- ► Education to assist with a better understanding of:
 - state and federal regulations concerning service provision
 - Increasing staff competencies in direct services
 - Program awareness
 - Increase training access statewide



Competency-Based Training

- ► Monthly live trainings
 - Virtual, in-person, hybrid
- ▶ Pre-test
- ▶ Post-test
- ▶ Overall Satisfaction

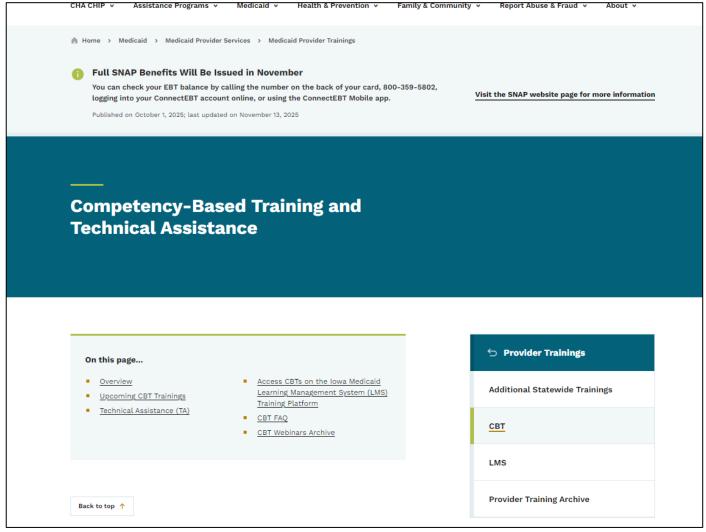
Previous Trainings

- ► Residential Assessment Application
- ► Consumer Choice Options
- Motivational Interviewing
- ► Critical Incident Training
- ▶ Dual Diagnoses
- ► Introduction training
 - LTSS 101
 - PACE 101
 - Money Follows the Person 101
- ► Various programs
 - Woodward Center of Excellence
 - Children at Home
 - Jail Diversion Program
- ► AND MORE!



CBT and Technical Assistance Website

https://hhs.iowa.gov/medicaid/provider-services/provider-trainings/cbt





CBT and Technical Assistance Website (p.2)

Top of the webpage



Iowa Medicaid now provides training and support for Long-Term Services and Support (LTSS) providers and case managers. The Iowa Legislature has allocated funds for yearly evaluation of this support for various LTSS service providers, including home-based programs, rehabilitation services, habilitation services, home health, hospice, Money Follows the Person program, nursing/personal care, elderly care, and case management.



Objectives:

Upcoming CBT Trainings

November 2025

December 2025

Surviving the Holidays

December 16, 2025 | 1:00 PM - 2:15 PM | Virtual Registration through Zoom C

Presenters: Janie A. Funk, PhD, Woodward Resource Center, Center of Excellence

Intended Audience: Those who are interested in learning about techniques to embrace and adapt to changes while working with members and caregivers.





Explore ways to embrace and adapt to holiday-induced changes in routines and sensory experiences.

Technical Assistance (TA)

