

# Iowa Community-Based Services Evaluation Redesign

## Steering Committee

Tuesday April 25, 2023

# Tips and tricks for using Zoom

## ▪ **If you are joining the meeting via computer...**

- Click on the participants button at the bottom of the screen to open a box with all meeting attendees listed
- Speaking on the call:
  - Click the microphone icon to mute/unmute
  - Use the "raise hand" option to raise or lower your hand as a prompt for the meeting facilitator to call on you—click on reactions and select raise hand
- Using the chat function:
  - Click the chat icon to open the chat box and begin typing
  - Share thoughts, links, and questions

## ▪ **If you are joining by phone...**

- Press \*6 to mute/unmute
- Press \*9 to raise/lower hand

# Agenda for today

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**Introductions**

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**Project updates**

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**Entry and eligibility overview**

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**Discussion**

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**Recap of discussion**

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**Next steps**

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**Welcome, new members!**

# Meeting Norms

- **Rules Recap:**

- Respect one another's ideas
- Balanced participation
- Forward-looking solutions
- Reflect the perspective of all Iowans

- **Each meeting will focus on one aspect of implementation**

- **Members can direct questions/concerns to HHS through the escalation pathways**

# Implementation activities

## Develop streamlined screening and processes

### *Activities:*

- Screen people on Medicaid HCBS waitlists to understand their needs
- Implement new policies to prioritize waiver slots for people who are most at risk of entering a facility
- Develop data systems to support waitlist processes

## Align CBS to the needs of Iowans

### *Activities:*

- Change waivers and waiver service offerings to meet people's needs
- Assess financial impact of changes to the system
- Create a universal assessment tool to determine whether someone may receive a waiver

## Maximize access to CBS

### *Activities:*

- Identify resources to help people identify services they need
- Train people to support system navigation
- Develop a program to train case managers
- Decide how many people each case manager should support

# Communications and engagement

- **Interest form**

- Access here: <https://tinyurl.com/4vsv3pfk>
- Mathematica will reach out to individuals on a rolling basis as focus groups are scheduled

