

Iowa Quitline Monthly Dashboard: Youth and young adults

	January 2026		February 2026		March 2026		April 2026		May 2026		June 2026		July 2026		Total FYTD	
	#	%	#	%	#	%	#	%	#	%	#	%	#	%	#	%
Youth	12	5%	8	3%	7	3%	9	4%	4	2%	3	2%	2	1%	45	3%
Young Adult	19	8%	14	6%	25	9%	16	6%	14	8%	9	5%	11	6%	108	7%
Over 24	208	87%	221	91%	247	89%	230	90%	168	90%	171	93%	175	93%	1,420	90%
Youth	CC 1	4	3	3	3	3	2	1	0	16						
	CC 2	1	2	2	3	2	0	0	10							
	CC 3	1	1	1	3	2	0	0	8							
	CC 4	1	1	1	3	2	0	0	8							
	CC 5+	1	1	1	3	2	0	0	8							
	Ordered NRT	0	0	0	0	0	0	0	0							
	Evidence-based	4	3	3	3	2	1	0	16							
	Coaching AND NRT	0	0	0	0	0	0	0	0							
Young Adult	CC 1	2	4	2	1	0	3	1	13							
	CC 2	0	3	1	1	0	1	1	7							
	CC 3	0	2	1	1	0	1	0	5							
	CC 4	0	0	1	1	0	1	0	3							
	CC 5+	0	0	0	1	0	1	0	2							
	Ordered NRT	8	5	12	8	9	2	2	46							
	Evidence-based	8	7	12	8	9	5	3	52							
	Coaching AND NRT	2	2	2	1	0	0	0	7							