

Behavioral Health Service System: Year 1

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Behavioral Health Continuum



Prevention: strategies or efforts organized to prevent the development of behavioral health disorders.

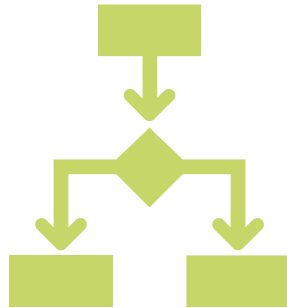
Early Intervention: interventions, services and support to at-risk individuals to address early symptoms and/or prevent the development of behavioral health disorders.

Treatment: clinical outpatient, inpatient and residential care for individuals with a behavioral health disorder(s).

Recovery: non-clinical support that promotes recovery, wellness and connection. Recovery can also mean the process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

Crisis: community-based services that focus on the immediate de-escalation and relief of the distress associated with a behavioral health crisis.

Behavioral Health State Plan Outcomes



- Build an integrated, comprehensive, statewide system of high-quality behavioral health services.
- Improve access to behavioral healthcare.
- Strengthen Iowa's behavioral health workforce.
- Increase behavioral health wellness and reduce stigma associated with asking for care and support.
- Improve health outcomes and decrease the number of Iowans who die due to substance-involvement, overdose, or suicide.

What is the toolkit?

- Collection of resources that helps us understand the behavioral health needs of Iowans and guide improvements across the state.

Where is the toolkit?

- [Iowa's Behavioral Health Service System | Health & Human Services](#)
- Posted on July 1, 2026.

What is included in the toolkit?



Behavioral Health
Dashboard



Iowa Health and
Wellbeing Survey



Behavioral Health
Service System
Reports



Community Based
Organizations and
Community Member
Feedback

Behavioral Health Dashboard

 Data Reference



Health and
Human Services

Behavioral Health Dashboard

Published

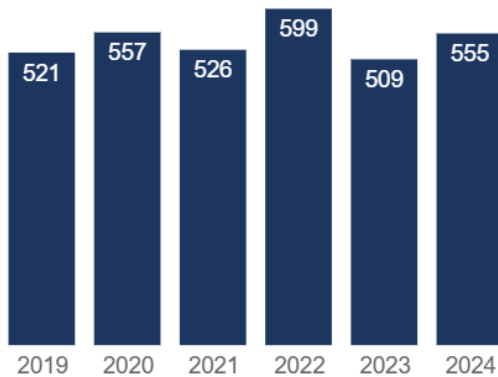
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Iowa's Behavioral Health Service System is dedicated to improving health outcomes and decreasing the number of Iowans who die due to substance-involvement, overdose, or suicide.

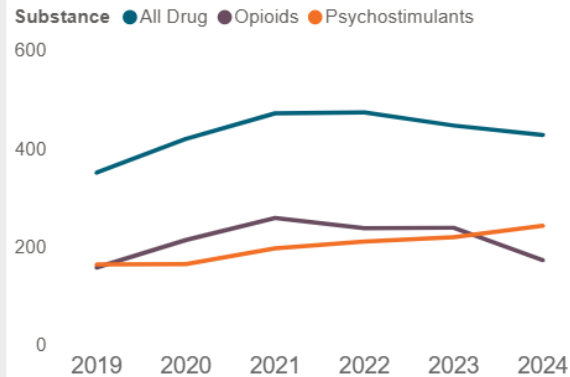
This dashboard shows the numbers and rates of deaths from overdose, suicide and alcohol to inform efforts across the Behavioral Health Continuum (prevention, early intervention, treatment, recovery, and crisis) in Iowa.

