

OCT. 23 - 31



# RED RIBBON WEEK

## GET INVOLVED

During Red Ribbon Week, bring awareness of the harms of tobacco use and vaping to the 3rd - 6th grade students at your school by presenting the Let's Make Healthy Choices lesson in their classrooms. Place the posters around the school for students and teachers to see. Details of the lesson can be found in the Facilitator Guide. It's recommended to participate in the Additional Optional Activities to make it more interactive and engaging. This event will take preparation in order for chapter members to confidently present the information as a group. Electronic copies of the Lesson materials, including presentation slides with talking points, can be found at: [IowaSTEP.org](http://IowaSTEP.org) > Outreach > Presentations.

If you are presenting to multiple classrooms and need more materials, email [Jill.Wright@idph.iowa.gov](mailto:Jill.Wright@idph.iowa.gov).

## ACTIVITY KIT MATERIALS

Registered ISTEP chapters will be mailed an activity kit for this event. The kit includes:

- Posters
- Facilitator Guide
- Lesson worksheets
- Doodle bookmarks
- Stackable colored pencils
- Coffee straws (for the Love your Lungs activity)