

Reach Out to Iowa Compass

Iowa Compass is a partner of the ADRC network and can help connect you with services or to your local ADRC. They are open **Monday–Friday, 8:00 a.m.–4:30 p.m. CT**. If you call after hours, on the weekend, or a holiday, please leave your name, contact information, and a brief message. They will return your call within one business day.

To learn more about how to contact Iowa Compass, visit

<https://iowacompass.org/contact/>