



Proposed Waiver Services Quick Guide

HOPE AND OPPORTUNITY IN MANY ENVIRONMENTS (HOME)

Updated: January 8, 2026

As part of the Hope and Opportunities in Many Environments (HOME) project, Iowa HHS is working to make the assessment process simpler and more person-centered. Iowa HHS plans to make a more uniform (or standard) way to assess all people on waivers or needing waiver services.

Phase 2 of HOME Implementation

This document explains the services planned for Phase 2 of the HOME program for the Adults with Disabilities (AD) waiver and the Children and Youth waiver (CY). Some services have been renamed, merged or removed.

In Phase 1, people using the Children's Mental Health, Health and Disability, Physical Disability, and HIV/AIDS waivers will move into the AD and CY waivers. In Phase 2, people using the Brain Injury and Intellectual Disability waivers will also move into the AD and CY waivers.

When you get a waiver spot, your case manager will work with you to create a plan that fits your needs. This plan will focus on your strengths and what is most important to you. Your case manager will help you get services, check your health, see how things are going, and update the plan when needed.

These waiver changes need approval from the Iowa Legislature and the federal government before they can happen. Because of this, the changes described in this document are proposed and not final.

Adults with Disabilities waiver services – HOME Phase 2

Adults with Disabilities waiver services – HOME Phase 2		
Service name	Service description	Changes under proposed waiver during Phase 2
Adult Day Care	These services offer social activities, supervision, support, meals, and health-related services.	<p>This service will be tiered in Phase 2. When a service is tiered, providers are paid a different rate depending on the member's needs.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>
Assisted Living	These services cover unexpected needs, at any hour, for personal care and support for people who live in a homelike setting.	This service is not changing.
Assistive Devices	These devices help you with daily tasks, like dressing yourself or reaching things, making you more independent.	This service is not changing.
Attendant Care	These services help you with self-care tasks, including dressing, bathing, cleaning, medication management and transportation.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Community Transition Services	These services pay for important items and one-time services when adults move from a facility to their own home or when youth move to adult services. The covered items and services include security deposits, furniture, utility set-up fees, and moving costs.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>
Companion	These services provide social support and non-medical supervision in your home.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>
Day Habilitation	These services help you learn, practice, and improve skills you need to take care of yourself, get along with others, join in community activities, and live well in your home and community.	Service added to the AD waiver during Phase 2.
Enabling Technology for Remote Support	These services check if technology can help you and provide tools or systems you need to live independently with support from a distance.	Service added to the AD waiver during Phase 2.
Family Training	These mental health services are provided to you and your family to manage crises, stress and depression and increase your ability to remain in the community.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Home and Vehicle Modifications	These are changes you or someone else make to your home or vehicle to meet your medical needs and help you live more independently.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Home Delivered Meals	These are healthy meals prepared elsewhere and brought to your home.	This service is not changing.
Home Health Aide	These services help you at home with personal care, such as bathing, brushing your teeth, taking medicine, and using the bathroom.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Home Maintenance Support	These services keep your home clean and safe when you or your usual caregivers can't. These services include grocery shopping, cleaning, preparing meals, minor repairs, yard work and maintaining windows and doors.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Interim Medical Monitoring and Treatment	If you have complex medical needs, Interim Medical Monitoring and Treatment (IMMT) services provide special medical care when your regular caregivers are working, going to school, or in the hospital. Trained professionals provide these services, which go beyond regular day care.	This service is not changing.

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Nursing Care Services	These services provide medical help at home and in the community, following a doctor's plan. A licensed nurse provides these services, which include tasks like giving medicine, helping with exercises, and taking care of skin and wounds.	This service is not changing.
Nutritional Counseling	These services provide specialized support for serious nutritional problems that standard medical care can't fully help with. It helps you manage chronic diseases, weight issues, eating disorders, or special diets.	This service is not changing.
Peer Mentoring	These services provide support, advice and guidance from someone who has similar experiences to you. Your peer mentor can offer real-world advice, communication skills, problem solving, self-advocacy and independence.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Personal Emergency Response System	This is an electronic device that sends a signal to a central monitoring station that alerts trained staff in an emergency. It includes a portable button to carry. It may also be a wearable electronic device that helps a loved one find you if you are lost.	This service is not changing.

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Positive Behavioral Support and Consultation	These services help you make personalized plans that support positive behavior and prevent crises. Professionals work with you to create these plans, which include teaching healthy behaviors and stopping challenging ones.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Prevocational Services	These services help you get ready to volunteer or work in your community, with the goal of getting paid work. They teach job skills like searching for a job, solving problems, talking to coworkers, following directions, staying safe, and using transportation.	This service is not changing.
Respite	These services help caregivers take a break by offering temporary care for their loved ones. This care helps the loved one stay where they usually live, and the care can be one-on-one or in a group.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Skilled Attendant Care	These services help you with medical and self-care tasks like tube feeding, injections, catheter care, respiratory support, exercises, and medication monitoring and are supervised by a licensed nurse or therapist.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Specialized Medical Equipment	These are medically necessary items for your personal use that provide health and safety, such as bath aids, bath chairs and communication devices.	This service is not changing.

