STATE OF IOWA DEPARTMENT OF Health and Human services

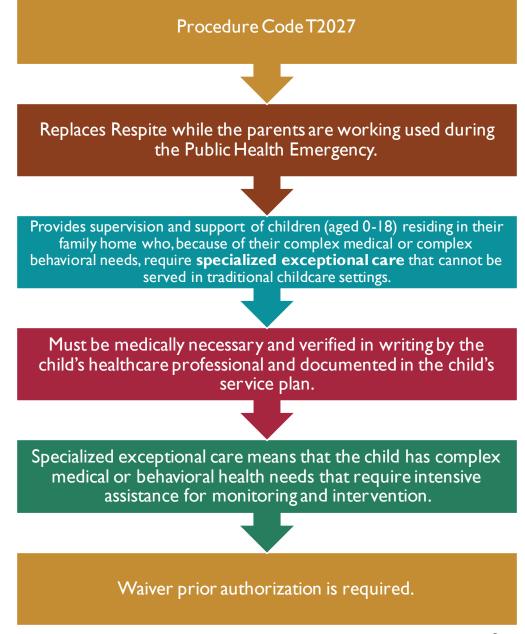


# HCBS Medical Day Care for Children and Adult Day Care in the Home

October 2023

# Medical Daycare for Children

## Medical Daycare for Children





For service authorization the following criteria must be met:

The child is under the age of 18 and eligible for the HCBS Brain Injury, Children's, Mental Health, Health and Disability or Intellectual Disability Waiver

#### AND

The service is medically necessary and verified in writing by the child's healthcare provider and documented in the child's service plan

#### AND

Documentation in the service plan confirms that State Plan Medical Childcare services and EPSDT services have been exhausted or are not available to the child

#### AND

Documentation in the service plan confirms that there is no other State Plan or HCBS services to meet the need



# Criteria

The child needs extra care beyond what's usual for their age to stay healthy, well and out of institutions.

#### AND

The child has emotional or behavioral needs, such as hyperactivity, chronic depression, severe disturbances, or the need for close supervision to ensure safety for themselves and others

#### OR

The child needs medical care like ostomy, catheterization, feeding supervision, seizure monitoring, pressure sore prevention, suctioning, transfers, personal care, and complex treatments

#### OR

The child has a complex and unstable medical condition that requires constant and direct supervision.

# Limitations



# Limitations



Medical Day Care for Children includes extra services not in the state plan, like Childcare Medical Services and EPSDT, while still aligning with the goal of avoiding institutionalization.



The cost of Medical Day for Children may not exceed \$9.67 per 15-minute unit, not to exceed the daily limit of \$340.15 per day.



Typical household activities for someone of the same age without a disability or chronic illness.



Replacing the financial responsibility of a legally responsible caregiver for childcare, as they would provide for a person of the same age without a disability or chronic illness.

#### Frequently Asked Questions (FAQs)

Childcare Medical Services	Medical Daycare for Children
Medicaid State Plan Benefit for children 0-18	HCBS Waiver Service for children 0-18
Provided in a licensed childcare center	Provided in the child's home
Medically dependent or technologically dependent children	Children with complex medical or complex behavioral needs
Physician developed Plan of Care	Member and Interdisciplinary Team developed Person Centered Service Plan
Verified medically necessary in the provider's plan of care.	Verified medically necessary by the child's healthcare provider.
The service effectively prevents, diagnoses, treats or alleviates life-threatening conditions, pain, illnesses, infirmities or worsening of disabilities or chronic illnesses for the member who needs it.	Childcare needs beyond what a typical caregiver would do for a child of the same age without a disability or chronic illness, to ensure the child's well-being and prevent institutionalization.
Service includes nursing, personal care, psychosocial services, and developmental therapies.	Emotional or behavioral needs requiring close supervision for the safety of the child and others.
Requires prior authorization.	Complex or unstable medical condition that requires constant support, monitoring, and direct supervision
	Services involve basic activities for the child's health, safety, and well-being, such as monitoring, personal care, and behavioral support.
	Requires prior authorization

#### Frequently Asked Questions (FAQs)

Can a child who has a diagnosable mental health condition receive this service?	<ul> <li>This service is for children with complex medical or behavioral health needs that go beyond what a typical caregiver can provide at home or in other child care settings for children of the same age without disabilities or chronic illnesses.</li> </ul>
Can a child receive Medical Day Care in the Home instead of Childcare Medical Services?	• The child must access the state plan service when available.
Can a parent or primary caregiver be the Medical Day Care provider for their child under the Consumer Choices Option?	<ul> <li>No, Medical Day Care for Children is given when the parent or main caregiver is at work, and no other Medicaid or non- Medicaid services can fulfill the child's need for specialized childcare.</li> </ul>
Can Medical Day Care be provided to give the parent or primary caregiver a break from caring for their child when they are not working?	<ul> <li>No. Respite care is the service that is intended to be used to give the parent or primary caregiver a break from providing care.</li> </ul>

## FAQs

Where can services be provided?

