

SFY27 MHBG NAVIGATE DELIVERABLES AND GUIDANCE

For Deliverable 1 the Iowa City team is not required to provide peer support. Deliverable 6A applies to the Iowa City team as they will be in a ramp up phase in SFY27.

Technical Assistance (TA) Provider: University of Iowa Center of Excellence for Behavioral Health (UI-CEBH). HHS will contract with UI-CEBH for provision of technical assistance through HHS's existing TA provider.

DELIVERABLE 1

(Blended) The Contractor shall develop and implement the NAVIGATE model program which will serve youth and adults (ages 16-40), experiencing a first episode of psychosis (FEP) or early onset of symptoms related to one of the diagnoses listed below:

The diagnostic categories to be included in the program include non-affective psychoses – Schizophrenia, Schizoaffective-Disorder, Schizophreniform Disorder, Other Specified Schizophrenia Spectrum and Other Psychotic Disorder, and Brief Psychotic Disorder.

Performance Measure 1

The Contractor shall provide qualified staff to fulfill the following NAVIGATE team roles. Some roles may be provided by the same person. All staff must meet qualifications identified in the NAVIGATE Directors' Guide where specified. CSS shall meet the Iowa Administrative Code 441 Chapter 24, Division III criteria for CSS staff:

1. Prescriber
2. Team Leader/Program Director
3. Individual Resiliency Trainer (IRT)
4. Family Education Provider (FEP)
5. Supported Employment and Education provider (SEE)
6. Community Support Services provider (CSS)
7. Peer Support Specialist (PSS) maximum .5 FTE (applies to Abbe Center Cedar Rapids, Siouxland MHC, and Eyerly Ball)

New team members will complete all required training within one month of becoming a NAVIGATE team member. The training will be provided by the program director and/or other contractual staff with HHS.

In the event of a team member vacancy, the Contractor shall notify the Agency within 10 days and provide a plan for coverage of the duties of the vacant role.

The Team Leader shall provide individual supervision to each member of the team on a weekly basis. Staff time is billed only for actual non-billable services provided and for documented attendance at technical assistance activities and team meetings.

Performance Measure 2

Monthly group technical assistance will be provided to the family psychoeducation provider, individual resiliency training therapist, supported employment specialist, community support services staff, peer support specialist and program director. TA will be coordinated with the HHS TA contractor and NAVIGATE teams.

Performance Measure 3

The Team Leader shall participate in scheduled Team Leader meetings and other TA activities requiring Team Leader attendance. Group Team Leader meetings are scheduled at a minimum of once per month.

Performance Measure 4

Any deviation from the NAVIGATE model including, but not limited to, age of eligible client, any treatment not provided by a staff trained to provide NAVIGATE, or use of any intervention(s) not included in the NAVIGATE model will be reviewed with and approved by the Agency prior to any NAVIGATE services being provided. If NAVIGATE is being provided, any deviation from the model and program plan to correct the reported deviation will be reported to and approved by the Agency within five (5) business days. Enrollment of individuals receiving other clinical, habilitative, or rehabilitative services shall include a plan to actively collaborate with the individual's providers and care planning teams and demonstrate effective use of both programs without duplication.

Performance Measure 5

Data collection will be completed according to established HHS measures and submitted on a quarterly basis. Data will be reported with the Contractor's quarterly report and shall consist of the following data points:

1. A de-identified list of individuals enrolled in the NAVIGATE program including the following data points:
 - a. Individual's enrollment date.
 - b. Individuals enrolled or discharged during the quarter
 - c. Total number enrolled during the quarter
 - d. Total number served by age: adult (18 and over), or under age 18.
 - e. Enrollment status: active or inactive
 - f. Employment and education status

- g. Days of inpatient mental health care during the quarter
 - h. Services received by each individual.
 - i. Number of services provided by each member of the NAVIGATE team.
 2. In the quarter 4 report, the Contractor shall provide the information listed above both for quarter 4 and for the fiscal year for all individuals served during the contract period.

