

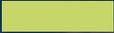


Iowa REACH Implementation Team Meeting

March 11th, 2026

Agenda

- ▶ REACH Updates
- ▶ REACH Services
- ▶ Public comment



REACH Updates



Health and
Human Services

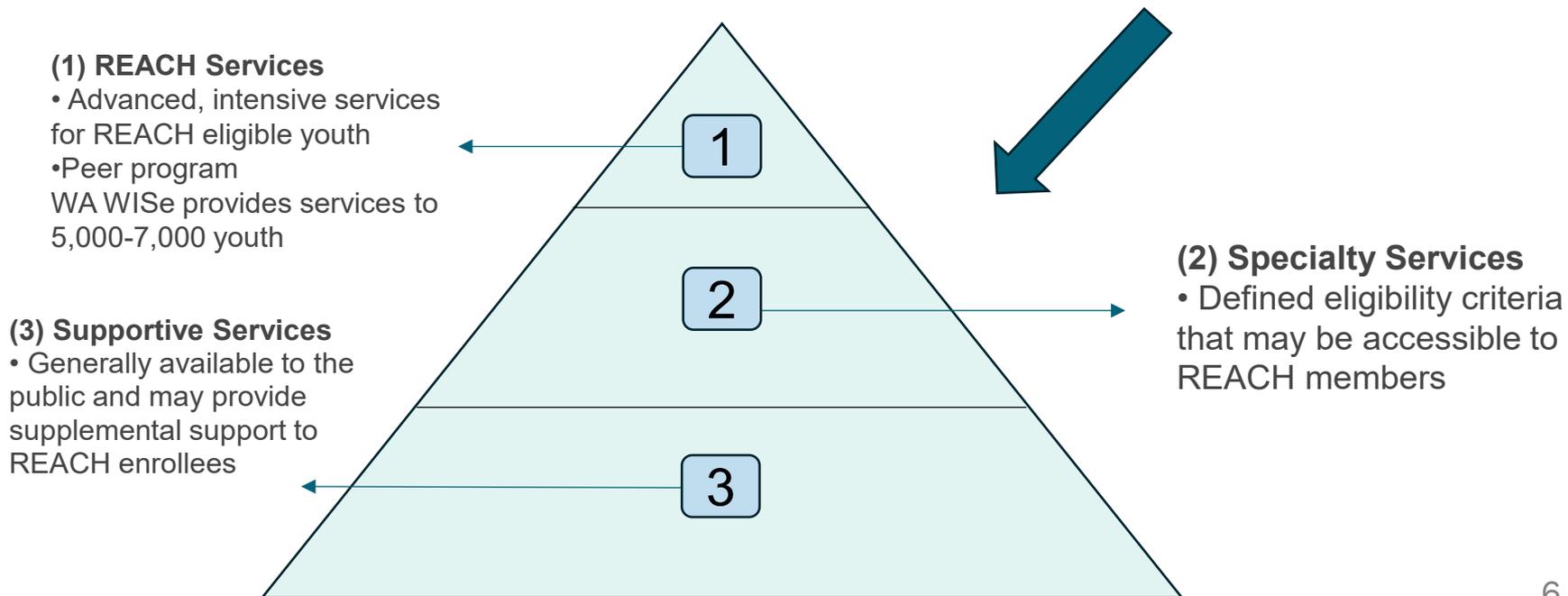
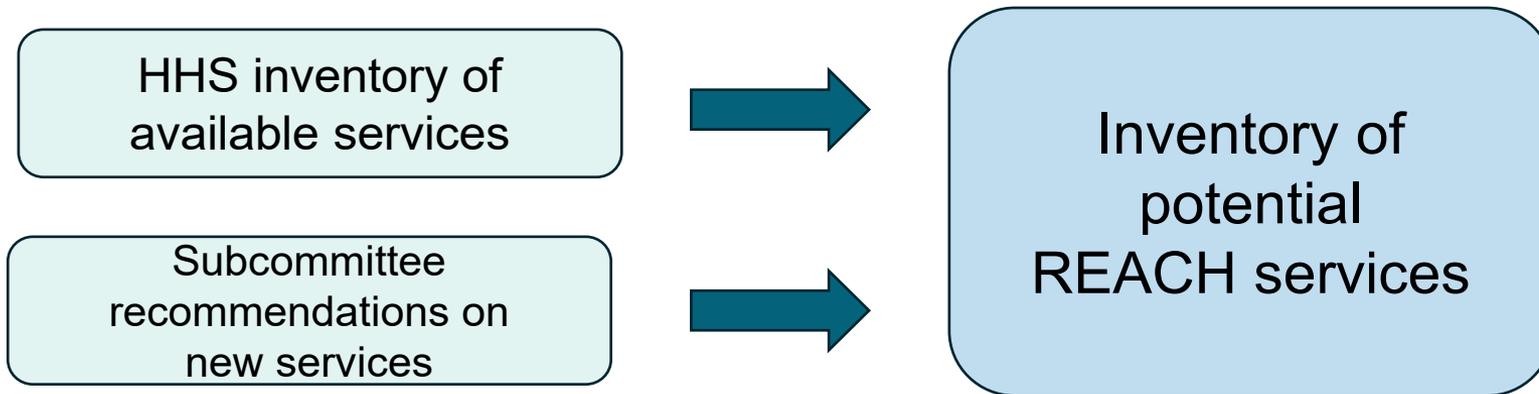
Subcommittee Updates

