



# Proposed Waiver Services Overview Guide

## HOPE AND OPPORTUNITY IN MANY ENVIRONMENTS (HOME)

**Updated: January 5, 2026**

As part of the Hope and Opportunities in Many Environments (HOME) project, Iowa HHS is working to make the assessment process simpler and more person-centered. Iowa HHS plans to make a more uniform (or standard) way to assess all people on waivers or needing waiver services.

### **Phase 1 of HOME Implementation**

Phase 1 of the HOME program will move people from the Children's Mental Health, Health and Disability, Physical Disability, and HIV/AIDS waivers into the and Children and Youth (CY) waivers. Phase 2 will move people from the Brain Injury and Intellectual Disability waivers into the AD and CY waivers.

This document explains the planned services for Phase 1 of the HOME program. It covers services in the Adults with Disabilities (AD) and Children and Youth (CY) waivers, including services that were renamed, combined, or removed.

When you get a waiver slot, your case manager will work with you to create a plan based on your strengths, needs, and choices. Your case manager helps set up your services, checks on your health, tracks your progress, updates your plan when needed, and supports you along the way.

These waiver changes need approval from the Iowa Legislature and the federal government before they can happen. Because of this, the changes described in this document are proposed and not final.

## Adults with Disabilities waiver services – HOME Phase 1

Adults with Disabilities waiver services – HOME Phase 1		
Service name	Service description	Changes under proposed waiver during Phase 1
Adult Day	These services offer social activities, supervision, support, meals, and health-related services.	<p>This service is not changing during Phase 1. Iowa HHS is only adding a description of “usual caregiver” to the service definition.</p> <p>This service will not be tiered on the AD waiver until Phase 2. When a service is tiered, providers are paid a different rate depending on the member’s needs.</p>
Assisted Living	These services cover unexpected needs, at any hour, for personal care and support for people who live in a homelike setting.	This service is not changing.
Assistive Devices	These devices help you with daily tasks, like dressing yourself or reaching things, making you more independent.	This service is not changing.
Attendant Care	These services help you with self-care tasks, including dressing, bathing, cleaning, medication management and transportation.	Replaces Consumer-Directed Attendant Care (CDAC) and Self-Directed Personal Care.
Community Transition Services	These services pay for important items and one-time services when adults move from a facility to their own home or when youth move to adult services. The covered items and services include security deposits, furniture, utility set-up fees, and moving costs.	New service.

## Adults with Disabilities waiver services – HOME Phase 1

Service name	Service description	Changes under proposed waiver during Phase 1
Companion	These services provide social support and non-medical supervision in your home.	This service will include the companionship parts of the previous Senior Companion service. The home maintenance aspects of the Senior Companion service are now part of the Home Maintenance Support service.
Family Training	These mental health services are provided to you and your family to manage crises, stress and depression and increase your ability to remain in the community.	Family Counseling and Training is now called Family Training. The counseling component of Family Counseling and Training has been removed due to overlap with state plan mental health services.
Home and Vehicle Modifications	These are changes you or someone else make to your home or vehicle to meet your medical needs and help you live more independently.	Iowa HHS is combining Environmental Modifications and Adaptive Devices with Home and Vehicle Modifications. Bath chairs will be covered under the “Specialized Medical Equipment” service, instead of Home and Vehicle Modifications.
Home Delivered Meals	These are healthy meals prepared elsewhere and brought to your home.	This service is not changing.
Home Health Aide	These services help you at home with personal care, such as bathing, brushing your teeth, taking medicine, and using the bathroom.	This service is not changing. Iowa HHS is clarifying that these services are personal or direct care services.
Home Maintenance Support	These services keep your home clean and safe when you or your usual caregivers can’t. These services include grocery shopping, cleaning, preparing meals, minor repairs, yard work and maintaining windows and doors.	Iowa HHS is combining Chore, Homemaker, and non-companion parts of the Senior Companion service into one new service named Home Maintenance Support.

## Adults with Disabilities waiver services – HOME Phase 1

Service name	Service description	Changes under proposed waiver during Phase 1
Interim Medical Monitoring and Treatment	If you have complex medical needs, Interim Medical Monitoring and Treatment (IMMT) services provide special medical care when your regular caregivers are working, going to school, or in the hospital. Trained professionals provide these services, which go beyond regular day care.	This service is not changing.
Nursing Care Services	These services provide medical help at home and in the community, following a doctor's plan. A licensed nurse provides these services, which include tasks like giving medicine, helping with exercises, and taking care of skin and wounds.	This service is not changing.
Nutritional Counseling	These services provide specialized support for serious nutritional problems that standard medical care can't fully help with. It helps you manage chronic diseases, weight issues, eating disorders, or special diets.	This service is not changing.
Peer Mentoring	These services provide support, advice and guidance from someone who has similar experiences to you. Your peer mentor can offer real-world advice, communication skills, problem solving, self-advocacy and independence.	New service.
Personal Emergency Response System	This is an electronic device that sends a signal to a central monitoring station that alerts trained staff in an emergency. It includes a portable button to carry. It may also be a wearable electronic device that helps a loved one find you if you are lost.	This service is not changing.

