

Free Medical Clinic Directory in Iowa

Medical Clinic	County	Address/Hours	Services
<u>Allen College DeBonis Free Medical Clinic</u>	Black Hawk	207 Logan Ave, Waterloo, IA 50703 No Appointment Necessary Allen College DeBonis Free Medical Clinic is offered as a clinical experience requirement for Allen College's Nurse Practitioner program (led by certified Nurse Practitioners). Days/Hours vary by month.	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Free Clinic Boone County	Boone	703 Arden St., Boone, IA 50036 (515) 432-4660 6:00 PM to 8:00 PM on the 1st and 3rd Tuesday of the month. No Appointment Necessary Doors open at 5:00 PM. First come, first served. An evening meal will be served.	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Mental Health Services • Prescription Assistance
Carroll Community New Opportunities Free Clinic	Carroll	23751 Hwy 30 East, Carroll, IA 51401 (712) 792-9266 Friday: 5:00 PM to 7:00 PM No Appointment Necessary	• General Illness • Minor Injury • Student Physical • Employment Physical • Chronic Disease Management

Grand Avenue Free Medical Clinic	Clay	First Baptist Church 1200 Grand Ave., Spencer, Iowa 51301 4:00 PM to 8:00 PM on the 3rd Thursday of the month. Patient Registration: 4:00 - 6:00 pm No Appointment Necessary	• No Dental Service offerings until further notice. • General Illness • Minor Injury • Well Child • Student Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
WayPoint Resources Free Clinic	Dallas	1155 SE Boone Drive, Waukee, IA 50263 (515) 987-5523 Mondays from 5:30 PM to 7:00 PM and the 2 nd Saturday of each month from 9:00 AM to 11:00 AM. • Physical Therapy services offered the 2nd Monday of each month. • Chiropractic services offered the 4th Monday of each month. No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Chiropractic/Physical Therapy
Lamoni Free Clinic	Decatur	Community of Christ Church 531 West Main St., Lamoni, IA 50140 Tuesday: 2:00 PM to 4:00 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Adult Immunizations • Tetanus Shot/Vaccination

			• Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance
City Hope Community Clinic	Des Moines	904 Maple St., Burlington, IA 52601 Tuesday: 5:30 PM to 7:30 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Chronic Disease Management
The Free Clinic – Dental	Dickinson	2700 23 rd St., Spirit Lake, IA 51360 6:30 AM to 8:00 PM On the 3 rd Tuesday of the month. Appointment Only: Call (712) 209-1213	• Dental Services
The Free Clinic – Medical	Emmet	Estherville Lutheran Church 208 N 8 th St., Estherville, IA 51334 6:00 PM on the 2 nd Monday of the month Appointment Only: Call (712) 209-1213	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure Testing • Chronic Disease Management • Prescription Assistance • Translation

<u>Health Kids School-Based Health Clinic</u>	Johnson	City High School - Iowa City Northwest Junior High School - Coralville Southeast Junior High School - Iowa City West High School - Iowa City Appointment Only: Call (31) 631-3204 Hours vary each school year.	- General Illness - Minor Injury - TB Testing - Blood Pressure Testing - Blood Glucose Testing - Chronic Disease Management - Dental - Prescription Assistance - Translation
<u>Iowa City Free Medical Clinic</u> <u>Parrott – Stiles Free Dental Clinic</u>	Johnson	2440 Towncrest Dr., Iowa City, IA 52240 Medical and Dental Services by appointment only: Call (319) 337-4459	- General Illness - Minor Injury - Well Child - Child Immunizations - Student Physical - TB Testing - Blood Pressure/Glucose Testing - Chronic Disease Management - Dental - Mental Health Services - Prescription Assistance - Translations - Care Coordination
<u>His Hands Free Clinic</u>	Linn	1245 2nd Avenue SE, Cedar Rapids, IA 52403 (319) 862-2636 Monday through Thursday: 9:00 AM to 4:00 PM Friday: 9:00 AM – 12:00 PM Medical Clinic: Tuesday: 10:00 am - 4:00 pm & 5:00 - 7:00 pm	- General Illness - Minor Injury - Employment Physical - Blood Pressure/Glucose Testing - Chronic Disease Management - Dental - Mental Health Services

		Wednesday: 10:00 am - 4:00 pm Thursday: 10:00 am - 4:00 pm Appointment Only Chiropractic, Physical Therapy, and Dental times vary; call for an appointment.	• Prescription Assistance • Translation • Insurance Eligibility/Enrollment Assistance
Mahaska Free Clinic	Mahaska	Love INC of Mahaska County 1901 A Avenue W., Oskaloosa, IA 52577 (641) 676-3750 5:30 PM to 7:30 PM on the 2nd and 4th Tuesday of the month. Patient Registration: 5:30 to 6:30 PM. No Appointment Necessary	• General Illness • Student Physical • Employment Physical • Blood Pressure Testing • Chronic Disease Management • Prescription Assistance
Good Samaritan Free Clinic Pella	Marion	The Well Resource Center 419 East Oskaloosa St., Pella, IA 50219 6:00 to 7:00 PM on the 1st and 3rd Thursday of the month. Please enter on the east side of the building. No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Dental • Mental Health Services • Prescription Assistance • Translation
Nodaway Valley Free Clinic	Page	822 South 17th, Clarinda, IA 51632 Brick Bldg. on Corner of 17th & Wells St.	• General Illness • Minor Injury • Well Child

