



Iowa REACH ICC + Services and Providers Subcommittee Meeting

March 18th, 2026



Health and
Human Services

Agenda

- ▶ REACH Updates
- ▶ REACH Service Definitions
- ▶ Public comment

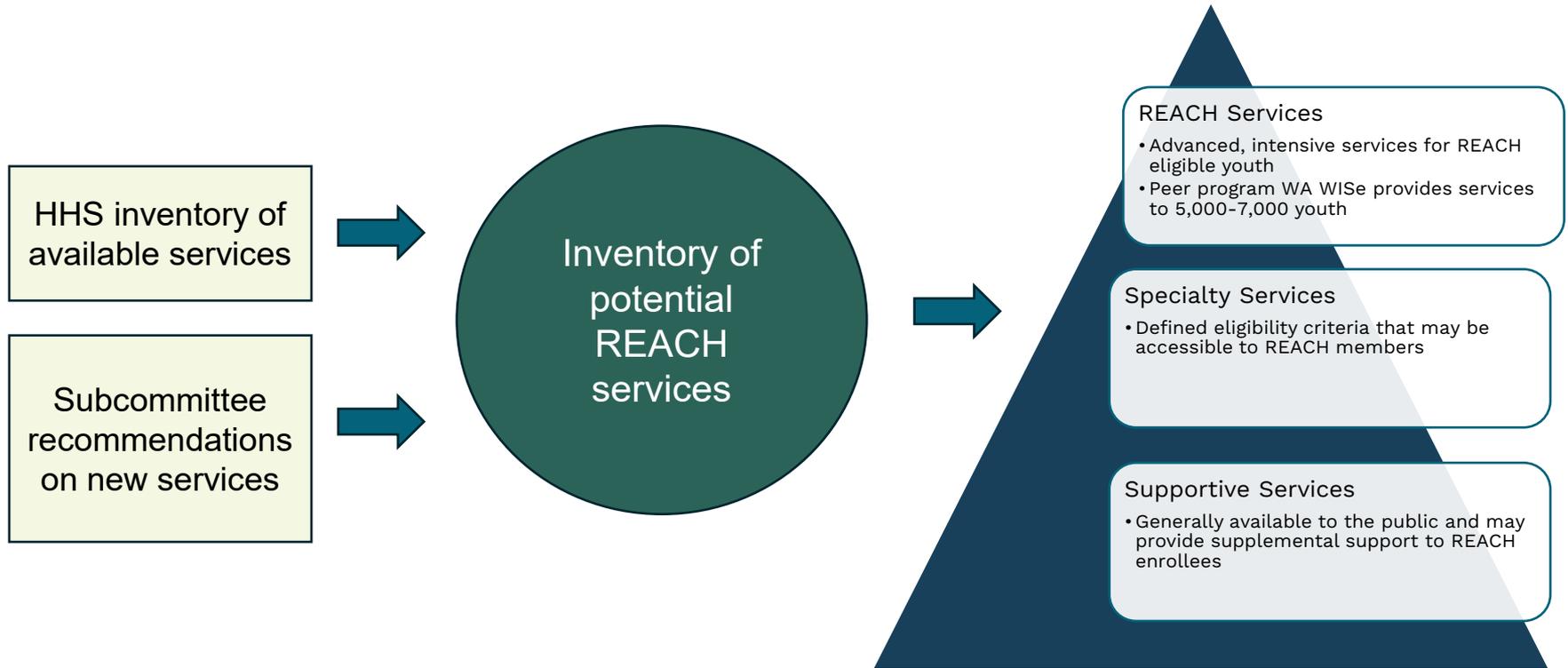
REACH Updates

HHS Updates

- ▶ Over the last two months, HHS has reviewed Subcommittee recommendation memos and shared them with the Plaintiffs Council

- ▶ HHS has held several internal meetings to move forward on:
 - Cross-agencies workplans for REACH implementation
 - Incorporating wraparound principles into REACH
 - Refining the REACH Communications Plan
 - Defining REACH services

Service Definitions Process



Service Definitions Findings

- ▶ Through this process, we reviewed current services to help develop a REACH service array.
 - 13 behavioral health services were included
- ▶ The state also identified multiple community supports and other generally available services that may support REACH members.

Services Reviewed for the REACH Service Array

REACH Services

Provision of REACH services is contingent on funding and provider availability.