## Adults with Disabilities waiver services – HOME Phase 1

Service name	Service description	Changes under proposed waiver during Phase 1
Positive Behavioral Support and Consultation	These services help you make personalized plans that support positive behavior and prevent crises. Professionals work with you to create these plans, which include teaching healthy behaviors and stopping challenging ones.	Iowa HHS is renaming Behavioral Programming to Positive Behavioral Support and Consultation. Iowa HHS is also adding a crisis component to the service definition.
Prevocational Services	These services help you get ready to volunteer or work in your community, with the goal of getting paid work. They teach job skills like searching for a job, solving problems, talking to coworkers, following directions, staying safe, and using transportation.	This service is not changing.
Respite	These services help caregivers take a break by offering temporary care for their loved ones. This care helps the loved one stay where they usually live, and the care can be one-on-one or in a group.	This service is not changing. Iowa HHS is only adding a description of “usual caregiver” to the service definition.
Skilled Attendant Care	These services help you with medical and self-care tasks like tube feeding, injections, catheter care, respiratory support, exercises, and medication monitoring and are supervised by a licensed nurse or therapist.	Replaces Consumer-Directed Attendant Care (CDAC)- and Self-Directed Personal Care. You may choose to self-direct this service.
Specialized Medical Equipment	These are medically necessary items for your personal use that provide health and safety, such as bath aids, bath chairs and communication devices.	This service is not changing.

## Adults with Disabilities waiver services – HOME Phase 1

Service name	Service description	Changes under proposed waiver during Phase 1
Supported Employment	These services help you find and keep jobs that fit your personal and career goals through job coaching, career exploration, and developing job-seeking skills. The goal is for you to have a job that pays at least minimum wage and provides the same benefits as other workers.	Iowa HHS is combining Supported Employment with Self-Directed Community Supports and Employment.
Transportation	These are rides to help you get to work, run errands, and stay connected with others.	This service is not changing.
Financial Management Services (FMS)	If you self-direct your Medicaid services (in other words, you manage your own care), the Financial Management Services (FMS) receives the funds from Medicaid and pays service providers and employees for you.	This service is not changing.
Independent Support Broker (ISB)	If you self-direct your Medicaid services (in other words, you manage your own care), you may hire an Independent Support Broker (ISB) to help you plan, hire for, and manage your services within your budget. For example, an ISB can help you hire and manage employees.	This service is now optional. Iowa HHS is removing references to timecards and emergency back-up plans in the service definition.
Individual Directed Goods and Services	If you self-direct your Medicaid services (in other words, you manage your own care), these services offer you items and support that Medicaid doesn't otherwise cover, such as special equipment, supplies, or personal care. For example, they can include community classes or household appliances that increase your independence.	This service is not changing.

## Children and Youth waiver services – HOME Phase 1

Children and Youth waiver services – HOME Phase 1		
Service name	Service description	Changes under proposed waiver during Phase 1
Assistive Devices	These devices help you with daily tasks, like dressing yourself or reaching things, making you more independent.	This service is not changing.
Community Transition Services	These services pay for important items and one-time services when adults move from a facility to their own home or when youth move to adult services. The covered items and services include security deposits, furniture, utility set-up fees, and moving costs.	New service.
Family and Community Support	These services help you and your family to use new skills and techniques at home or in the community, such as managing anxiety. They work alongside therapy to help you and your family to reduce stress and improve social and emotional skills.	This service is not changing.
Home and Vehicle Modifications	These are changes you or someone else make to your home or vehicle to meet your medical needs and help you live more independently.	Iowa HHS is combining Environmental Modifications and Adaptive Devices with Home and Vehicle Modifications. Bath chairs will now be covered under the “Specialized Medical Equipment” service, rather than Home and Vehicle Modifications.
Home Delivered Meals	These are healthy meals prepared elsewhere and brought to your home.	This service is not changing.

Children and Youth waiver services – HOME Phase 1		
Service name	Service description	Changes under proposed waiver during Phase 1
Medical Day Care for Children	These services offer special care for children who have complex medical or behavioral needs. This care helps the child's usual caregivers go to work or school and supports children during times of crisis, like when a caregiver is in the hospital or has died.	Iowa HHS is making this service available for children and youth up to age 21.
Peer Mentoring	These services provide support, advice and guidance from someone who has similar experiences to you. Your peer mentor can offer real-world advice, communication skills, problem solving, self-advocacy and independence.	New service.
Personal Emergency Response System	This is an electronic device that sends a signal to a central monitoring station of trained staff in an emergency. It includes a portable button to carry. It may also be a wearable electronic device that helps a loved one find you if you are lost.	This service is not changing.
Positive Behavioral Support and Consultation	These services help you make personalized plans that support positive behavior and prevent crises. Professionals work with you to create these plans, which include teaching healthy behaviors and stopping challenging ones.	Iowa HHS is renaming Behavioral Programming to Positive Behavioral Support and Consultation. Iowa HHS is also adding a crisis component to the service definition.



