

# Iowa Substance Abuse Deaths

## Report Information

### ICD-10 Code Definitions

|  |  |
|--|--|
| <b>All Drugs</b> <sup>1</sup>                          | X40–X44, X60–X64, X85, Y10–Y14   |
| <b>Opioids</b> <sup>2</sup>                            | <b>All Drugs</b> <sup>1</sup> + T40.0–T40.4, T40.6   |
| <b>Opioids AND Psycho-<br/>stimulants</b> <sup>2</sup> | <b>All Drugs</b> <sup>1</sup> + <b>Opioids</b> <sup>2</sup> + T43.6  |
| <b>Heroin</b> <sup>2</sup>                             | <b>All Drugs</b> <sup>1</sup> + T40.1  |
| <b>Synthetic Narcotics</b> <sup>2</sup>                | <b>All Drugs</b> <sup>1</sup> + T40.4  |
| <b>Stimulants</b> <sup>2</sup>                         | <b>All Drugs</b> <sup>1</sup> + T40.5, T43.6   |
| <b>Psychostimulants</b> <sup>2</sup>                   | <b>All Drugs</b> <sup>1</sup> + T43.6  |
| <b>Prescription Drugs</b> <sup>2</sup>                 | <b>All Drugs</b> <sup>1</sup> + T36–T39, T40.2–T40.4, T41–T43.5, T43.8–T50.8   |
| <b>Prescription Opioids</b> <sup>2</sup>               | <b>All Drugs</b> <sup>1</sup> + T40.2–T40.4  |
| <b>Alcohol</b> <sup>1</sup>                            | F10.3–F10.9, F10.0, F10.1, F10.2, G62.1, G31.2, G72.1, I42.6, K29.2, K70.0–K70.4, K70.9, K85.2, K86.0, Q86.0, P04.3, I85, K22.6, K74.0–K74.2, K74.6, K76.0, K76.7, K76.9, K76.6, X45, Y15, X65 |

<sup>1</sup> Underlying Cause of Death only  
<sup>2</sup> Contributing Cause of Death only

*Drug overdose deaths may involve multiple drugs; therefore, a single death might be included in more than one category when describing the number of drug overdose deaths involving specific drugs. For example, a death that involved both heroin and fentanyl would be included in both the number of drug overdose deaths involving heroin and the number of drug overdose deaths involving synthetic opioids other than methadone.*

### Race Information

Race is now reported where that race category was the only selection on death record. If multiple races were noted, it is displayed in the Two or More Races category. Some categories are abbreviated in this report, and they are defined below:

|                    |  |
|--------------------|--|
| <b>Black</b>       | Black or African American                |
| <b>AIAN</b>        | American Indian / Alaska Native          |
| <b>NHOPI</b>       | Native Hawaiian / Other Pacific Islander |
| <b>ToM Races</b>   | Two or More Races                        |
| <b>Oth. / Unk.</b> | Other / Unknown Race                     |

\* 2025–2026 data are preliminary and will change as records are registered. Data shown through 2/28/2026.  
Preliminary data last updated 3/30/2026. Report generated 4/6/2026 8:24:30 AM.  
**Data Source:** Iowa Department of Health and Human Services, Bureau of Health Statistics.