Iowa Suicide Deaths by Year



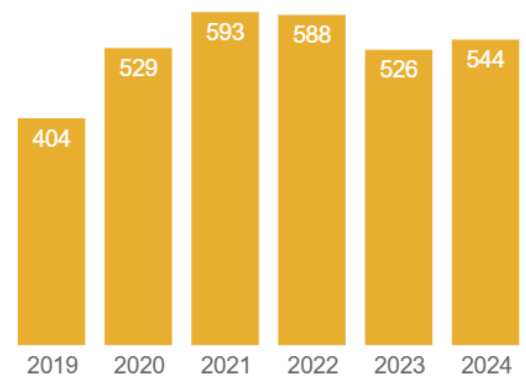
Suicide Dashboard

Iowa Overdose Deaths by Year



Overdose Dashboard

Iowa Alcohol-Involved Deaths by Year



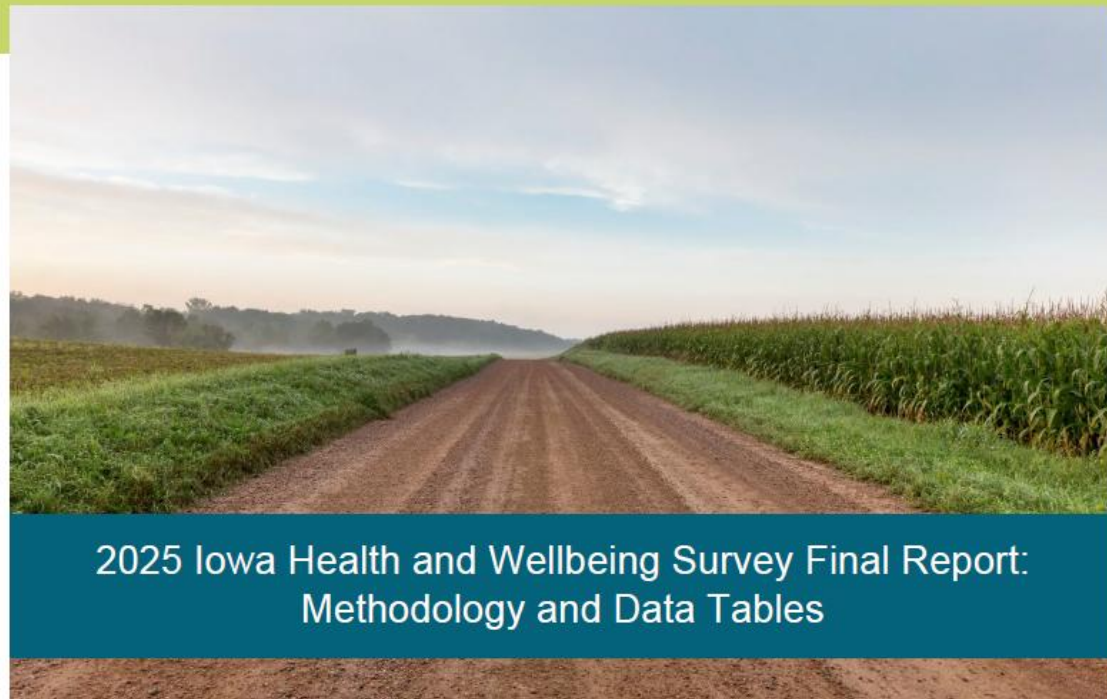
Alcohol Dashboard

Data source: Iowa Department of Health and Human Services, Bureau of Health Statistics



