

# Go NAPSACC Project

Go NAPSACC is one of the recognized statewide assessment programs for the Quality Rating and Improvement Program, Iowa Quality 4 Kids (IQ4K). In FY25, Iowa HHS partnered with the five Iowa Child Care Resource and Referral (CCR&R) regions, to provide Go NAPSACC technical assistance and implementation funds to Iowa Child Care Homes and Centers to continue their quality improvement around nutrition and physical activity policy, practices and environments.

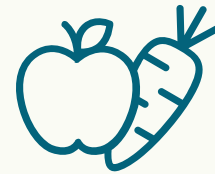
## Highlights

**122**

Child Care Homes  
and Centers

**2,653**

Children Reached

**262**

Action Plans Created

## Top Focus Areas from Action Plans

### Nutrition and Healthy Foods

Food variety, Family engagement, Nutrition education, Infant feeding practices

### Physical Activity and Play

Indoor/outdoor activity, Play during transitions, Regular outdoor time

### Education and Materials

Books, Posters, Learning integration, Provider training

*“The children have tried so many new foods because of these two goals and even my own children are starting to come around and trying them as well. Children go home and tell their parents about the new foods they are trying, and parents are thankful for me offering them to the children. It definitely has been a win in our childcare.”*

*-Iowa Child Care Home Provider*

Learn more about GO NAPSACC: [www.gonapsacc.org](http://www.gonapsacc.org)