

Opioid Profile - District 1

September 2026

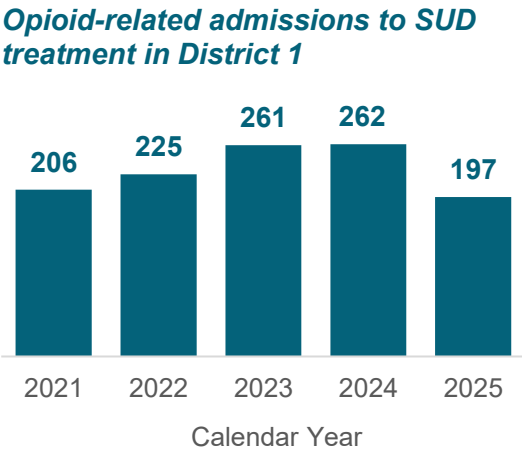
This profile brings together opioid-related information from multiple sources to help lowans better understand opioid trends in their communities and see how opioid settlement funds are currently being allocated by Behavioral Health Districts.

Substance Use Treatment Admissions

Opioid-related admissions to licensed substance use disorder (SUD) treatment providers in District 1 increased from 2021 to 2024, but declined from 2024 to 2025. During those years, of all substances reported at time of admission to SUD treatment, opioids have remained the fourth most common substance.

Note: Counts are based on patient residence. Data as reported by licensed SUD treatment provider.

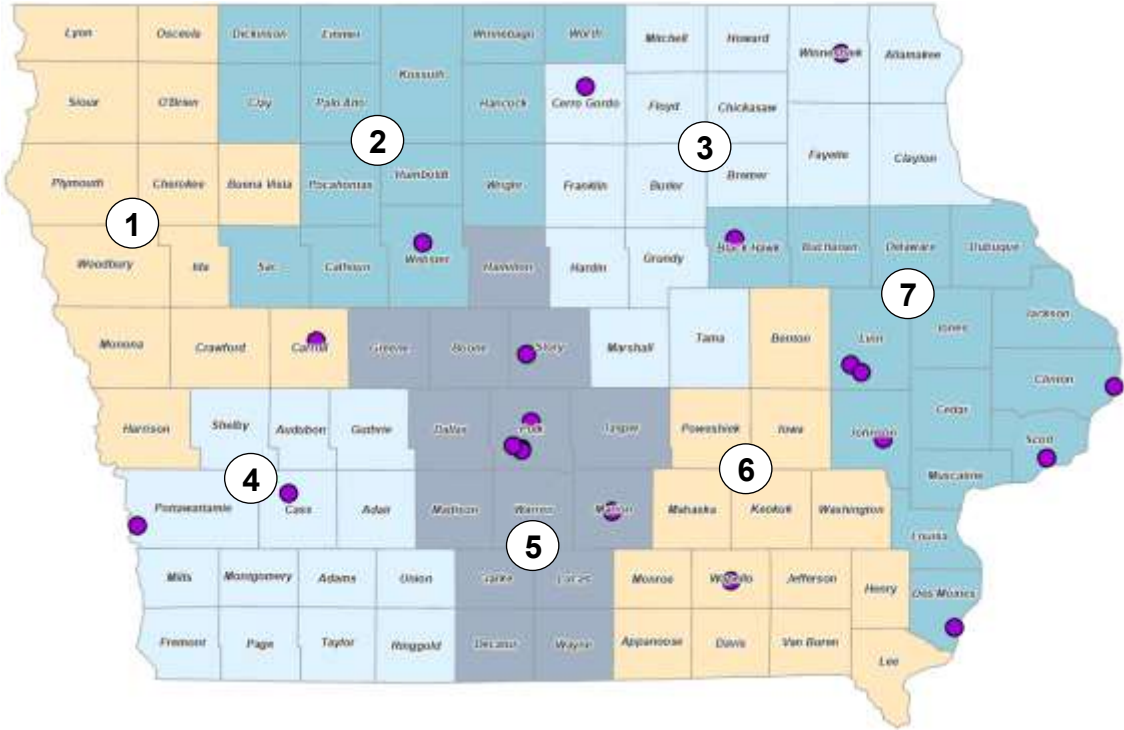
Source: Iowa HHS, Iowa Behavioral Health Reporting System. Data was accessed on August 19, 2026.



Opioid Treatment Programs

Opioid use disorder treatment is available in a variety of forms. The term "Opioid Treatment Programs (OTPs)" refers to highly regulated methadone clinics, most of which also provide access to other medication assisted treatment options. OTPs are still the only places with permission to dispense methadone for opioid use disorder treatment. **District 1 currently has one OTP located in Carroll County.**