Meeting	February Topics	March Topics
Implementation Team	<ul style="list-style-type: none"> Principles of care Crisis plan requirements 	<ul style="list-style-type: none"> REACH Services
Consumer Steering Committee	<ul style="list-style-type: none"> Principles of care Crisis plan requirements 	<ul style="list-style-type: none"> No meeting scheduled
Intensive Care Coordination and Services and Providers Subcommittee	<ul style="list-style-type: none"> Strategies to address workforce concerns 	<ul style="list-style-type: none"> REACH Services
Quality Subcommittee	<ul style="list-style-type: none"> No meeting scheduled 	<ul style="list-style-type: none"> Quality Metrics
Communications Subcommittee	<ul style="list-style-type: none"> Cancelled 	<ul style="list-style-type: none"> Audience Mapping Review Communications Plan Review

HHS Updates

- ▶ Over the last two months, HHS has reviewed Subcommittee recommendation memos and shared them with the Plaintiffs Council
- ▶ HHS has held several internal meetings to move forward on:
 - Cross-agencies workplans for REACH implementation
 - Incorporating wraparound principles into REACH
 - Refining the REACH Communications Plan
 - Defining REACH services

Service Definitions Process



Service Definitions Findings

- ▶ Through this process, we determined a REACH service array
 - 13 behavioral health services were included
 - One identified behavioral health service will need to be built and many others will need to be significantly enhanced for REACH
 - Intensive care coordination services will need to be built as a new model in the state

- ▶ Initial REACH service definitions will be shared with the Plaintiffs Council at the end of March



REACH Services



Health and
Human Services

Family Education and Training

Services	Service/Definition Enhancements
<ul style="list-style-type: none">• Family Education and Training• BHIS Family Training (enhanced)• Family Peer Support• Specialized Respite Training for Natural Supports (new service)	<ul style="list-style-type: none">• Clearly define educational services• Ensure that services are tailored to the needs and circumstances of the family• Change billing to allow family to receive services without the youth present

Provision of REACH services is contingent on funding and provider availability.

Behavior Management

Services	Service/Definition Enhancements
<ul style="list-style-type: none">• Applied Behavior Analysis (ABA)• Occupational Therapy (OT)• BHIS Skill Training and Development• BHIS Behavior Intervention (Enhanced)	<ul style="list-style-type: none">• Clearly define service requirements• Consider how to create enhanced services while maintaining provider availability

Provision of REACH services is contingent on funding and provider availability.

Supportive and Therapeutic Services

Services	Service/Definition Enhancements
<ul style="list-style-type: none">• In-Home Family Therapy• Multisystemic Therapy (MST)• Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)• Functional Family Therapy (FFT)• Specialized Respite	<ul style="list-style-type: none">• Allow members to access services concurrently• Ensure services are delivered at multiple times of day and in multiple settings• Ensure adherence to evidence-based models

Provision of REACH services is contingent on funding and provider availability.

Intensive Care Coordination (ICC)

Services	Service/Definition Enhancements
<ul style="list-style-type: none">• Assessment• Person-Centered Care Planning• Crisis Planning• Referral, Monitoring, and Adjustment• Transition Planning	<ul style="list-style-type: none">• Implement new assessments and service standards• Define clear expectations for roles and responsibilities in care planning• Ensure cross-system engagement• Create an accountability structure for the program delivering ICC

Provision of REACH services is contingent on funding and provider availability.

Mobile Crisis Services

Services	Service/Definition Enhancements
<ul style="list-style-type: none">• Mobile Crisis Services	<ul style="list-style-type: none">• This system is currently being built out so it is accessible across the state• We are meeting regularly with the crisis team at HHS to carry forward your feedback and prepare for implementation

Provision of REACH services is contingent on funding and provider availability.

Additional Service Supports

- ▶ While REACH enrollees would be guaranteed access to the intensive services we've outlined, they may also be supported by other existing specialty services.
 - Qualified residential treatment programs
 - Supported employment services
 - Family and community support services
 - Waiver services including other forms of respite

- ▶ The state is also exploring other supportive services that may be beneficial to add broadly in the future.
 - Youth peer support
 - Trust-based relational intervention

Additional Community Supports

- ▶ REACH enrollees will also have access to community supports which may play a part in their care plan.
 - Basic needs assistance, including housing and transportation programs
 - Youth and family programs
 - Educational support services at school
 - General crisis services like 988 and Your Life Iowa

Discussion

REACH Services

Provision of REACH services is contingent on funding and provider availability.

Family Education and Training

- **Family Education and Training**
- BHIS Family Training (Enhanced) Family peer support
- **Specialized respite training for natural supports**

Behavioral Management

- Applied Behavior Analysis (ABA)
- Occupational Therapy (OT)
- BHIS Skill Training and Development
- **BHIS Behavior Intervention (Enhanced)**

Supportive and Therapeutic Services

- In-Home Family Therapy
- Multisystemic Therapy (MST)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Functional Family Therapy (FFT)
- Specialized Respite

Intensive Care Coordination

- Assessment
- Person-Centered Care Planning
- Crisis Planning
- Referral, Monitoring, and Adjustment
- Transition Planning

Mobile Crisis Services

Next Steps

- ▶ Once services are fully defined, HHS will work to develop a REACH provider manual by determining...
 - Detailed provider requirements and standards
 - Eligibility requirements for REACH services
 - Standards for intensive care coordination

- ▶ Our goal is to have service standards fully defined by **July 2026**.



Public Comment



Health and
Human Services