

## Iowa Quitline Monthly Dashboard: Youth and young adults

	January 2026		February 2026		March 2026		Total FYTD	
	#	%	#	%	#	%	#	%
<b>Youth</b>	12	5%	8	3%	7	3%	27	4%
<b>Young Adult</b>	19	8%	14	6%	25	9%	58	8%
<b>Over 24</b>	208	87%	221	91%	247	89%	676	89%
<b>Youth</b>								
CC 1	4		3		2		9	
CC 2	1		2		1		4	
CC 3	1		1		0		2	
CC 4	1		1		0		2	
CC 5+	1		1		0		2	
Ordered NRT	0		0		0		0	
Evidence-based	4		3		2		9	
Coaching AND NRT	0		0		0		0	
<b>Young Adult</b>								
CC 1	2		4		2		8	
CC 2	0		3		1		4	
CC 3	0		2		0		2	
CC 4	0		0		0		0	
CC 5+	0		0		0		0	
Ordered NRT	8		5		11		24	
Evidence-based	8		7		11		26	
Coaching AND NRT	2		2		2		6	