

Child Care Diapering Procedure

1

Prepare



- Wash hands if visibly dirty.
- Cover the diaper changing surface with a non-absorbent disposable liner.
- If you will use diaper cream, dispense it onto a tissue.
- Bring your supplies (clean diaper, wipes, diaper cream, gloves, plastic bag for soiled clothing, extra clothes) to the diapering area.

2

Clean Child



- Put on gloves. Place the child on diapering surface and unfasten diaper.
- Clean the child's diaper area with disposable wipes. Always wipe front to back, using a fresh wipe each time.
- Keep soiled diaper/clothing away from any surfaces that cannot be easily cleaned. Securely bag soiled clothing.

3

Remove Trash



- Place used wipes in the soiled diaper. Discard the soiled diaper and wipes in a plastic-lined, hands-free, covered trash can.
- Remove and discard gloves.
- Use a fresh wipe to clean your hands. Use a fresh wipe to clean the child's hands. Discard both wipes after use.

4

Replace Diaper



- Place a fresh diaper under the child.
- Use a clean glove or tissue to apply any necessary diaper cream.
- Fasten the diaper and dress the child again.

5

Wash Child's Hands



- Use soap and water to wash the child's hands thoroughly.
- Return the child to a supervised area.

6

Clean Up



- Remove liner from the changing surface and discard in a plastic-lined, hands-free, covered trash can.
- Clean and disinfect the diaper changing surface following your program's disinfecting process.
- Wash your hands thoroughly with soap and water.

Adapted from *Healthy Habits: Diaper Changing Steps for Childcare Settings*, U.S. Centers for Disease Control and Prevention (2024), www.cdc.gov/hygiene/about/healthy-habits-diaper-hygiene.html.