Location of Opioid Treatment Programs in Iowa by Behavioral Health District

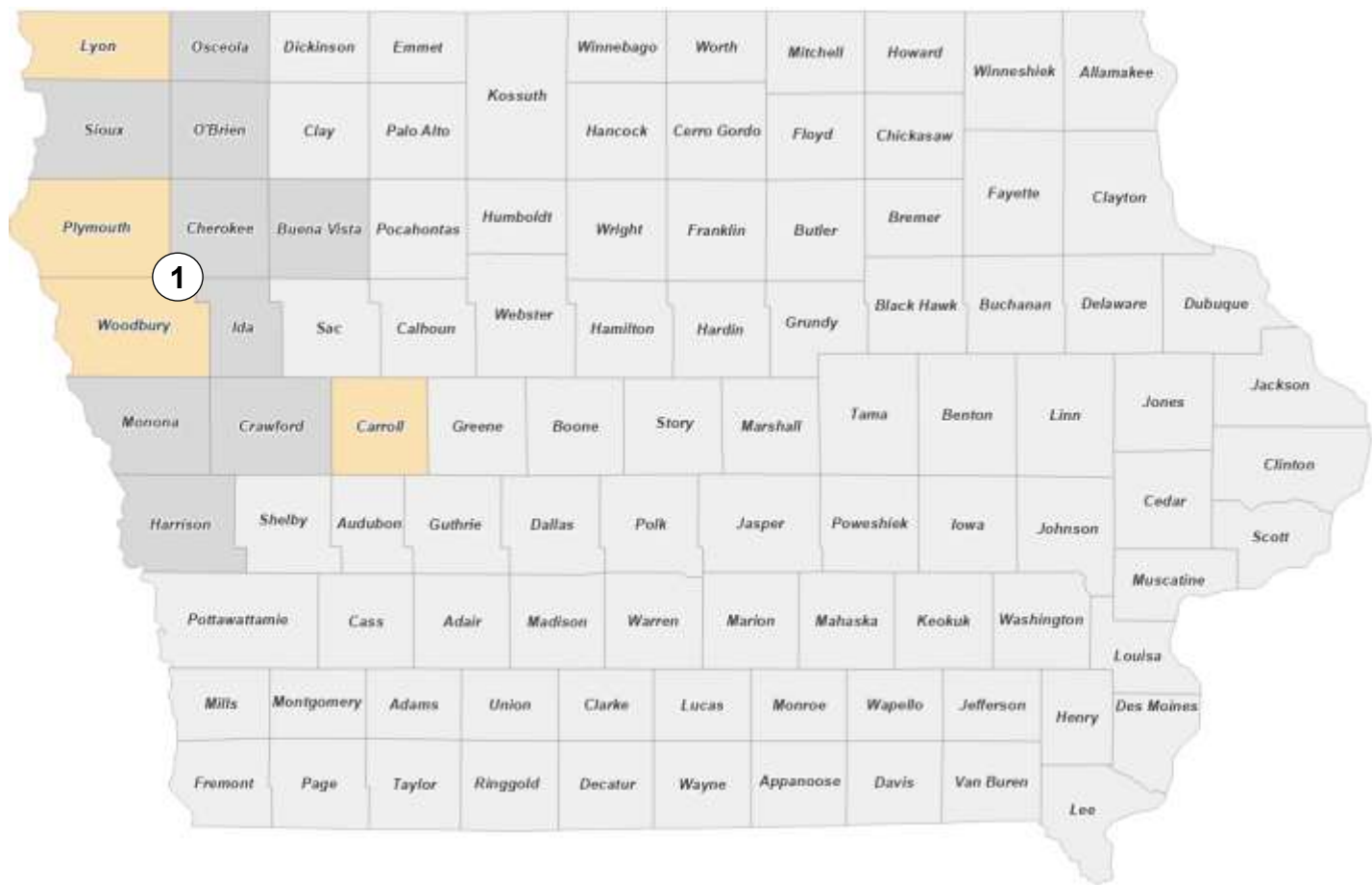


Source: Iowa HHS, Division of Behavioral Health. Data was accessed September 2, 2026.

Naloxone Distribution

Between October 2023 and August 2026, organizations in **4 out of 13 counties (31%) in District 1 utilized the NARCANDirect program** through Iowa HHS. The organizations within those four counties (Lyon, Plymouth, Woodbury and Carroll), have been sent over 3,600 Narcan kits to distribute across their communities.

Counties with NARCANDirect Distribution Orders in District 1, October 2023 – August 2026



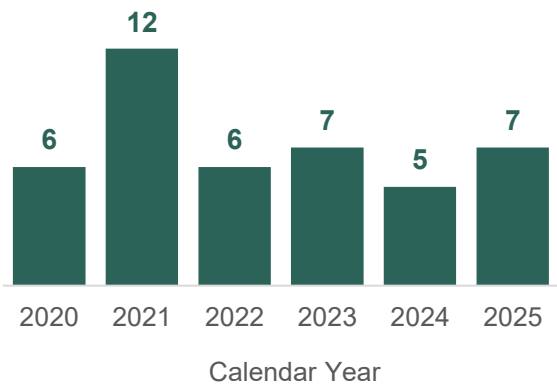
Source: Iowa HHS, Division of Behavioral Health. Data was accessed on September 3, 2026.

Opioid-involved Deaths

Between 2020 to 2025, District 1 saw the highest number of opioid-involved deaths in 2021. Outside of 2021, the past six years show that counts have remained similar in District 1 with around 5-7 deaths a year with the lowest count in 2024.

Source: Iowa HHS, Bureau of Health Statistics. Data was accessed August 2026.

Number of opioid-involved deaths in District 1



Opioid Settlement Funding (OSF) Distribution

In District 1, 9 projects over two counties (Woodbury and Carroll) have received state-distributed OSF funds. Please note that this map shows the location of the organization that received funding for the OSF project; however, the project itself may cover a broader geographic area.

Location of OSF in Iowa by Behavioral Health District