- Services are one-on-one with the child at their home. They can't happen in an institution, clinic, office, or the provider's home.
- The provider can involve the child in activities outside the home in community settings with the parent's or primary caregiver's permission.

Can the provider serve two siblings residing in the home at the same time?

 Yes, if both siblings in the home qualify for the service and the provider will serve them both at the same time, the service units will be divided equally between the siblings.

# Adult Day Care in the Home

#### Adult Day Care in the Home

Available under the AIDS/HIV, Brain Injury,Elderly Health and Disability and Intellectual Disability Waivers	Available to adults aged 18 and above living in their own home.	This may involve community activities that prevent loneliness and enhance physical and mental well-being through social interaction, building relationships, recreation, and therapy.
Waiver Prior Authorization is required.	Procedure Code : S5100	Unit of Service: 15-minute unit

# Supports

Adult Day Care at home offers organized support to individuals aged 18 and above who require supervision and help when their primary caregiver is absent, either regularly or occasionally, in a group or oneon-one setting.

Day care support covers oversight, supervision, daily living activities, like personal care and behavioral support, and occasional health-related assistance that isn't covered by other waiver or state plan programs.

# The person-centered service plan must document:



The medical necessity for Adult Day Care services provided in the home

How the member's healthcare needs are being met during service provision



The reasons why the member can not participate in services in the community such as Employment, Day Habilitation or attending an Adult Day Care center.



The days and hours of support that Adult Day Care is needed in the member's home.



The supervision and supports that member will receive during service provision.



The number of individuals that will receive the service if more that one will receive ADC in the home.

# Person-Centered Service Plan

#### Limited to up to 8.75 hours per day.

#### Limitations

Reimbursement is the licensed ADC center's 15 min rate or the provider's Specialized Respite rate not to exceed \$9.67 per 15-minute unit, not to exceed the daily limit of \$340.15 per day



For adults aged 18 to 20, state plan services including EPST must first be exhausted.

#### Definition

#### Usual or Primary Caregiver

- A person or persons who reside with the consumer and are available on a 24-hour-per-day basis to assume responsibility for the care of the consumer.
- Usual or Primary Caregiver does not include CCO employees or provider agencies that receive reimbursement for care provided.

## Frequently Asked Questions (FAQs)

Can the legally responsible person (spouse) or guardian of the adult provide adult day care in the home under the Consumer Choices Option (CCO)?	<ul> <li>For CCO, the Adult Day Care provider can't be the legally responsible spouse. If there's a guardian who isn't the primary caregiver or spouse, they can provide the service when the primary caregiver is not available.</li> </ul>
Can a member receive Adult Day Care in the home when they live alone?	<ul> <li>Adult Day Care at home is given when the usual or primary caregiver is absent. If there's no such caregiver residing in the home and they aren't available to provide care, ADC is not the service to address this situation.</li> <li>"</li> </ul>
Can Adult Day Care in the Home be provided by a licensed Adult Day Care Center?	• Yes. Enrolled Adult Day Care providers will bill their 15 min. unit rate for adult day care provided in the member's home not to exceed \$9.67 per unit and \$340.15 per day.
Is Adult Day Care provided in the Home only for supervision or does it include any care or assistance that the member requires while the primary or usual caregiver is absent?	<ul> <li>Adult Day Care at the member's home, when the primary or usual caregiver is absent, covers all the necessary services and supports like supervision, daily activities, personal care, behavioral help, and occasional health-related assistance not covered by other programs.</li> </ul>



Can two waiver member's residing in the same home with a live in caregiver receive Adult Day Care in the Home at the same time due to the absence of the primary or usual caregiver?



Yes, if members in the same home need Adult Day Care because their usual caregiver is absent, they can get it together from the same provider. The provider should divide the service units equally between the two members receiving the service simultaneously.



Usual or Primary Caregiver does not include CCO employees or provider agencies that receive reimbursement for care provided.