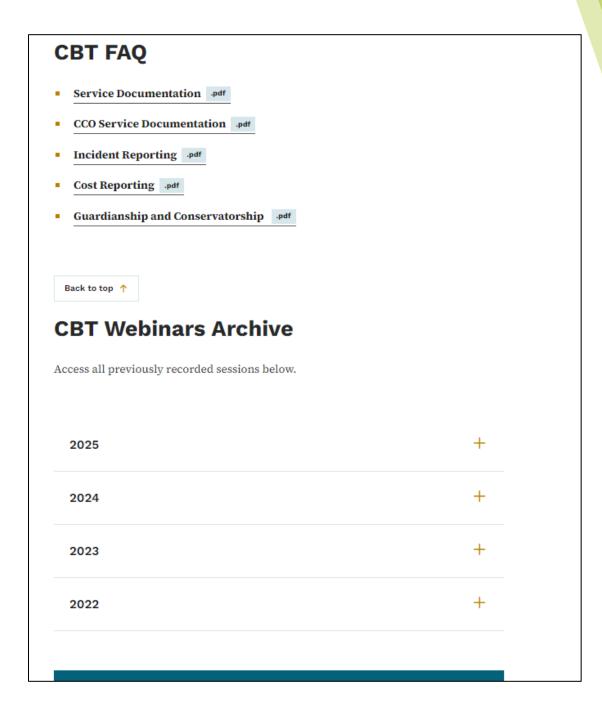
Technical Assistance (TA) Free Competency-Based training and Technical Assistance (TA) are offered to providers to enhance positive outcomes for both members and providers. This support helps providers understand compliance with state and federal regulations, improves competency in direct support roles, and enhances statewide access to information. LTSS providers statewide can request TA, which may include tailored education and support based on their specific needs. Requests for TA can come from LTSS providers, training participants, Home- and Community-Based Services (HCBS) Specialists, Department staff, or others. Please submit a request by emailing HCBSTTA@hhs.iowa.gov The CBT, TA and Consultation will be provided with the intent of:

Benefits for Providers

Enroll for Updates to CBT



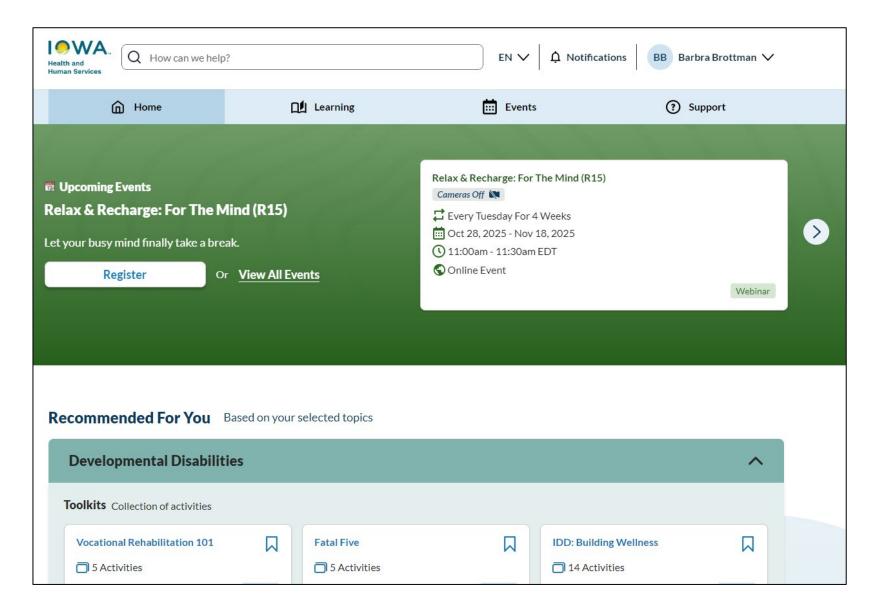
CBT and Technical Assistance Website





Health and

Learning Management System powered by Trualta



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Access CBTs on the Iowa Medicaid Learning Management System (LMS) Training Platform

With the launch of the Iowa Medicaid LTSS <u>learning management system (LMS)</u>, all CBTs will be stored on the LMS. Please follow this <u>link</u> C.

Registration Instructions and Guides

Please view these short guides and videos to help you register for the new and exciting platform and learn how to utilize different resources!

- Iowa Quick Start Guide -pdf
- Trualta Login Training Portal Demonstration Slide Deck .pdf
- What is Trualta, and why you should use it? ☐
- Activating your Account on the Portal 🗗
- Login to the Portal 🗗
- Exploring Training Content on the Platform ☐
- Managing Your Learning ☐
- Accessing Competency-Based Training ☐
- Accessing the Caregiver Essentials course for certification ☐