Performance Measure 6

The Contractor shall serve an average of 30 clients per month and a minimum of 35 unduplicated individuals during the contract year. This includes the continuation of services directed to individuals active on the roster at the beginning of SFY27 Q1 (July 1, 2026) but admitted in previous contract periods. If any enrolled individuals during any quarter are identified as inactive, the Contractor will submit a plan detailing how the program will work to return inactive clients to active status within the subsequent quarter. If identified as inactive due to progress made toward discharge from the program, information regarding the plan to move toward discharge needs to be included in the quarterly report. Individuals enrolled in the program who do not participate in services or engage with staff for three months should be deemed inactive. They may remain in the program in the inactive category for up to another six months with documentation of efforts to engage the individual.

Performance Measure 6A (Abbe Center Iowa City only)

The Contractor shall continue to add 2-3 clients per month during the contract period building to an average of 30 clients served monthly by the end of the contract period. This includes the continuation of services directed to individuals active on the roster at the beginning of SFY27 Q1 (July 1, 2026) but admitted in previous contract periods. If any enrolled individuals during any quarter are identified as inactive, the Contractor will submit a plan detailing how the program will work to return inactive clients to active status within the subsequent quarter. If identified as inactive due to progress made toward discharge from the program, information regarding the plan to move toward discharge needs to be included in the quarterly report. Individuals enrolled in the program who do not participate in services or engage with staff for three months should be deemed inactive. They may remain in the program in the inactive category for up to another six months with documentation of efforts to engage the individual.

Performance Measure 7

Individuals admitted to NAVIGATE shall be introduced to all NAVIGATE team members within the first 14 days of entering the program. This introduction may be executed through in-person, telephone, or telehealth methods. Entering the program is defined as when the team and program director have determined the individual's appropriateness for NAVIGATE and the individual has agreed to participate in NAVIGATE services.

Performance Measure 8

The Team Leader shall submit required fidelity measures for Team, SEE, and Prescriber to the Agency with the quarterly report and participate in Agency-directed fidelity review processes. The Team Leader shall work with the TA provider to implement the overall Team Fidelity scale and submit IRT and FEP recording scores and other required fidelity measures to the TA provider according to the schedule developed by the TA provider. During SFY27, the Agency will be working toward implementing a new fidelity review process which will include on-site reviews by UI-CEBH technical assistance staff. The Agency will provide further details to the Contractor as this process is implemented. All fidelity activities and results shall be included in the quarterly reports.

Performance Measure 9

Contractor shall conduct program outreach to a minimum of six (6) potential referral sources each quarter. Outreach can consist of phone calls, face to face/virtual meetings, presentation at meetings or events, or other forms of outreach.

Performance Measure 10

Required SEE activities include documentation of two (2) community job development activities per month.

Performance Measure 11 Optional

Offer a support group for family members and significant others of individuals enrolled in the NAVIGATE program. Contractor will provide a plan with their proposed deliverables that describes the purpose and approach of the support group.

Performance Measure 12 Optional

Offer a support group for individuals enrolled in the NAVIGATE program. Contractor will provide a plan with their proposed deliverables that describes the purpose and approach of the support group.

Client Barrier Funds: Allowable usages

- Support access to mental health services through reimbursement to providers of deductibles and co-payments for outpatient mental health services and medications not otherwise covered through SN-MIS, Medicaid, Medicare or other third party reimbursement.
- Funding of transportation costs for program participants to access mental health and other supportive services.
- Other services and supports will be approved on a case-by-case basis within the guidelines listed below.

MHBG Funds may not be used to:

- Provide inpatient services
- Make cash payments to intended recipients of health services
- Purchase or improve land, purchase, construct, or permanently improve (other than minor remodeling) any building or other facility, or purchase major medical equipment
- Satisfy any requirement for the expenditure of nonfederal funds as a condition for the receipt of Federal funds
- Provide financial assistance to any entity other than a public or nonprofit private entity
- Pay for salaries of administrators and supervisors not directly involved in carrying out the contract,
- Ongoing overhead costs such as space, utilities, clerical services, and accounting services or cost of any audits.
- Community mental health block grant funds cannot supplant existing resources dedicated to the funding of services.
- Purchase goods for a client (example-rent, food, phone service, phones, computers)