

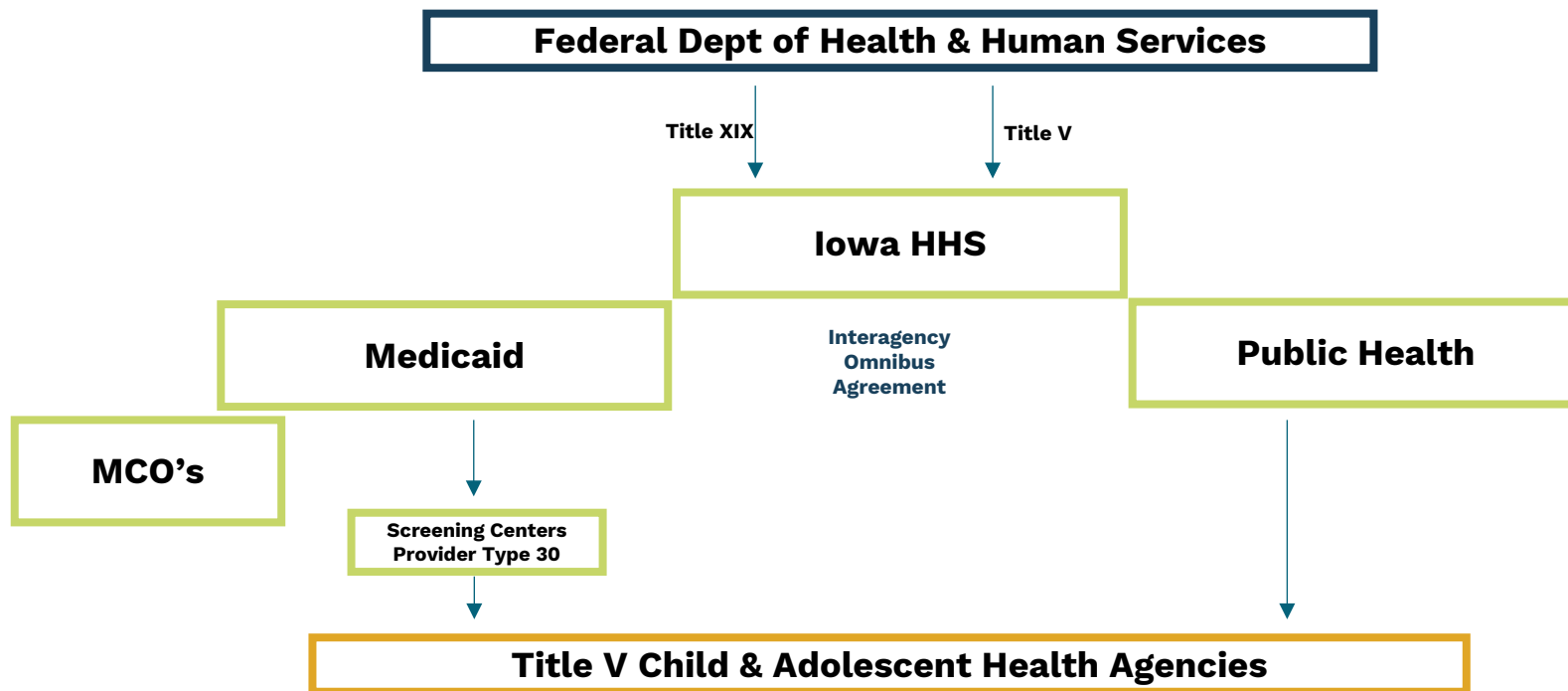
# EPSDT Child & Adolescent Health Services

**Amy Chebuhar MSN, RN**  
**EPSDT Nurse Clinician**

# Organizational Relationships



# State and Federal Relationships



# Omnibus Agreement

Federally Required Interagency Agreement between HHS & Medicaid

- EPSDT, Child & Adolescent Health, Maternal Health, Oral Health and 1st Five Healthy Mental Development

Contract for Services

- Informing and Care Engagement Administrative Services
- Medicaid and Hawki Outreach

