

## Iowa Quitline Monthly Dashboard: Youth and young adults

	January 2026		February 2026		Total FYTD	
	#	%	#	%	#	%
<b>Youth</b>	12	5%	8	3%	20	4%
<b>Young Adult</b>	19	8%	14	6%	33	7%
<b>Over 24</b>	208	87%	221	91%	429	89%
<b>Youth</b>						
CC 1	4		2		6	
CC 2	1		2		3	
CC 3	1		1		2	
CC 4	1		0		1	
CC 5+	0		0		0	
Ordered NRT	0		0		0	
Evidence-based	4		2		6	
Coaching AND NRT	0		0		0	
<b>Young Adult</b>						
CC 1	2		4		6	
CC 2	0		3		3	
CC 3	0		1		1	
CC 4	0		0		0	
CC 5+	0		0		0	
Ordered NRT	8		5		13	
Evidence-based	8		7		15	
Coaching AND NRT	2		2		4	