

ISTEP

DIGITAL TOOLKITS

2026-2027

1.

Iowa Nicotine Free Schools

Update your school policy to be comprehensive & include an alternative to suspension

2.

PROPEL Curriculum

Substance use prevention for middle school youth

3.

Tied Together for Mental Health

Support those in need & share mental health resources

4.

Shine Bright Against Bullying

Take a stance against bullying among peers

5.

Draw Your Breath

Coping tool for anxiety relief through art

6.

The Green Bandana Project

Create a supportive school environment where it's ok to ask for help

7.

PhotoVoice Project

Story telling through photos

MORE INFO:

[HHS.IOWA.GOV/ISTEP](https://hhs.iowa.gov/istep)