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Supported Community Living	These services are tailored to your needs and help you live independently at home and in the community. They include teaching personal and home skills, communicating your needs, helping you join in community activities and transportation for errands and work.	<p>Service added to the AD waiver during Phase 2.</p> <p>Iowa HHS is considering other changes to improve Supported Community Living in Phase 2. You can contribute to decision making during the HOME Phase 2 public comment period.</p>
Supported Employment	These services help you find and keep jobs that fit your personal and career goals through job coaching, career exploration, and developing job-seeking skills. The goal is for you to have a job that pays at least minimum wage and provides the same benefits as other workers.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>
Transportation	These are rides to help you get to work, run errands, and stay connected with others.	This service is not changing.
Financial Management Services (FMS)	If you self-direct your Medicaid services (in other words, you manage your own care), the Financial Management Services (FMS) receives the funds from Medicaid and pays service providers and employees for you.	This service is not changing.

Adults with Disabilities waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Independent Support Broker (ISB)	If you self-direct your Medicaid services (in other words, you manage your own care), you may hire an Independent Support Broker (ISB) to help you plan, hire for, and manage your services within your budget. For example, an ISB can help you hire and manage employees.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Individual Directed Goods and Services	If you self-direct your Medicaid services (in other words, you manage your own care), these services offer you items and support that Medicaid doesn't otherwise cover, such as special equipment, supplies, or personal care. For example, they can include community classes or household appliances that increase your independence.	This service is not changing.

Children and Youth waiver services – HOME Phase 2

Children and Youth waiver services – HOME Phase 2		
Service name	Service description	Changes under proposed waiver during Phase 2
Assistive Devices	These devices help you with daily tasks, like dressing yourself or reaching things, making you more independent.	This service is not changing.
Community Transition Services	These services pay for important items and one-time services when adults move from a facility to their own home or when youth move to adult services. The covered items and services include security deposits, furniture, utility set-up fees, and moving costs.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Day Habilitation	These services help you learn, practice, and improve skills you need to take care of yourself, get along with others, join in community activities, and live well in your home and community.	Service added to the CY waiver during Phase 2.
Enabling Technology for Remote Support	These services check if technology can help you and provide tools or systems you need to live independently with support from a distance.	Service added to the CY waiver during Phase 2.
Family and Community Support	These services help you and your family to use new skills and techniques at home or in the community, such as managing anxiety. They work alongside therapy to help you and your family to reduce stress and improve social and emotional skills.	This service is not changing.

Children and Youth waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Home and Vehicle Modifications	These are changes you or someone else make to your home or vehicle to meet your medical needs and help you live more independently.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Home Delivered Meals	These are healthy meals prepared elsewhere and brought to your home.	This service is not changing during Phase 2.
Medical Day Care for Children	These services offer special care for children who have complex medical or behavioral needs. This care helps the child's usual caregivers go to work or school and supports children during times of crisis, like when a caregiver is in the hospital or has died.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Peer Mentoring	These services provide support, advice and guidance from someone who has similar experiences to you. Your peer mentor can offer real-world advice, communication skills, problem solving, self-advocacy and independence.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Personal Emergency Response System	This is an electronic device that sends a signal to a central monitoring station of trained staff in an emergency. It includes a portable button to carry. It may also be a wearable electronic device that helps a loved one find you if you are lost.	This service is not changing.

Children and Youth waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Positive Behavioral Support and Consultation	These services help you make personalized plans that support positive behavior and prevent crises. Professionals work with you to create these plans, which include teaching healthy behaviors and stopping challenging ones.	<p>This service is not changing during Phase 2.</p> <p>See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.</p>
Prevocational Services	These services help you get ready to volunteer or work in your community, with the goal of getting paid work. They teach job skills like searching for a job, solving problems, talking to coworkers, following directions, staying safe, and using transportation.	This service is not changing.
Residential-Based Supported Community Living	These services provide 24-hour support for children and youth younger than age 18 who live somewhere other than their family home. These services can teach youth daily living and social skills. They also include family support to help children and youth return home or to a less restrictive environment as well as counseling with the family to address stress and emotional or behavioral problems.	<p>Service added to the CY waiver during Phase 2.</p> <p>Iowa HHS is considering other changes to improve Residential Based Supported Community Living in Phase 2. You can contribute to decision making during the HOME Phase 2 public comment period.</p>

