

Iowa HHS 1st Five Executive Summary

Fiscal Year 2025



Overview of 1st Five






1st Five serves Iowa families with children up to age five by being a bridge between

primary care and needed community resources to improve early childhood health and development.

In 2025, AMCHP recognized the [1st Five Healthy Mental Development Initiative as an Innovation Hub 'Best Practice'](#).

Who 1st Five helps

-  **Primary care providers (PCPs)** by supporting use of developmental screening and connecting patients to needed resources.
-  **Community services and programs** by facilitating referrals for families based on identified needs.
-  **Children and families** by providing free connections to needed resources to support healthy child development.

How 1st Five Works

Developmental concern and/or family stressor(s) identified by PCP.



1st Five receives referral from PCP and connects with family.



1st Five connects family to support and services.

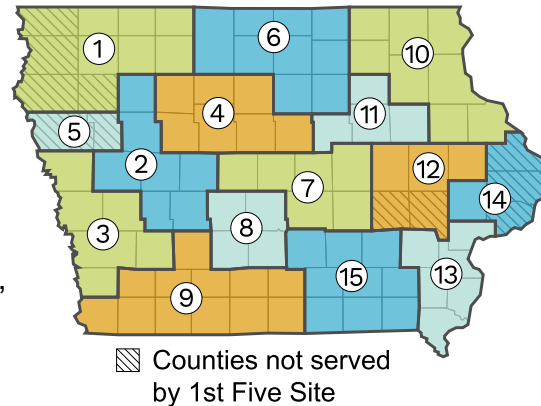


1st Five follows up with the PCP to share referral updates.

Where 1st Five is available

1st Five is available through 12 community-based organizations, serving 88 of Iowa's 99 counties across 15 Collaborative Service Areas (CSAs).

- 1 **Upper Des Moines Opportunity**
Clay, Dickinson, Emmet, O'Brien, Osceola, and Palo Alto counties.
- 2 **New Opportunities, Inc.** — Audubon, Buena Vista, Carroll, Crawford, Greene, Guthrie, and Sac counties.
- 3 **Firefly** — Cass, Harrison, Mills, Monona, Pottawattamie, and Shelby counties.
- 4 **Upper Des Moines Opportunity**
Calhoun, Hamilton, Hardin, Humboldt, Pocahontas, Webster, and Wright counties.



- 5 Service area does not have a 1st Five site.
- 6 **North Iowa Community Action Organization** — Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, and Worth counties.
- 7 **Mid-Iowa Community Action, Inc.** — Boone, Jasper, Marshall, Powershiek, Story, and Tama counties.
- 8 **EveryStep** — Dallas, Madison, Polk, and Warren counties.
- 9 **MATURA Action Corporation** — Adams, Adair, Clarke, Decatur, Fremont, Lucas, Montgomery, Page, Ringgold, Taylor, Union, and Wayne counties.
- 10 **Dubuque Visiting Nurse Association** — Allamakee, Chicsaw, Clayton, Delaware, Dubuque, Fayette, Howard, and Winneshiek counties.
- 11 **Black Hawk County Public Health** — Black Hawk, Bremer, Buchanan, and Grundy counties.
- 12 **Hawkeye Area Community Action Program, Inc.** — Benton, Jones, and Linn counties.
- 13 **Lee County Health Department** — Cedar, Des Moines, Henry, Lee, Louisa, Muscatine, and Washington counties.
- 14 **Lee County Health Department** — Cedar county.
- 15 **American Home Finding Association** — Appanoose, Davis, Jefferson, Keokuk, Mahaska, Marion, Monroe, Van Buren, and Wapello counties.

1st Five Successes

Fiscal Year 2025



1,200+
PCPs



450+
Clinics

2,813
referrals

Referred Families Outcomes

If families were able to be contacted by 1st Five and consented to services...

95%

had ideal services available and the child was connected to resources.

2% were referred to a best fit service because ideal services were unavailable.

1% were not eligible for local services.

1% were placed on a waitlist for ideal services.

<1% had no local services available.

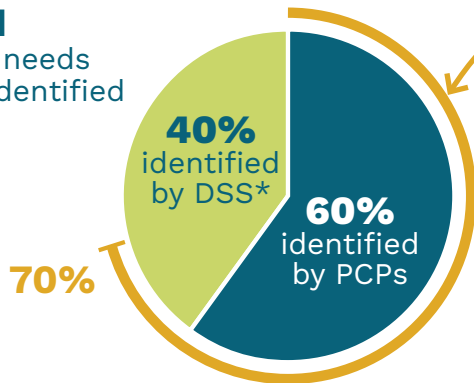


1st Five Parent

"[1st Five] helped me with connecting with the CDC to come and test our house for lead exposure and referral... They also helped my kids get a dentist that worked with our insurance. They were really open to any questions and willing to help always."

Family Needs Outcomes

3,961
family needs
were identified

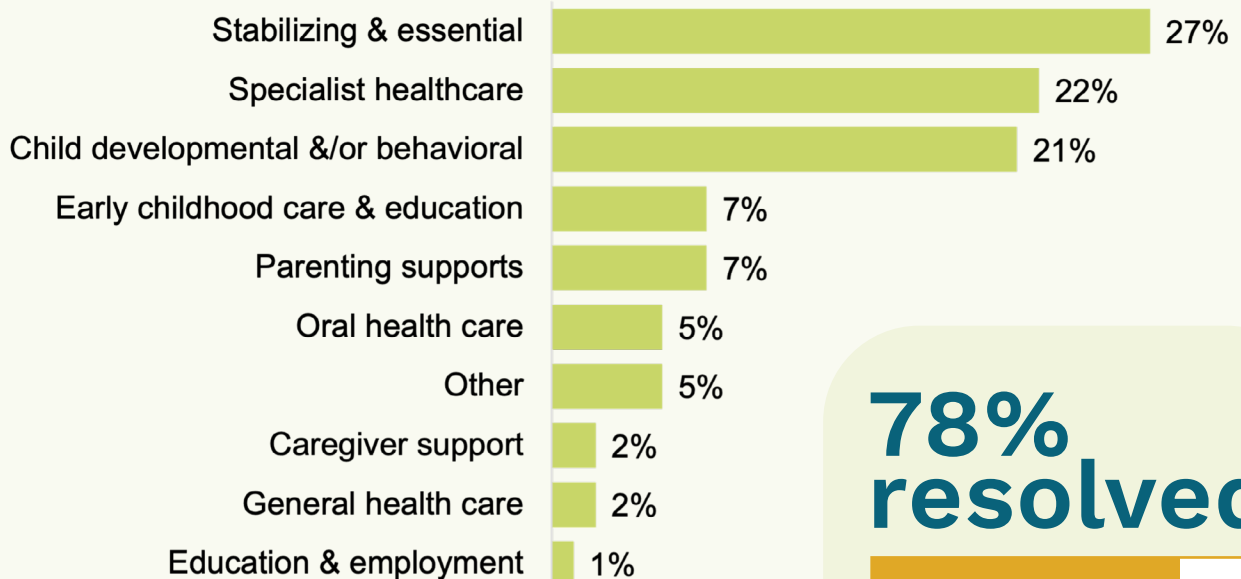


Over **70% of needs identified** were for:

- ◆ stabilizing & essential needs (*financial assistance, food, clothing, insurance*)
- ◆ specialist healthcare (*maternal and fetal medicine, pediatrics, orthopedics, vision screening*)
- ◆ child development & behavioral needs

*Developmental Support Specialists

Identified Family Needs by Category



78% resolved

when 1st Five was able to reach the family.