

Measles Checklist for Schools and Child Care Centers

Measles Planning

- ✓ Know measles signs and symptoms. Measles symptoms appear 7 to 14 days after contact with the virus. Measles typically begins with:
 - High fever (may spike to more than 104°)
 - Cough
 - Runny nose (coryza)
 - Red, watery eyes (conjunctivitis)
- ✓ Make sure students have a record of MMR (measles, mumps and rubella) vaccine, measles-containing vaccine or appropriate exemption on file.
- ✓ Recommend staff review measles immunity to include documentation of MMR vaccine or measles-containing vaccine or are considered immune to measles.
- ✓ Let families and staff know if they have not received MMR vaccine or measles-containing vaccine or are considered immune, they may need to stay home for 21 days each time exposure to measles occurs.

If a Student/Staff Member Gets Measles

- ✓ Report suspected measles cases to local public health agency (LPHA) or Iowa Health and Human Services (Iowa HHS), Center for Acute Disease Epidemiology (CADE) at 515-242-5935 or 1-800-362-2736.
- ✓ Prepare to provide contact information and immunization history of people with contact to measles cases. This will include providing information to LPHA and Iowa HHS regarding students, staff, visitors and volunteers who were at the school/child care while the person(s) had measles and were in attendance.
- ✓ Follow Iowa HHS guidelines for exposed students and staff according to immunization/immunity status.