Health and
Human Services

Iowa Health and Wellbeing Survey



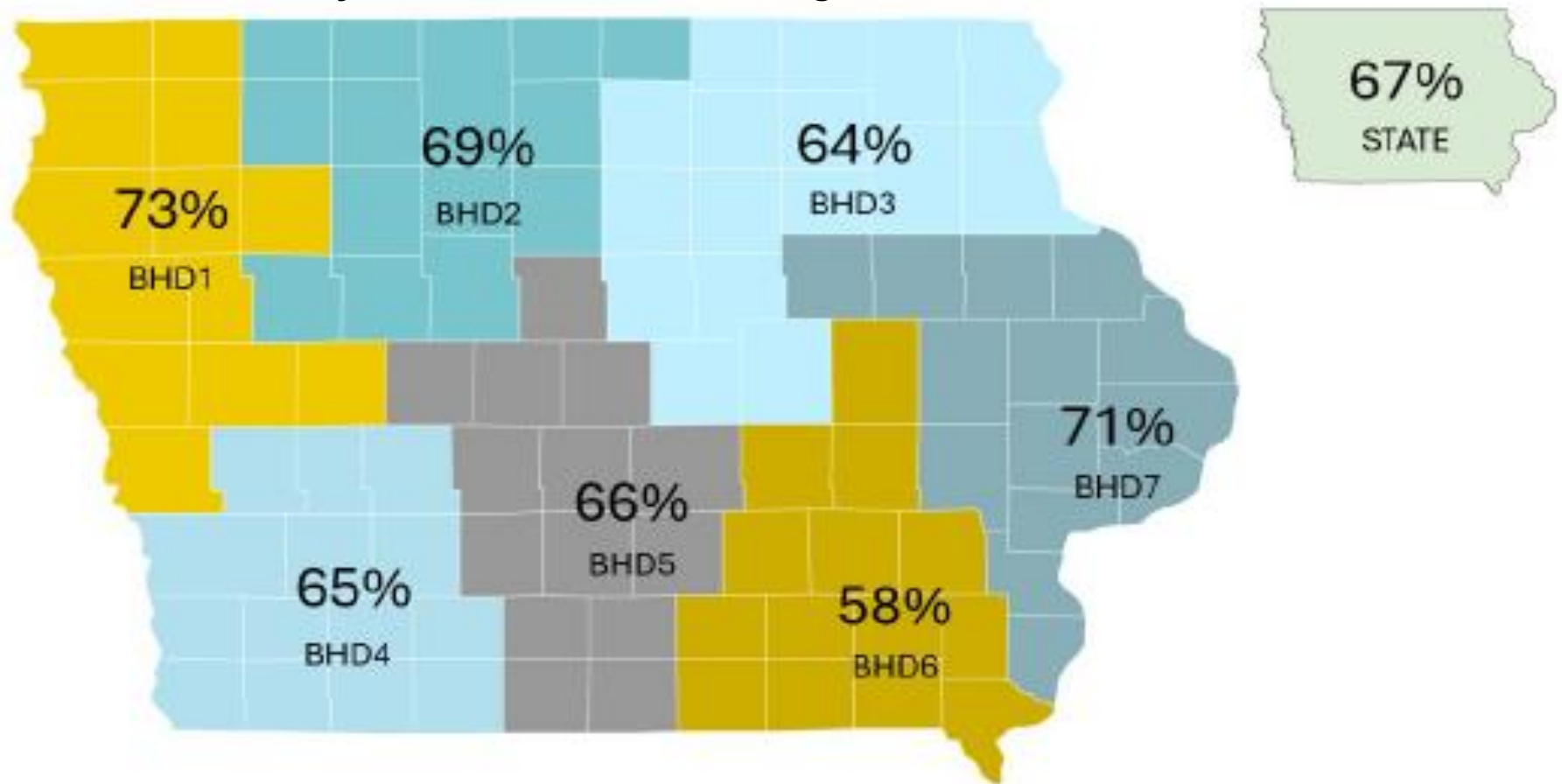
Prepared for
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Iowa Health and Wellbeing Survey: Services

Awareness of any substance use counseling or treatment services



BHSS Annual Report

COMMUNITY BASED ORGANIZATIONS			
Service Provision Data * SFY26: Q1 - Q3 (7.1.25 - 3.31.26)	Estimated SFY26	SFY25	Status
Engaged 4,601 youth in prevention activities	6,000	6,212	Stable
Provided 13,510 direct prevention services hours	20,000	19,209	Stable
Logged 53,830 988 Call Center contacts	70,000	55,125	Increase
Maintained an 88% in-state 988 answer rate	90%	89%	Stable
Enrolled 2,005 people in Quitline Iowa	2,700	2,717	Stable
Served 45,274 people - CCBHCs	60,000	NA - new	Increase
Served 1,000 students - School-based Services	1,200	NA - new	Increase
Served 3,852 people - Jail-based Services	5,000	NA - new	Increase
Initiated 4,691 dispatches - Mobile Crisis Response	6,000	4,076	Increase
Served 1,483 people - Recovery Residences	1,900	NA - new	Increase
Logged 40,387 visits - Recovery Community Centers	65,000	53,337	Increase
Provided evidence-based practice training and support to 3,726 providers	4,000	1,374	Increase

Evaluation Report: Build an integrated, comprehensive, statewide system of high-quality behavioral health services.



Prevention Reporting System



System Navigation



Safety Net Management Information System (SNMIS)



Peer Coaching and Peer Support Specialist



988

Community Based Organizations and Community Member Feedback

- District-level feedback from behavioral health Community Based Organizations and community members across Iowa highlighting their perspectives on behavioral health services.
- 1,127 CBO and community member surveys completed
- 111 guided provider conversations

Behavioral Health Service System Annual Report

Dr. Sarah Jacob, PhD

Structure of the Report



Budget and Fiscal Spend Down



Evaluation on the Outcomes of the BH State Plan



[Behavioral Health | Health & Human Services](#)



[2025-2027 Behavioral Health Service System
Statewide Plan](#)

Improve access to behavioral healthcare.

ISTEP

SBIRT

Awareness of
Services

Certified
Community
Behavioral
Health Clinics

School-based
and Jail-based
services

Recovery
Community
Centers

Mobile Crisis
Response

Strengthen Iowa's behavioral health workforce.



Learning Collaboratives



Center of Excellence for Behavioral Health



Governor's Conference on Behavioral Health

Increase behavioral health wellness and reduce stigma associated with asking for care and support.

