Iowa REACH Roadmap

Iowa REACH is a new Medicaid program that supports behavioral health services for youth across the state. It offers supportive resources to help them stay in their homes and be part of their communities.

REACH stands for Responsive and Excellent Care for Healthy Youth.

Referral

Receive referral and acknowledge receipt to the referring source and family within one business day.

Within 72 hours of referral, the REACH Intake Coordinator administers the Child and Adolescent Needs and Strengths (CANS) assessment.

Timeframe for the "not eligible" pathway: Five business days for referrals to other Home and Community-Based Services (HCBS) or Medicaid services.

Starting Services

Hold an interdisciplinary Care Plan Meeting within 30 days after referral.

Begin planning for the "off-ramp" (discharge) as a key component starting with the Initial Care Plan.

Timeframe for "eligible" pathway: Intensive Care Coordinator (ICC) provider meets with the family/child within 3 days of assignment to establish a safety plan.

Ongoing REACH Services

Use this meeting to align the team, review the initial ICC plan, and set shared goals.

Internal REACH team holds weekly staffing meetings.

Build continuity of care planning into every phase, not only at discharge.

Continue building continuity of care planning into every phase, not only at discharge.

Internal REACH team holds weekly consultations.

Identify the off-ramp early and revisit it at each major milestone.

Document child and family strengths on an ongoing basis for use in the next phase of care.

Successful Discharge

Conduct a 30-day post-discharge follow-up contact.

Document outcomes at discharge.

Identify and confirm successful referral through a warm hand off at discharge.

IOWA Health and Human Services

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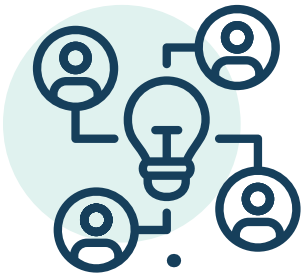

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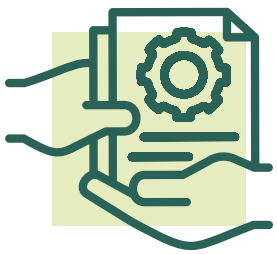

Starting Services

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- Begin planning for the “off-ramp” (discharge) as a key component starting with the Initial Care Plan.
- Hold an interdisciplinary Care Plan Meeting within 30 days after referral.
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- Internal REACH team holds weekly staffing meetings.
- Build continuity of care planning into every phase, not only at discharge.

Ongoing REACH Services

- Internal REACH team holds weekly staffing meetings.
- Continue building continuity of care planning into every phase, not only at discharge.
- Document child and family strengths on an ongoing basis for use in the next phase of care.
- Identify the off-ramp early and revisit it at each major milestone.

Successful Discharge

- Identify and confirm a receiving provider at discharge.
- Document outcomes at discharge.
- Conduct a 30-day post-discharge follow-up contact.