



Older Adults As Active Members of Care Partnerships RECIPROCITY is important for the health and well-being of all care partners.

8





Older Adults' Care Preferences The majority of older parents reported preferences for which of their adult children they would like to receive care from.

The majority of adult children were unaware of their parents' care preferences.

 Only 44.6% of adult children accurately reported their mothers' preferences for particular offspring as caregivers.

11

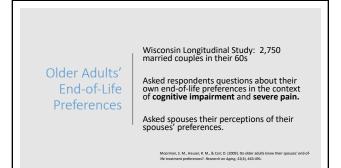
Consequences of Violated Care Preferences

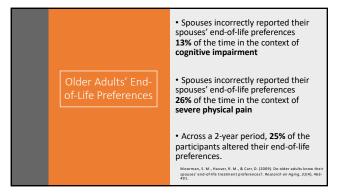
Within-Family Differences Study: Followed the families over a 7-year period.

Older mothers who received assistance from children whom the mothers did not identify as their preferred future caregivers reported higher depressive symptoms.

> https://web.ics.purdue.edu/~jsuitor/within-family-differences study/

https://web.ics.purdue.edu/~jsuitor/within-family-differences study/





14

Have conversations regarding preferences and expectations EARLY and OFTEN.

https://theconversation.com/end-of-life-conversations-can-be-hard-but-your loved-ones-will-thank-you-173614