Children and Youth waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Respite	These services help caregivers take a break by offering temporary care for their loved ones. This care helps the loved one stay where they usually live, and the care can be one-on-one or in a group.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Supported Community Living	These services are tailored to your needs and help you live independently at home and in the community. They include teaching personal and home skills, communicating your needs, helping you join in community activities and transportation for errands and work.	Service added to the CY waiver during Phase 2. Iowa HHS is considering other changes to improve Supported Community Living in Phase 2. You can contribute to decision making during the HOME Phase 2 public comment period.
Supported Employment	These services help you find and keep jobs that fit your personal and career goals through job coaching, career exploration, and developing job-seeking skills. The goal is for you to have a job that pays at least minimum wage and provides the same benefits as other workers.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Transportation	These are rides to help you get to work, run errands, and stay connected with others.	This service is not changing.

Children and Youth waiver services – HOME Phase 2

Service name	Service description	Changes under proposed waiver during Phase 2
Financial Management Services (FMS)	If you self-direct your Medicaid services (in other words, you manage your own care), the Financial Management Services (FMS) receives the funds from Medicaid and pays service providers and employees for you.	This service is not changing.
Independent Support Broker (ISB)	If you self-direct your Medicaid services (in other words, you manage your own care), you may hire an Independent Support Broker (ISB) to help you plan, hire for, and manage your services within your budget. For example, an ISB can help you hire and manage employees.	This service is not changing during Phase 2. See the Phase 1 waiver services quick guide for a description of changes to this service during Phase 1.
Individual Directed Goods and Services	If you self-direct your Medicaid services (in other words, you manage your own care), these services offer you items and support that Medicaid doesn't otherwise cover, such as special equipment, supplies, or personal care. For example, they can include community classes or household appliances that increase your independence.	This service is not changing.

Renamed, merged or removed services

Under the proposed Adults with Disabilities Waiver and the Children and Youth Waiver, some current services have been renamed or merged. Additionally, some services have been removed. These changes and the rationale are described below.

These changes are proposed to go into effect during Phase 1.

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
Attendant Care	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	Iowa HHS is combining Consumer-Directed Attendant Care (CDAC) – Unskilled and Self-Directed Personal Care into one new service named Attendant Care and adding a description of “usual caregiver” to the service definition.
Case Management	This service is not offered as a waiver service on the Children and Youth waiver. Fee-for-service members will access targeted case management through the state plan and managed care members will receive case management as a Medicaid administrative activity.	This service is not offered as a waiver service on the Adults with Disabilities waiver. Fee-for-service members will access targeted case management through the state plan and managed care members will receive case management as a Medicaid administrative activity.
Companion	Not offered on the Children and Youth waiver because the service is intended for adults.	Iowa HHS is renaming the companion part of the Senior Companion service that was related to companionship and socialization to Companion. The home maintenance aspects of the Senior Companion service are now part of the Home Maintenance Support service.

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
Counseling	This service is not offered on the Children and waiver due to overlap with state plan mental health services.	This service is not offered on the Adults with Disabilities waiver due to overlap with state plan mental health services.
Home and Vehicle Modifications	Iowa HHS is combining Environmental Modifications and Adaptive Devices with Home and Vehicle Modifications. Bath chairs will be covered under the “Specialized Medical Equipment” service, instead of Home and Vehicle Modifications.	
Family Training	Family training is not offered on the Children and Youth waiver.	Family Counseling and Training is now called Family Training. Iowa HHS removed the counseling components of Family Counseling and Training due to overlap with state plan mental health services.
Home Health Aide	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is not changing. Iowa HHS is clarifying that these services are personal or direct care services.
Home Maintenance Support	This service is not offered on the Children and Youth waiver because it is intended for adults.	Iowa HHS is combining Chore, Homemaker, and non-companion parts of the Senior Companion service into one new service named Home Maintenance Support.
In-home Family Therapy	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is not offered on the Adults with Disabilities waiver because it is intended for children.

Service Title	Description of change(s)	
	Children and Youth Waiver	Adults with Disabilities Waiver
Interim medical monitoring and treatment (IMMT)	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is offered on the Adults with Disabilities waiver.
Nursing Care Services	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	This service is offered on the Adults with Disabilities waiver.
Positive Behavioral Support and Consultation	Iowa HHS is renaming Behavioral Programming to Positive Behavioral Support and Consultation. Iowa HHS is also adding a crisis component to the service definition.	
Skilled Attendant Care	This service is not offered on the Children and Youth waiver because of overlap with Care for Kids (EPSDT).	Iowa HHS is combining Consumer-Directed Attendant Care (CDAC) – skilled and Self-Directed Personal Care into one new service named Attendant Care skilled and adding a description of “usual caregiver” to the service definition.
Supported Employment	Iowa HHS is combining Supported Employment with Self-Directed Community Supports and Employment.	