

# Overview of Maternal Health Services

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# Agenda

- Public Health Division regarding the State Family Planning Program
- Brief review of Medicaid reimbursement for Family Planning Service
- Iowa Medicaid Bundled reimbursement for “having a baby”
- Iowa Medicaid Unbundled reimbursement for “having a baby”
- Post Partum Services – what happens after the baby is born



# Family Planning Program (FPP)

**Insurance coverage for lowans age 12-54 with eligible incomes.**

**Covered services include:**

- Birth control counseling and supplies
- Annual visit
- Pelvic and breast exams
- Pap tests
- Pregnancy tests
- STI testing and limited treatment
- Voluntary sterilization (vasectomy, tubal ligation “tubes tied”)
- Emergency contraception

# Family Planning Program (FPP) (cont.)

- ▶ Income guidelines are higher than most
- ▶ For teen applicants, caregiver income is not counted

| Household Size    | Monthly  | Annual    |
|-------------------|----------|-----------|
| 1                 | \$3,990  | \$47,880  |
| 2                 | \$5,420  | \$65,040  |
| 3                 | \$6,830  | \$81,960  |
| 4                 | \$8,250  | \$99,000  |
| 5                 | \$9,670  | \$116,040 |
| 6                 | \$11,090 | \$133,080 |
| 7                 | \$12,510 | \$150,120 |
| 8                 | \$13,930 | \$167,160 |
| Each person, add: | \$1,420  | \$17,040  |

Individuals who are NOT pregnant and NOT receiving Medicaid

Must provide proof of income last 30 days + proof of identity and citizenship



# Iowa Medicaid Family Planning Services

- Under Provider Type 22 Fee Schedule
- Office visits - Telehealth available
- H.R.1 - OBBBA – Focus is on Federal Payment to Prohibited Entities
  - - this is a very limited update
    - IM reviewed to Identify prohibited entities – legislations applies to providers as a whole not solely to specific services
    - IM has reviewed - Attestations are in place, AND an updated attestation will be sent to providers in the upcoming weeks

# Bundled Reimbursement from Iowa Medicaid



# Unbundled Services

Provider is  
reimbursed for  
every pregnancy  
visit

Pregnant woman  
may be seen in  
office or Video  
Telehealth

Delivery is  
reimbursed  
Separate from  
Antepartum and  
Postpartum visits

Data : Why?

What happens  
when the woman is  
discharged

January 1, 2027



# Updated Unbundled Reimbursement

- AMA presented the updated design
- Medicaid expects more updates in September 2026
- Planning the current E&M codes!



Which brings us back to the beginning of this presentation...

- Postpartum care with family planning services