Data Sharing to improve health outcomes

- Linking Medicaid and Vital Records Data
- Eligibility File
- Paid Claims

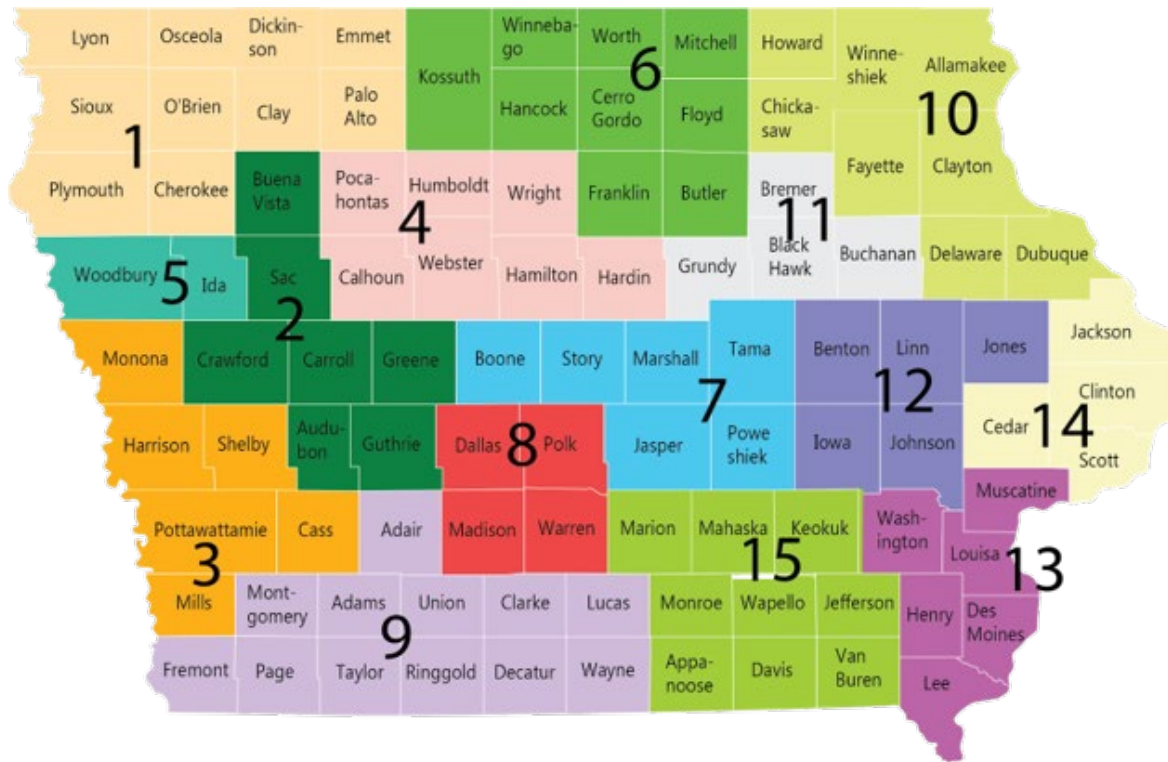
# Local Title V Contractors



# Local Title V Contractors

- Title V Contract certifies local agencies as Screening Centers
- Mix of local public health agencies, health systems, community action agencies and other non-profits
- 15 Collaborative Service Areas
- Child Health, including EPSDT, Early ACCESS, Hawki Outreach, I-Smile and Healthy Child Care Iowa
- Covers all 99 counties, not all counties or service areas provide all the same services

# Title V Service Area Map



# CAH Program Core Services



# EPSDT

- **E** = Identifying problems **early**, starting at birth
- **P** = Checking children's health status at **periodic** age-appropriate intervals
- **S** = Providing physical, mental, developmental, dental, hearing, vision and other **screening** tests to detect potential problems
- **D** = Determining a **diagnosis** when a condition is identified
- **T** = Providing **treatment** for problems identified

