

Iowa Quitline Monthly Dashboard: Youth and young adults

	January 2026		February 2026		March 2026		April 2026		May 2026		Total FYTD	
	#	%	#	%	#	%	#	%	#	%	#	%
Youth	12	5%	8	3%	7	3%	9	4%	4	2%	40	3%
Young Adult	19	8%	14	6%	25	9%	16	6%	14	8%	88	7%
Over 24	208	87%	221	91%	247	89%	230	90%	168	90%	1,074	89%
Youth												
CC 1	4		3		3		3		2		15	
CC 2	1		2		2		3		2		10	
CC 3	1		1		1		3		1		7	
CC 4	1		1		1		3		1		7	
CC 5+	1		1		1		2		1		6	
Ordered NRT	0		0		0		0		0		0	
Evidence-based	4		3		3		3		2		15	
Coaching AND NRT	0		0		0		0		0		0	
Young Adult												
CC 1	2		4		2		1		0		9	
CC 2	0		3		1		1		0		5	
CC 3	0		2		1		1		0		4	
CC 4	0		0		1		1		0		2	
CC 5+	0		0		0		1		0		1	
Ordered NRT	8		5		12		8		8		41	
Evidence-based	8		7		12		8		8		43	
Coaching AND NRT	2		2		2		1		0		7	