<p>Family Education and Training</p> <ul style="list-style-type: none"> • Family Education and Training • BHIS Family Training (Enhanced) • Family peer support • Specialized respite training for natural supports 	<p>Behavioral Management</p> <ul style="list-style-type: none"> • Applied Behavior Analysis (ABA) • Occupational Therapy (OT) • BHIS Skill Training and Development • BHIS Behavior Intervention (Enhanced) 	<p>Supportive and Therapeutic Services</p> <ul style="list-style-type: none"> • In-Home Family Therapy • Multisystemic Therapy (MST) • Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) • Functional Family Therapy (FFT) • Specialized Respite 	<p>Intensive Care Coordination</p> <ul style="list-style-type: none"> • Assessment • Person-Centered Care Planning • Crisis Planning • Referral, Monitoring, and Adjustment • Transition Planning 	<p>Mobile Crisis Services</p>
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*Bolded services will need to be built or significantly enhanced for REACH

DRAFT REACH Service Definitions

Discussion Goals

- ▶ Initial REACH service definitions will be shared with the Plaintiffs Council at the end of March
- ▶ Today, we plan to refine the definitions for the intensive supportive and therapeutic services offered in REACH considering...
 - How may services need to be adapted to meet the needs of youth with SED and their families?
 - How specific do service definitions need to be to ensure high quality services and monitoring?
 - What kind of flexibility should be built into definitions to remove barriers from care delivery?

Considerations

- ▶ The service format is still taking shape and may evolve based on feedback from stakeholders, including the Plaintiffs Council.
- ▶ Proposed changes apply to REACH service definitions only and will not affect broader service definitions.
- ▶ Many services must be extended to apply to youth up to 21.
- ▶ Provision of REACH services is contingent on funding and provider availability.

Family Education and Training

Services	Service/Definition Enhancements
Family Education and Training (New)	<ul style="list-style-type: none">• Create new umbrella service that embeds Family Education and Training into all REACH services• Ensure eligibility for youth up to age 21 and their families
BHIS Family Training	<ul style="list-style-type: none">• Include individualized training rather than generic training curriculum• Require active family involvement in skill building• Suggested biweekly family therapy
Family Peer Support	<ul style="list-style-type: none">• Expand the family peer support role• Emphasize the need for lived experience in qualifications• Explicitly include group services
Specialized Respite Training for Natural Supports (New)	<ul style="list-style-type: none">• Train natural supports to deliver specialized respite

Provision of REACH services is contingent on funding and provider availability.

Behavior Management

Services	Service/Definition Enhancements
Applied Behavior Analysis (ABA)	<ul style="list-style-type: none">• Require providers to be BCBA/RBTs• Remove requirement for autism diagnosis under the REACH service definition
Occupational Therapy (OT)	<ul style="list-style-type: none">• Specific to behavioral health OT provided by a licensed practitioner• Services must be rehabilitative and promote community integration
BHIS Skill Training and Development	<ul style="list-style-type: none">• Require services to be individualized• Add a list of included skills that may be developed
BHIS Behavior Intervention	<ul style="list-style-type: none">• Covered services include direct skill development, not general recreation, non-skill based activities, or mentoring• REACH member must meet with therapist weekly

Provision of REACH services is contingent on funding and provider availability.

Supportive and Therapeutic Services

Services	Service/Definition Enhancements
In-Home Family Therapy	<ul style="list-style-type: none"> • High-intensity, time-limited services for those at risk of out-of-home placement
Multisystemic Therapy (MST)	<ul style="list-style-type: none"> • Youth at risk of out-of-home placement or juvenile justice involvement • Establish parameters for clinical intensity (3-5 months, 60+ hours direct contact)
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	<ul style="list-style-type: none"> • Establish typical number of sessions (12-16) and range (8-25) • Describe three-phase clinical model • Does not require PTSD diagnosis
Functional Family Therapy (FFT)	<ul style="list-style-type: none"> • Establish typical number of sessions (12-15) and range (8-30 based on risk) • Describe three-phase clinical model
Specialized Respite	<ul style="list-style-type: none"> • Emphasize family-centered, strengths-based approach

Discussion

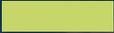
- ▶ We understand that creating new services may present challenges for provider enrollment. Is there anything we should do to make it easier for providers to deliver these new services?

- ▶ Are there any items we haven't talked about that the state should be mindful of as we prepare definitions for REACH services?

Next Steps

- ▶ Once services are fully defined, HHS will work to develop a REACH provider manual by determining...
 - Detailed provider requirements and standards
 - Eligibility requirements for REACH services
 - Standards for intensive care coordination

- ▶ Our goal is to have service standards fully defined by **July 2026**.



Public Comment



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