# Iowa's EPSDT Periodicity Schedule



Iowa Department of Health and Human Services

	Infancy		Early Childhood				Mid. Childhood				Adolescence																					
	New born	2-5 days	by 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 yr	4 yr	5 yr	6 yr	7 yr	8 yr	9 yr	10 yr	11 yr	12 yr	13 yr	14 yr	15 yr	16 yr	17 yr	18 yr	19 yr	20 yr	21 yr	
<b>History</b> Initial/Interval	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>Physical Exam</b> Well Visit	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
<b>Measurements</b>	Length/Height and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Weight for Length	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Body Mass Index	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Head Circumference	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Blood Pressure	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<b>Sensory Screening</b>	Vision	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Hearing	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Oral Health</b>	Screening and Risk Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Fluoride Varnish Applications	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Fluoride Supplementation	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
<b>Developmental, Psychosocial, and Behavioral Health</b>	Caregiver Depression Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Developmental Surveillance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Developmental Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Autism Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Behavioral/Social/Emotional Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Tobacco, Alcohol and Drug Use Assessment	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<b>Anticipatory Guidance</b>	Depression and Suicide Risk Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	
	Anxiety Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
<b>Nutrition/Obesity Prevention</b> Assess/Educate	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
<b>Screening/Procedures</b>	Newborn - Blood Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Newborn Bilirubin Screening	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Newborn Critical Congenital Heart disease	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	
	Immunization	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
	Hemoglobin/Anemia	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Lead Testing	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Lipid Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	STI Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	HIV Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Hepatitis B Virus Infection	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Hepatitis C Virus Infection	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Sudden Cardiac Arrest/Death	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Tuberculosis	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
	Cervical Dysplasia Screening	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○

(Rev. 6/24)

KEY: ● To be performed ○ Assess risk ←→ Screen at least once during time period indicated

1. Recommendations for Preventive Pediatric Health Care (Bright Futures/American Academy of Pediatrics). Available at: <https://aap.org/bright-futures>.  
 2. Viswanathan N, Wilkowitz J, Modirrousta J, et al. Screening for Depression, Anxiety, and Suicide Risk in Children and Adolescents: An Evidence Review for the U.S. Preventive Services Task Force (Infrared). Rockville (MD): Agency for Healthcare Research and Quality (US); 2023.01. (Evidence Synthesis No. 271). Available from: <https://www.ncbi.nlm.nih.gov/books/NBK558572/>.

# Iowa's CAH/EPSDT Program

- Medicaid's EPSDT *Care for Kids* program provides the best practice model of health care for all enrolled children & adolescents.
- The same model of services is provided for ALL CHILDREN served through Child & Adolescent Health programs.
- Guidance is based upon ***Bright Futures***, 4th Edition (AAP).

# Informing & Care Coordination

- **Informing** - Title V Contractors make multiple attempts to contact all newly eligible Medicaid families to:
  - Explain Medicaid and EPSDT benefits
  - Assist with finding medical and dental homes
  - Discuss importance of preventive care
  - Care Coordination for social determinants of health
  - May discuss MCO options if the family has questions
- **Care Coordination** - Linking families to medical and dental care or other Medicaid covered services
  - Medical care coordination for those not enrolled in an MCO, families presenting to the contractor with need, and as part of gap-filling direct care services
  - Dental care coordination for all Medicaid enrolled children and pregnant women

# Informing Services

- What is Informing?
  - Informing is the act of advising families of newly enrolled Medicaid eligible children about the services available within the EPSDT *Care for Kids* program.

# How Informing Helps Families

- Explains the benefits of preventive medical and oral health care
- Explains the services available under EPSDT *Care for Kids* including care coordination services and screening services
- Explains components of the EPSDT screen according to the Periodicity Schedule and ACIP Childhood Immunization Schedule
- Identifies where screening services are available and how to obtain them (medical and dental homes)
- Describes support services available such as transportation and interpretation services
- Provides information on other resources available in the community
- Explains freedom of choice of health care providers

# Screening Centers (Provider Type 30)

- Blood draw & Lead analysis
- Evaluation and management for blood lead
- Emotional/behavioral assessment
- Interpretation services
- Oral health services
- Immunization administration and counseling
- Developmental testing
- Nutrition counseling
- Counseling for obesity
- Nursing assessment and evaluation
- Home visit by a nurse or social worker
- Depression screening – for adolescents or caregivers of child
- Domestic violence screening - for adolescents or caregivers of child
- Alcohol and/or substance abuse screening - for adolescents or caregivers of children
- Vision screening
- Hearing screening
- Lab tests
- Mental health assessments
- Mental health services / psychosocial counseling
- Counseling for alcohol misuse
- Initial or periodic well child screens



Health and  
Human Services

# Questions

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