		6:00 PM to 9:00 PM on the 1 st and 3 rd Thursday of the month. Patient Registration: 6:00 PM. If special circumstances arise, please call (712) 542-0702. No Appointment Necessary	• Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Palmer – Ellefson Free Clinic	Polk	1607 East 33 rd St., Des Moines, IA 50317 (515) 218-4557 Thursday: 5:30 PM to 8:00 PM No Appointment Necessary	• General Illness • Minor Injury • Student Physical • Employment Physical • Blood Pressure Testing • Prescription Assistance
Christ The King Free Clinic	Polk	5711 SW 9 th St., Des Moines, IA 50315 (515) 285-2888 Monday: 7:00 PM to 9:00 PM Clinic may close early after the final registered patient is seen. Registration begins at 6:30 PM and is first come, first served.	• General Illness/Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Conner Corinthian Free Clinic	Polk	814 School St, Des Moines, IA 50309 (515) 630-0238 Saturday: 9:00 AM to 11:30 AM No Appointment Necessary	• General Illness/Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation

Clive Community Services Free Clinic	Polk	2190 NW 82 nd St., Ste C, Clive, IA 50325 (515) 257-8550 Monday: 5:30 to 7:30 PM Registration: 5:00 to 6:00 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Grace United Methodist Church Free Clinic	Polk	3700 Cottage Grove Ave. Des Moines, IA 50311 (515) 255-2131 Tuesday: 5:30 - 7:30 pm Registration begins at 5:00 PM and is first-come, first-served. Clinic may close early, after the final registered patient is seen. No Appointment Necessary	• General Illness/Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Mental Health Services • Prescription Assistance • Translation
Margaret Cramer Clinic	Polk	Dream Center 2725 Merly Hay Rd, Des Moines, IA 50310 (515) 279-9766 6:00 PM to 8:00 PM on the 1 st and 3 rd Thursdays of the month. No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • TB Testing • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation

St. Luke's Clinic	Polk	Polk City United Methodist Church 1421 West Broadway, Polk City, IA 50226 (515) 984-6274 6:00 PM to 8:00 PM on the 1st and 3rd Wednesday of the month. No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Tetanus Shot/Vaccination • Blood Pressure/Glucose Testing • Prescription Assistance • Translation • TDAP/Flu Immunizations
Valley Junction Free Medical Clinic	Polk	West Des Moines Human Services 139 6th Street, West Des Moines, IA 50265 (515) 222-3660 Tuesday: 7:00 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • TB Testing • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Grinnell Community Free Clinic	Poweshiek	306 4th Avenue, Grinnell, IA 50112 2:00 PM to 4:00 PM on the 1st and 3rd Thursdays of the month. Appointment Only: Call (641) 236-2385	• General Illness • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Mental Health Services • Prescription Assistance • Translation

Ezra Free Clinic	Wapello	Heartland Pregnancy Center 101 S. Market St., #302, Ottumwa, IA 52501 (641) 715-3900 Tuesday: 6:00 PM to 8:30 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation • Minor Procedures
Indianola Community Free Clinic	Warren	First Assembly of God Church 1700 W. Second Ave, Indianola, IA 50125 Thursday: 6:00 PM to 8:00 PM No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease Management • Prescription Assistance • Translation
Norwalk Free Medical Clinic	Warren	Crossroads Church 2601 Border St., Norwalk, IA 50211 5:45 PM to 7:15 PM on the 1st and 3rd Thursday of the month. No Appointment Necessary	• General Illness • Minor Injury • Well Child • Student/Sport Physical • Employment Physical • Blood Pressure/Glucose Testing • Chronic Disease/Education Management • Medication Access/Assistance

Decorah Community Free Clinic Winneshiek

2nd Thursday of the Month:
302 W. Broadway St., Decorah, IA 52101
(563) 419-0962

4th Thursday of the Month:
St. Paul's Lutheran Church
116 E. Military Rd., Decorah, IA 52101
(563) 419-0962

6:00 PM to 8:00 PM on the 2nd and 4th Thursday
of each month. Patient Registration at 5:30 PM
(all patients **must** arrive by 6:00 PM).

No Appointment Necessary

- General Illness
- Minor Injury
- Well Child
- Student Physical
- Blood Pressure/Glucose Testing
- Chronic Disease Management
- Prescription Assistance
- Translation