

Suicide in Iowa, 2024

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The Iowa Violent Death Reporting System (IAVDRS) is a Centers for Disease Control and Prevention (CDC) funded statewide surveillance system that collects information on deaths in Iowa resulting from homicide, suicide, unintentional firearm deaths, legal intervention, and deaths from undetermined intent. Iowa began collecting data in 2015, with statewide coverage achieved in 2016.

In 2024, there were 654 total violent deaths involving Iowa residents. Five hundred and twenty-four deaths (80%) were classified as suicide. This report is a summary of suicide deaths of Iowa residents occurring in 2024.

Types of Violent Deaths Among Iowa Residents

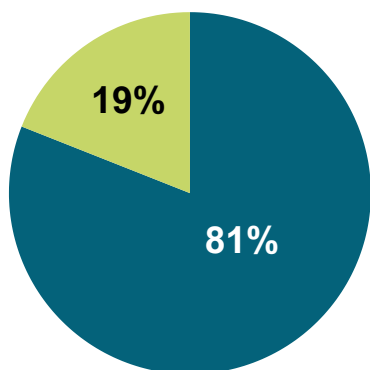
- In 2024, the majority of violent deaths in Iowa were classified as suicide, 80.1%.
- The remaining violent deaths in Iowa were attributed to homicide (13.0%), undetermined (5.1%), and legal intervention (1.7%).

Suicide in Iowa

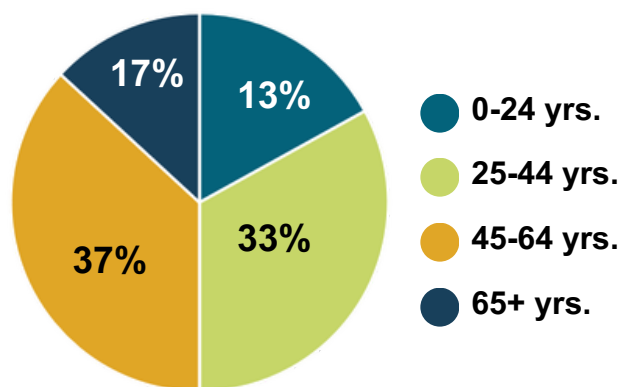
- **State Rate:** Iowa's suicide rate in 2024 was 16.2 per 100,000 residents.
- **U.S. Comparison:** The suicide rate in Iowa was higher than the national average of 13.7 per 100,000 residents.
- **Sex:** Males accounted for 81% of deaths from suicide and females accounted for 19% of deaths.

Suicide Deaths by Sex - Iowa, 2024

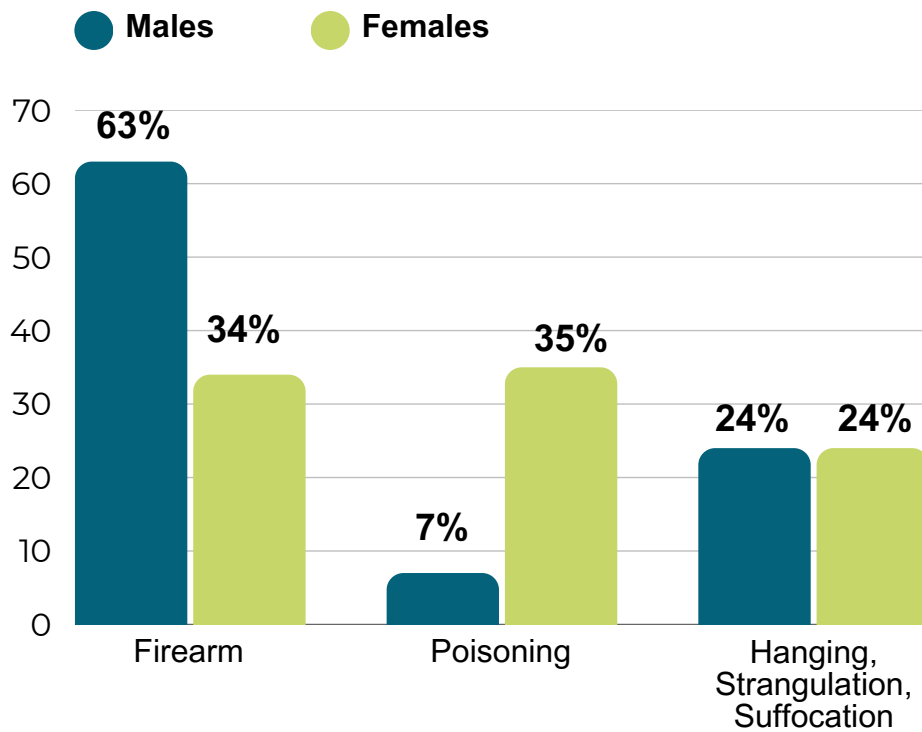
● Males ● Females



Suicide Deaths by Age - Iowa, 2024



Suicide Cause of Death - Iowa, 2024



Helplines

988 Suicide & Crisis Lifeline

Free, confidential crisis support available 24/7.
Call or text **988** | [988Lifeline.org](https://988lifeline.org)

Your Life Iowa

Free, confidential support for Iowans.
Call **855-581-8111** | Text **855-895-8398** | YourLifeIowa.org

Suicide Prevention Resources

CDC Suicide Prevention

Suicide prevention data, strategies, and evidence-based resources.
cdc.gov/suicide/resources

American Foundation for Suicide Prevention

Prevention education and support for those affected by suicide.
afsp.org

References:

National Suicide Rates – Centers for Disease Control & Prevention, National Center for Injury Prevention and Control. <https://www.cdc.gov/injury/wisqars/index.html> Data updated August 2023.

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