

2025 I-PAC Interim STRATEGIC PLAN

Version 1-10-26

Organization	Date
Iowa Integrated Health Planning and Advisory Council	March 2025
Created By	Timeframe
I-PAC Strategic Plan Steering Committee	March 2025 through July 2027 (2.5 yr)

Preceding document – Iowa Mental Health Planning Council 2023-2025 Strategic Plan

Executive Summary	<p>The Bylaws for the Iowa Integrated Health Planning and Advisory Council were approved on 3-20-24. The purposes of I-PAC were identified as:</p> <p>Section 1. Duties</p> <ul style="list-style-type: none"> A. To participate in the development of and subsequently review substance abuse prevention, treatment, and recovery services and mental health plans for Iowa provided to the Council pursuant to 42 USC 300X-4 (a) and to submit to the State of Iowa any recommendations of the Council for modifications to the plans; B. To serve as an advocate for adults with serious mental illness, substance use disorder, children with serious emotional disturbance, substance use disorder, and other individuals with mental illnesses or emotional problems and/or substance use disorder; C. To monitor, review, and evaluate, not less than once each year, the allocation and adequacy of mental health and substance abuse prevention, treatment, and recovery services within Iowa; and D. To affiliate, join, and collaborate with groups, organizations, and professional associations that the Council may designate or choose to advance its stated purposes under these bylaws and federal law; and, specifically, to join the National Association of Mental Health Planning and Advisory Councils. <p>The 2025 I-PAC Interim Strategic Plan will be extended from 1.5 years to 2.5 years. State Government is in the midst of an extensive realignment which includes the Iowa Health and Human Services (IHHS). There are a series of state plans and projects that are in process and their completions along with legislative action will affect the work I-PAC does. Changes at the federal level are also affecting state realignment and operations.</p> <p>The 2025-2027 I-PAC interim strategic plan will be designed for what can be accomplished until more direction can be finalized by IHHS. I-PAC will focus will be through workgroups that meet monthly.</p>
Vision Statement	<ul style="list-style-type: none"> • All Iowans have access to comprehensive integrated health services and supports, hope for recovery, and resilience within the community of their choice.
Mission Statement	<ul style="list-style-type: none"> • To assess and promote the strengths of the Mental and Behavioral Health System while advising and advocating for system improvements to ensure high-quality and effective service alternatives are available for all Iowans. • Service Values: peer-supported, community-based, culturally competent, person-centered, family driven and evidence-based.
SWOT Analysis	<ul style="list-style-type: none"> • SWOT Analysis – will need to be done again to complete the 2028 -2030 strategic plan.

Goal(s)	<ul style="list-style-type: none"> To create a knowledgeable, committed, and interactive Council that understands its role with regards to its statutory duties and is focused on engaging in advocacy efforts related to both mental health and substance use disorders to ensure positive outcomes for all Iowans.
	https://hhs.iowa.gov/advisory-groups/i-pac - the I-PAC location on the HHS website.
Status of Workgroups	<p>3 -Standing Committees – covers the three purposes of the Council and are specifically named in the Bylaws.</p>
Topics of each committee or workgroup identified	<p>Executive Board – 1st Friday of month – 10 AM to Noon</p> <p>Nominations – meets as needed to consider new applicants, monitor attendance and conduct election processes</p> <p>Monitoring and Oversight - Meets 2nd Thurs 7-8 months of the year.</p>
# of members identified	<p>5 Workgroups – very limited and irregular meeting times</p>
General responsibilities of each determined	<p>Orientation workgroup</p> <p>Block Grant Education workgroup</p> <p>Block Grant Feedback to IHHS grant writers (MH/SUD)</p> <p>Bylaws/Policy/Procedures Workgroup</p> <p>Steering Committee – will complete strategic plan for 2028-2010 when more is completed in the realignment process and federal matters have calmed down.</p>
Members of Council on each identified	<p>6 - Monthly Workgroup meetings</p>
Frequency of meetings determined	<p>Children's Issues – 2nd Wednesday of every month 10:00 AM to 11:00 AM</p> <p>Substance Use Disorders – 3rd Thursday of every month 3:00 PM to 4:00 PM</p> <p>Older Adults – 2nd Wednesday of every month 12:00 PM to 1:00 PM</p> <p>CCBHC – 2nd Monday of every month 2:00 PM to 3:00 PM</p> <p>Strategic Planning – 4th Wednesday of every month 2:00 PM to 3:00 PM</p> <p>Public Safety – 2nd Tuesday of every month, 11 A.M.</p>
	<p>See Committees and Workgroups document</p>