- **Iowa HHS website**

- Access here: <https://tinyurl.com/msvdkhuc>



# Project Updates





# Entry and Eligibility Overview



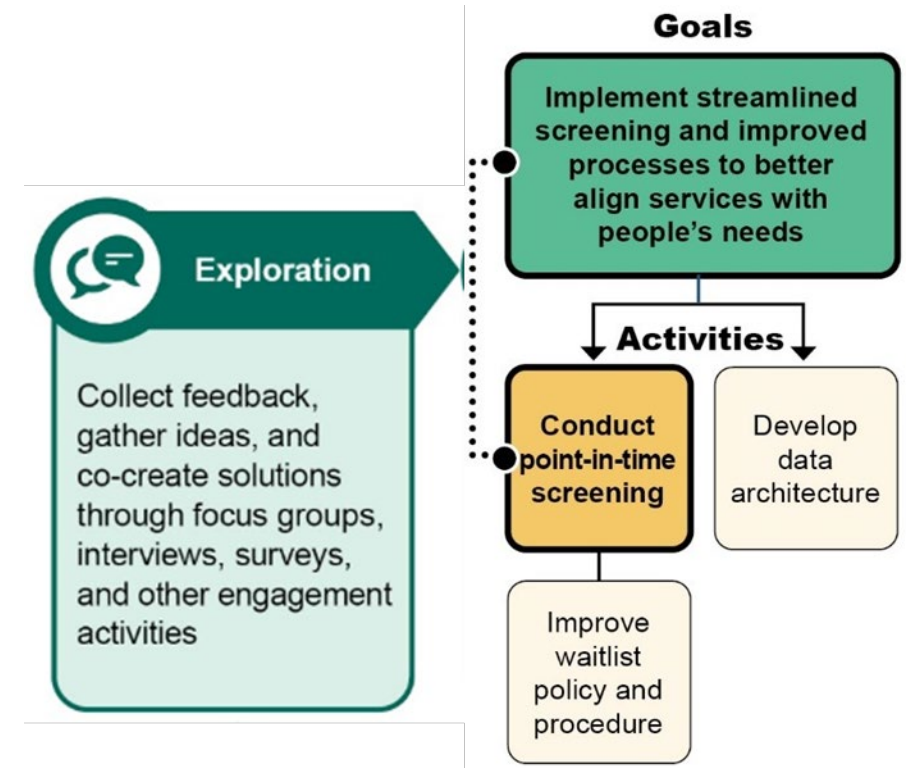
Point in time (PIT)  
screening

# Iowa needs to know more about the waitlist population to improve policy and services

- In 2022, there were more than 18,000 waiver slots requested across all five 1915(c) waivers.
- More needs to be known about the individuals waiting for these slots.
- Information about individuals currently on the waiting list will help Iowa improve screening and better align waiver services with people's needs.

# The PIT screening will identify the needs of individuals on the waiver waitlist

- Screening results for individuals currently on the waitlist will be used to **refer/connect to other non-Medicaid funded services** (e.g., MHDS)
- After collecting feedback from Invested Iowans, we will design a plan to conduct the point-in-time screenings
- The next step is to identify the actual screening tool and key elements of our approach



# States take different approaches to screening tools

**Goal: Learn about the HCBS screening tools used by other states to select a tool for the PIT screening of individuals on HCBS waiver waitlists.**

**Research on screening and assessment practices revealed two conclusions.**

- 1. States tend to use three options for developing screening tools: using preexisting tools, customizing their own tools, or building new tools**
- 2. All tools generally measure similar domains (ADLs, IADLs, health, behavioral health), but vary in length and how they can be used**
  - **ADLs** – Activities of Daily Living
    - Examples: Bathing, dressing, getting into/out of bed, walking, eating, toileting
  - **IADLs** – Instrumental Activities of Daily Living
    - Examples: Using the phone, shopping for groceries on your own, managing medication, cleaning your home, managing money and paying bills

# Factors for selecting a PIT screening tool include length, uniformity, and priority domains

- **Length:** The PIT screening should be shorter than a full screening tool in order to screen the entire waitlist for priority needs in an efficient way
- **Uniformity:** The tool will be used across waivers, and so it should be applicable to a broad array of population characteristics and consumer needs
- **Priority domains:** The tool needs to be aligned with the goals of the screening, including identifying consumers with the most immediate need and referring them to other community-based services. The screening should therefore at least measure the following areas: ADLs, IADLs, informal supports, cognition, health status, and behavioral health status.

# Definitions

- **ADLs:** Activities of Daily Living - routine activity that are generally expected to be completed daily (bathing, dressing, getting into/out of bed, walking, eating, toileting)
- **IADLs:** Instrumental activity of daily living - complex activity required for independent living (using the phone, shopping for groceries on your own, managing medication, cleaning your home, managing money and paying bills).
- **Informal supports:** Assistance with daily tasks provided by family and friends
- **Cognition:** Ability to make decisions regarding day-to-day activities and tasks
- **Health status:** Medical conditions and associated needs (e.g. hypertension, turning/positioning, tube feeding)
- **Behavioral health status:** Mental health conditions and associated needs (e.g. depression, loneliness, emotional outbursts)



# Breakout rooms!

# Discussion questions

- **What is your reaction to the concept of a single screening tool across waivers for the purposes of the point-in-time screening?**
- **What do you think about the priority domains? Are these the right ones? Are some missing?**
- **What factors do you think are important for HHS to keep in mind as it moves towards implementing the point-in-time screening?**
- **When thinking about a Medicaid member who is waiting for a waiver slot, how do they find out about other available community-based services?**
- **In the current system, how would they go about accessing those community-based services?**





# Reactions? Major takeaways?



# Next steps

# Meeting cadence and materials

- **We will send an April meeting summary in one week**
- **Meetings will be held on the last Tuesday of every month**
  - Next meeting is on May 30 from 3-4:30 pm (CST)

**May meeting will focus on journey mapping**



**Other questions?**