

Iowa Influenza (Flu) Immunization Data

2025

Influenza vaccination data includes the number of Iowa residents recorded in IRIS as having received at least one dose of influenza vaccine during the 2025-26 flu season (August 1, 2025 – May 31, 2026). Individuals 6 months and older are recommended to receive the flu vaccine each year.

31.5%

of Iowans received influenza vaccine during the 2025-2026 season (County range: 17.1% to 42.5%)

2025-26 Influenza Immunization Coverage Compared to Previous Years

During the 2025-26 influenza season, 31.5% of Iowa residents received a flu vaccine. This is a decrease compared to last season's rate of 35.9% and is the lowest rate since 2021. Coverage rates continue to remain well below the Healthy People 2030 goal of 70% coverage.

Figure 1. Influenza Vaccination Rates in Iowa Over Time by Year

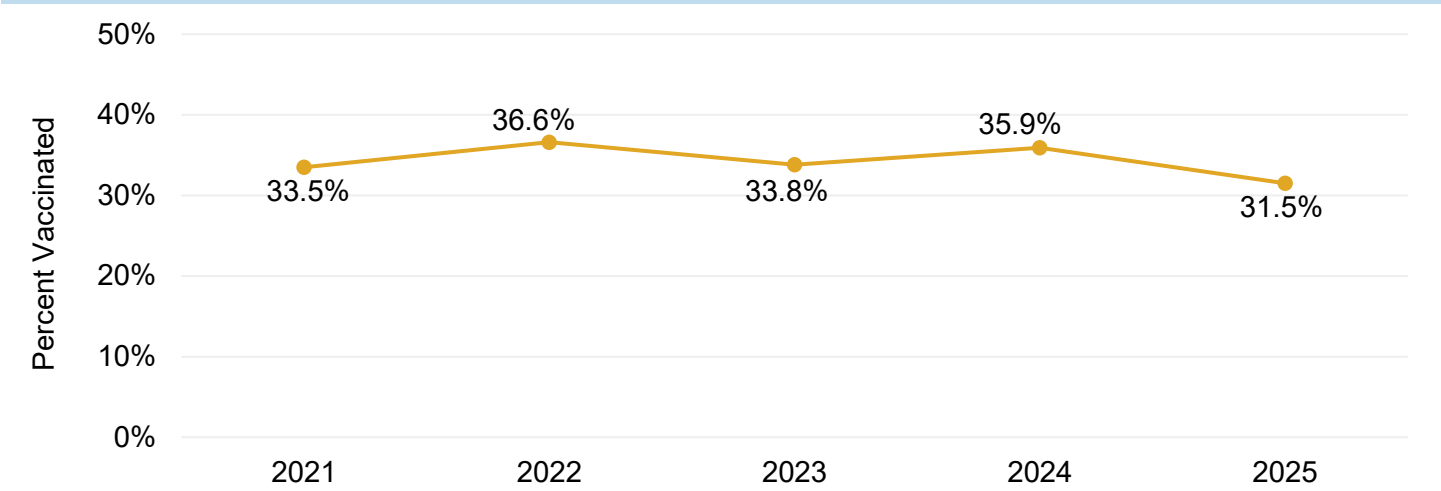
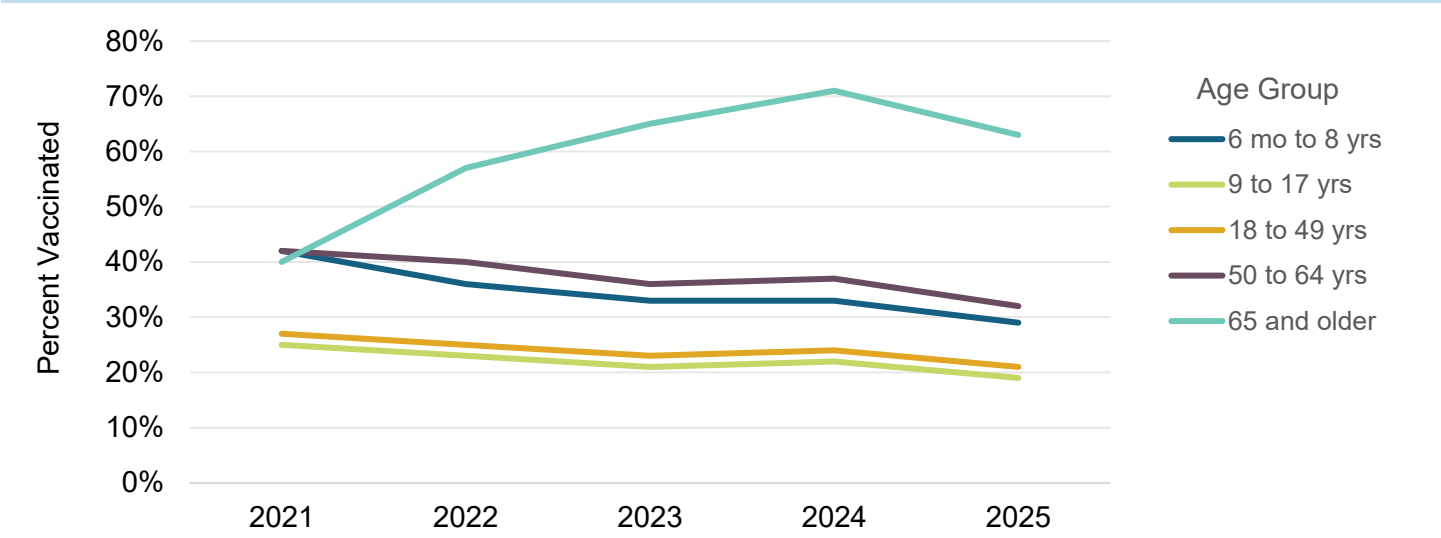


Figure 2. Influenza Vaccination Rates in Iowa Over Time by Age Group



Influenza vaccine coverage rates calculated with census population denominator.
Data can be accessed at <https://hhs.iowa.gov/about/data-reports/health-disease/immunization/influenza-vaccine-data>

Data as of 6/5/2026.