Action Plan Notes Trualta Login https://www.ltss-iowa-trualta.com/login (training platform) <i>Requires eligible email and password</i>	<ul style="list-style-type: none"> • Ensure that Council meetings are focused, concise, and make the best use of Council members' time to ensure attendance and retention. • Monitor what is happening on the federal level as well as the state level. • Determine the duties of the I-PAC and how the block grant will be spent after realignment is in the final stages of completion on July 1, 2027. <p>State of Iowa Realignment https://www.iowa.gov/about-alignment/alignment</p> <p>HHS System Realignment https://hhs.iowa.gov/initiatives/system-alignment</p> <ul style="list-style-type: none"> • There will be only one (1) Administrative Services organization (ASO) in the behavioral health service system – 7 behavioral health districts but only 1 ASO – Iowa Primary Care Association (IPCA) • https://www.iowapca.org/ https://www.iowapca.org/district-advisory-councils https://www.iowapca.org/providers https://www.iowapca.org/navigating-the-bhss • Expansion of Virtual Mental Health Counseling for teens thru IPCA and funded by Wellmark Foundation – Classroom Clinic and Hazel Health https://www.rcreader.com/news-releases/iowa-primary-care-association-strengthens-access-virtual-mental-health-services-iowa%E2%80%99s • Monitor the development of the Behavioral Health Agency • The final Behavioral Health State Plan https://hhs.iowa.gov/media/14823/download?inline • Behavioral Health Service System https://hhs.iowa.gov/initiatives/system-alignment/behavioral-health-service-system • Monitor the development of the Aging and Disability Agency • Aging Services https://hhs.iowa.gov/health-prevention/aging-services • Iowa State Plan on Aging https://hhs.iowa.gov/media/17316/download?inline • Alzheimer's and Dementia https://hhs.iowa.gov/health-prevention/brain-memory-health/alzheimers-other-dementias • Long term Care – Long Term Services and Programs https://hhs.iowa.gov/medicaid/services-care/long-term-care • Disability Services https://hhs.iowa.gov/health-prevention/disability-services • Aging and Disability Resource Center (ADRC) Network https://hhs.iowa.gov/media/12484/download?inline • Disability Access Points (DAP) https://hhs.iowa.gov/health-prevention/disability-services Click on Disability Access Points • Disability Access Rules https://hhs.iowa.gov/health-prevention/disability-services Click on Disability Access Rules
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Action Step	Responsibility	Completion Date
I-PAC Activities:		
Goal - Development of 2025-27 I-PAC Interim Strategic Plan		November 2024 – July 2027
6 Monthly Workgroups – Patti to keep track of cited policy and legislative items for each workgroup		
Task 1: Project work for Children's Issues Workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		
Task 2: Project work for Substance Use Disorders workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		
Task 3: Project work for Older Adults workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		

Task 4: Project work for CCBHC workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		
Task 5: Project work for Strategic Planning workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		
Task 6. Project work for Public Safety Workgroup		July 2027
a. reflect the adopted priorities of the Council b. set and attend monthly meetings c. monitor state realignment actions and identify what will affect your topic area d. monitor state legislative action and policy to identify what will affect your topic area e. advise the Council of pertinent events, actions, policy changes affecting the targeted topic f. monitor federal action and policy to identify what will affect your topic area g. make recommendations for further education on the targeted topic h. provide a report at each Council meeting		

Action Step	Responsibility	Completion Date
5 - Workgroups – limited and irregular meeting times		
Task 7: Project work for Orientation workgroup		July 2027
<ul style="list-style-type: none"> Member/Orientation packets - Adjust as needed changes are identified Mentor new members Jan each year – Review council member responsibilities – will require changes in the presentation as our responsibilities change 	Orientation power point slides shown 1/15/25 and 1/21/26	
Task 8: Project work for Block Grant Education workgroup		July 2027
<ul style="list-style-type: none"> Teach what the Block Grant contains in 3 sessions to the full council Re-polling will indicate if this is to be done every year or on a biennial basis <i>The presentation will be adjusted after each BG application template is received every 2 years.</i> 	BG education to be done each year	
Task 9: MH/SUD Combined Block Grant		September 2027
<ul style="list-style-type: none"> Meet with HHS grant writers Provide feedback on proposed grant application Identify gaps in Iowa adult and children's MH and SUD system Provide information as requested by grant writers Review final draft for accuracy 		
Task 10: Bylaws/Policy/Procedures Workgroup		As needed
<ul style="list-style-type: none"> Upon direction by the Council – Bylaws and Council policy will be revised based on changes identified. Monthly Workgroup members and Executive Committee will identify possible changes whether it be from state alignment, state legislation, state policy, federal legislation or federal policy. Policy and Bylaw workgroup will send updated draft version of documents to the full Council for review and discussion Council will vote on final draft of documents 		
Task 11: Steering Committee		July 2026
<ul style="list-style-type: none"> Meet on a regular basis – semi-annual Monitor progress of workgroups Lead in prep of 2028-2030 strategic plan 		

3 -Standing Committees	Responsibility	Completion date
Task 12: Executive Committee		
Continue to meet statutory requirements and identified duties of the Executive Committee		
Collaborate with Steering Committee to monitor the progress of the interim strategic plan progress		
Task 13: Monitoring and Oversight Committee		
Continue to meet statutory requirements and Identified duties of the Monitoring and Oversight Committee.		
Task 14. Nominations Committee		
Continue to meet statutory requirements and Identified duties of the Nominating Committee.		
Task 15: January 2025 Council meeting		
Discuss and present the “ Interim Strategic Plan ” for approval <i>Updated 3-19-25 Updated 5-22-25</i>	Approved 1-15-25	January 2025
Task 16: January 2026 Council meeting		
Reconvened Steering Committee Determined the I-PAC interim strategic plan should be extended by one year to 7-1-27	Present revised strategic Plan to Council for approval	January 2026
Task 17: January 2027 Council meeting		
Assess progress of state realignment and federal stability – state and federal elections Progress of filling Council vacancies HOME (HCBS) Waiver system to start 7-1-27 How much of Block Grant will go to Primary Care? Plan for how the new strategic plan will be prepared – who is involved, etc.		July 2027
Task 18: Write new Strategic Plan July 2027 for 2028 to 2030		
Include any necessary changes based on Council and Steering Committee input and information obtained from monthly workgroups during the interim strategic plan – the ending date estimated to be 7-1-27 Re-do SWOT analysis to give direction to the new Strategic Plan		December 2027