

# Care For Yourself Program Directory

The National Breast and Cervical Early Detection program (NBCEDP) is a federally funded program by the Centers for Disease Control and Prevention. The state is allocated dollars to provide free or low-cost breast and cervical cancer screenings. The Iowa program is called the *Care for Yourself* program and it reaches out to qualified Iowans who meet the criteria for the program.

This 2025 directory provides state and CFY contractors contact information.

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***ADAMS, FREMONT, PAGE, RINGGOLD, TAYLOR,  
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