

# Competency-Based Training (CBT)

Medicaid Provider Town Hall  
November 20, 2025

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Specialist

<https://hhs.iowa.gov/medicaid/provider-services/provider-trainings/cbt>



# Purpose

- ▶ Provide statewide Competency-Based Training and support to Medicaid LTSS providers and case managers.
- ▶ Education to assist with a better understanding of:
  - state and federal regulations concerning service provision
  - Increasing staff competencies in direct services
  - Program awareness
  - Increase training access statewide

# Competency-Based Training

- ▶ Monthly live trainings
  - Virtual, in-person, hybrid
- ▶ Pre-test
- ▶ Post-test
- ▶ Overall Satisfaction

# Previous Trainings

- ▶ Residential Assessment Application
- ▶ Consumer Choice Options
- ▶ Motivational Interviewing
- ▶ Critical Incident Training
- ▶ Dual Diagnoses
- ▶ Introduction training
  - LTSS 101
  - PACE 101
  - Money Follows the Person 101
- ▶ Various programs
  - Woodward Center of Excellence
  - Children at Home
  - Jail Diversion Program
- ▶ AND MORE!




# CBT and Technical Assistance Website

<https://hhs.iowa.gov/medicaid/provider-services/provider-trainings/cbt>

[CHA CHIP](#) ▾ [Assistance Programs](#) ▾ [Medicaid](#) ▾ [Health & Prevention](#) ▾ [Family & Community](#) ▾ [Report Abuse & Fraud](#) ▾ [About](#) ▾

[Home](#) > [Medicaid](#) > [Medicaid Provider Services](#) > [Medicaid Provider Trainings](#)

 **Full SNAP Benefits Will Be Issued in November**

You can check your EBT balance by calling the number on the back of your card, 800-359-5802, logging into your ConnectEBT account online, or using the ConnectEBT Mobile app.

[Visit the SNAP website page for more information](#)

Published on October 1, 2025; last updated on November 13, 2025

## Competency-Based Training and Technical Assistance

**On this page...**

- [Overview](#)
- [Upcoming CBT Trainings](#)
- [Technical Assistance \(TA\)](#)
- [Access CBTs on the Iowa Medicaid Learning Management System \(LMS\) Training Platform](#)
- [CBT FAQ](#)
- [CBT Webinars Archive](#)

**← Provider Trainings**

**Additional Statewide Trainings**

[CBT](#)

LMS

Provider Training Archive

[Back to top](#) ↑



Health and  
Human Services

## CBT and Technical Assistance Website (p.2)

### Top of the webpage

## Overview

Iowa Medicaid now provides training and support for Long-Term Services and Support (LTSS) providers and case managers. The Iowa Legislature has allocated funds for yearly evaluation of this support for various LTSS service providers, including home-based programs, rehabilitation services, habilitation services, home health, hospice, Money Follows the Person program, nursing/personal care, elderly care, and case management.

[Back to top](#) ↑

## Upcoming CBT Trainings

November 2025



December 2025



### Surviving the Holidays

**December 16, 2025 | 1:00 PM - 2:15 PM | [Virtual Registration through Zoom](#)**

**Presenters:** Janie A. Funk, PhD, Woodward Resource Center, Center of Excellence

**Intended Audience:** Those who are interested in learning about techniques to embrace and adapt to changes while working with members and caregivers.

#### Objectives:

- Explore ways to embrace and adapt to holiday-induced changes in routines and sensory experiences.



Health and  
Human Services

# Technical Assistance (TA)

## Technical Assistance (TA)

Free Competency-Based training and Technical Assistance (TA) are offered to providers to enhance positive outcomes for both members and providers. This support helps providers understand compliance with state and federal regulations, improves competency in direct support roles, and enhances statewide access to information.

LTSS providers statewide can request TA, which may include tailored education and support based on their specific needs. Requests for TA can come from LTSS providers, training participants, Home- and Community-Based Services (HCBS) Specialists, Department staff, or others.

Please submit a request by emailing [HCBSTTA@hhs.iowa.gov](mailto:HCBSTTA@hhs.iowa.gov)

The CBT, TA and Consultation will be provided with the intent of:	+
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Benefits for Providers	+
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Enroll for Updates to CBT	+
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# CBT and Technical Assistance Website

## CBT FAQ

- [Service Documentation](#) .pdf
- [CCO Service Documentation](#) .pdf
- [Incident Reporting](#) .pdf
- [Cost Reporting](#) .pdf
- [Guardianship and Conservatorship](#) .pdf

[Back to top](#) ↑


## CBT Webinars Archive


Access all previously recorded sessions below.


2025	+
2024	+
2023	+
2022	+






# Learning Management System powered by Trualta





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
 Notifications


BB  Barbra Brottman 

 Home

 Learning

 Events

 Support

 **Upcoming Events**


## Relax & Recharge: For The Mind (R15)


Let your busy mind finally take a break.


Register


 Or [View All Events](#)


**Relax & Recharge: For The Mind (R15)**

Cameras Off 


 Every Tuesday For 4 Weeks

 Oct 28, 2025 - Nov 18, 2025

 11:00am - 11:30am EDT

 Online Event

Webinar



**Recommended For You** Based on your selected topics

**Developmental Disabilities**

**Toolkits** Collection of activities

**Vocational Rehabilitation 101**

 5 Activities

**Fatal Five**

 5 Activities

**IDD: Building Wellness**

 14 Activities

# Learning Management System powered by Tualta

Online training platform

Caregiving training content  
(Tualta)

Iowa Specific Content

Competency-based training

Other organization materials

- Wise
- Epilepsy Foundation
- Center for Family-Based Training










# Learning Management System powered by Trualta

## Access CBTs on the Iowa Medicaid Learning Management System (LMS) Training Platform

With the launch of the Iowa Medicaid LTSS learning management system (LMS), all CBTs will be stored on the LMS. Please follow this [link](#) .

### Registration Instructions and Guides

Please view these short guides and videos to help you register for the new and exciting platform and learn how to utilize different resources!

- [Iowa Quick Start Guide](#) 
- [Trualta Login Training Portal Demonstration Slide Deck](#) 
- [What is Trualta, and why you should use it?](#) 
- [Activating your Account on the Portal](#) 
- [Login to the Portal](#) 
- [Exploring Training Content on the Platform](#) 
- [Managing Your Learning](#) 
- [Accessing Competency-Based Training](#) 
- [Accessing the Caregiver Essentials course for certification](#) 

# Questions

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