

Recovery Housing

- Recovery housing plays an important role in Iowa's continuum of behavioral healthcare. For many individuals living with a substance use disorder, treatment can be an important step, but it is only one part of the recovery journey. Having a safe, healthy, and recovery-supportive place to live can help individuals sustain their progress and establish a strong foundation for long-term recovery.

- To strengthen recovery housing across the state, Iowa HHS has invested in the standards and certification established by the National Alliance for Recovery Residences (NARR) and created Iowa certification in 2022.

- Today, Iowa has 29 certified recovery residences offering 486 beds, including 161 beds for men and 325 beds for women. Iowa is now building on this progress by expanding recovery housing options for parents and children. In July 2026, Iowa reached another important milestone with the certification of Iowa's first recovery residence serving men and their children. In September 2026, four additional programs serving women and their children achieved NARR Level IV certification.

- These accomplishments reflect Iowa's continued commitment to expanding access to safe, healthy, and supportive environments where individuals and families can strengthen their recovery and build healthier futures.

- Iowa HHS works with the Missouri Coalition of Recovery Support Providers for NARR certification. For more information or to learn more about the NARR certification process, please contact the Recovery Housing Helpdesk at recoveryhousing@hhs.iowa.gov.



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- A Recovery Residence is a term describing a National Alliance for Recovery Residences (NARR) Certified recovery house. Recovery Residences are safe, healthy, family-like, substance-free living environments that support individuals in recovery from addiction. Founded on the social model of recovery principles, Recovery Residences mindfully cultivate prosocial bonds, a sense of community, and a safe home for individuals in all stages of recovery.

- Recovery Residences offer a home-like environment where mutual support and communal participation are the operating principles.

- Recovery Residences serve as a safe home for individuals in all stages of recovery.



Website: https://recovery-iowa.org/recovery-resources/recovery-residence/

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