Children and Youth waiver services – HOME Phase 1		
Service name	Service description	Changes under proposed waiver during Phase 1
Prevocational Services	These services help you get ready to volunteer or work in your community, with the goal of getting paid work. They teach job skills like searching for a job, solving problems, talking to coworkers, following directions, staying safe, and using transportation.	This service is not changing.
Respite	These services help caregivers take a break by offering temporary care for their loved ones. This care helps the loved one stay where they usually live, and the care can be one-on-one or in a group.	This service is not changing. Iowa HHS is only adding a description of “usual caregiver” to the service definition.
Supported Employment	These services help you find and keep jobs that fit your personal and career goals through job coaching, career exploration, and developing job-seeking skills. The goal is for you to have a job that pays at least minimum wage and provides the same benefits as other workers.	Iowa HHS is combining Supported Employment with Self-Directed Community Support and Employment.
Transportation	These are rides to help you get to work, run errands, and stay connected with others.	This service is not changing.
Financial Management Services (FMS)	If you self-direct your Medicaid services (in other words, you manage your own care), the Financial Management Services (FMS) receives the funds from Medicaid and pays service providers and employees for you.	This service is not changing.

Children and Youth waiver services – HOME Phase 1		
Service name	Service description	Changes under proposed waiver during Phase 1
Independent Support Broker (ISB)	If you self-direct your Medicaid services (in other words, you manage your own care), you may hire an Independent Support Broker (ISB) to help you plan, hire for, and manage your services within your budget. For example, an ISB can help you hire and manage employees.	This service is now optional. Iowa HHS is removing references to timecards and emergency back-up plans in the service definition.
Individual Directed Goods and Services	If you self-direct your Medicaid services (in other words, you manage your own care), these services offer you items and support that Medicaid doesn't otherwise cover, such as special equipment, supplies, or personal care. For example, they can include community classes or household appliances that increase your independence.	This service is not changing.

## Renamed, merged or removed services

Under the proposed Adults with Disabilities Waiver and the Children and Youth Waiver, some current services have been renamed or merged. Additionally, some services have been removed. These changes and the reason for them are described below.

**These changes are proposed to go into effect during Phase 1.**

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
Attendant Care	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	Iowa HHS is combining Consumer-Directed Attendant Care (CDAC) – Unskilled and Self-Directed Personal Care into one new service named Attendant Care and adding a description of “usual caregiver” to the service definition.
Case Management	This service is not offered as a waiver service on the Children and Youth waiver. Fee-for-service members will access targeted case management through the state plan and managed care members will receive case management as a Medicaid administrative activity.	This service is not offered as a waiver service on the Adults with Disabilities waiver. Fee-for-service members will access targeted case management through the state plan and managed care members will receive case management as a Medicaid administrative activity.
Companion	Not offered on the Children and Youth waiver because the service is intended for adults.	Iowa HHS is renaming the companion part of the Senior Companion service that was related to companionship and socialization to Companion. The home maintenance aspects of the Senior Companion service are now part of the Home Maintenance Support service.

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
Counseling	This service is not offered on the Children and Youth waiver due to overlap with state plan mental health services.	This service is not offered on the Adults with Disabilities waiver due to overlap with state plan mental health services.
Home and Vehicle Modifications	Iowa HHS is combining Environmental Modifications and Adaptive Devices with Home and Vehicle Modifications. Bath chairs will now be covered under the “Specialized Medical Equipment” service, rather than Home and Vehicle Modifications.	
Family Training	Family training is not offered on the Children and Youth waiver.	Family Counseling and Training is now called Family Training. Iowa HHS removed the counseling components of Family Counseling and Training due to overlap with state plan mental health services.
Home Health Aide	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is not changing. Iowa HHS is clarifying that these services are personal or direct care services.
Home Maintenance Support	This service is not offered on the Children and Youth waiver because it is intended for adults.	Iowa HHS is combining Chore, Homemaker, and non-companion parts of the Senior Companion service into one new service named Home Maintenance Support.

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
In-home Family Therapy	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is not offered on the Adults with Disabilities waiver because it is intended for children.
Interim medical monitoring and treatment (IMMT)	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is offered on the Adults with Disabilities waiver.
Nursing Care Services	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is offered on the Adults with Disabilities waiver.
Positive Behavioral Support and Consultation	Iowa HHS is renaming Behavioral Programming to Positive Behavioral Support and Consultation. Iowa HHS is also adding a crisis component to the service definition.	
Skilled Attendant Care	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	Iowa HHS is renaming Consumer-Directed Attendant Care (CDAC)-Skilled to Skilled Attendant Care.
Supported Employment	Iowa HHS is combining Supported Employment with Self-Directed Community Supports and Employment.	