

Organization	Address	Contact Information
 Care for Yourself State Staff	Iowa Department of Public Health Lucas State Office Building 321 East 12th Street, 4th Floor Des Moines, IA 50319-0075 Iowa Care for Yourself Program P: (515) 281-5616 F: (515) 242-6384	Jill Myers-Gadelmann, BS, RN: Program Director P: (515) 242-6067 M: (515) 321-8700 E: Jill.Myers-Gadelmann@idph.iowa.gov Ellen Maahs, MPH: Implementation Coordinator P: (515) 371-7798 E: Ellen.Maahs@idph.iowa.gov TBD: Health Services Coordinator P: (515) 314-6369 E: Ashley Ezzio, ICCE, CD (DONA): Outreach Coordinator P: (515) 515-371-6045 E: Ashley.Ezzio@idph.iowa.gov Yumei Sun, PhD: Data Manager P: (515) 201-6137 E: Yumei.Sun@idph.iowa.gov Gena Hodges, BA: Provider Contract Manager P: (515) 371-6306 E: Gena.Hodges@idph.iowa.gov Denise Attard Sacco, MPH, CHES: WISEWOMAN Intervention/Evaluation Specialist P: 515-371-1384 E: Denise.Attard-Sacco@idph.iowa.gov Sonya Loynachan, MPA: WISEWOMAN Program Manager P: (515) 371-3387 E: Sonya.Loynachan@idph.iowa.gov Adriana Munoz Espinosa: Program Support P: 515-281-5616 or 515-344-6709 E: adriana.munoz-espinosa@idph.iowa.gov

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Medical Billing Services	Medical Billing Services Attn: Iowa Screening Programs 500 East Court Avenue, Suite 305 Des Moines, IA 50309-2057	Melanie Blomquist: Accounting Clerk P: (515) 412-2815 F: (515) 237-3979 E: melanie.b@practisynergy.com or iowascreening@practisynergy.com
The University of Iowa	Center for Public Health Statistics N309 CPHB The University of Iowa 145 N Riverside Drive Iowa City, IA 52242	Karen Ullom, BBA: Health Records Analyst P: (319) 335-6866 E: karen-ullom@uiowa.edu

Administrative Local Program	Program Address	Contact Information	Other Counties Covered	
Appanoose Region 4	Appanoose County Public Health 209 East Jackson Street Centerville, IA 52544	Kristopher Laurson , Administrator P: (641) 437-4332 F: (641) 856-5575 E: klaurson@appanooseph.net Jerilyn Lasley: CFY Coordinator P: (641) 437-4332 F: (641) 856-5575 E: jlasley@appanooseph.net	Davis Wapello Wayne	
Black Hawk Region 7	Black Hawk County Health Department 1407 Independence Avenue, 5 th Floor Waterloo, IA 50703-4396	Bethany Fratzke Health Promotion Bureau Manager P: (319) 291-2413 F: (319) 291-2659 E: bfratzke@blackhawkcourtney.iowa.gov Crystal Schmitz: CFY Program Coordinator P: (319) 292-2215 F: (319) 291-2659 E: cschmitz@blackhawkcourtney.iowa.gov	Buchanan Fayette Grundy Tama	

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Buena Vista Region 11	Buena Vista Public Health/Home Care 1709 East Richland Street PO Box 1332 Storm Lake, IA 50588	Pam Bogue: Director P: (712) 749-2548 E: pbogue@bvcountyiowa.com Beth Rix: CFY Program Coordinator P: (712) 749-2548 E: brix@bvcountyiowa.com	Pocahontas Sac	
Butler Region 12	Butler County Public Nurse Service 428 6th Street, P.O. Box 325 Allison, IA 50602	Jennifer Becker: Director P: (319) 267-2934 F: (319) 267-2113 E: publichealth@butlercoiowa.org Nancy Hemann: CFY Program Coordinator P: (319) 267-2934 F: (319) 267-2113 E: nhemann@butlercounty.iowa.gov	Bremer Chickasaw Floyd Franklin Howard Mitchell	

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Carroll Region 14	Carroll County Public Health 608 N Court St. Suite A Carroll, IA, 51401	TBD: Director P: (712) F: (712) 792-0254 E: Megan Owen: CFY Program Coordinator P: (712) 775-2660 F: (712) 792-0254 E: mowen@carrollcountyiowa.org	Audubon	
Cass Region 15	Cass County Memorial Hospital Public Health 1408 East 10 th Street Atlantic, IA 50022	Beth Olsen: Director P: (712) 243-7552 E: olsea@casshealth.org Victoria Means: CFY Program Coordinator P: (712) 243-7443 F: (712) 243-7442 E: meavd@casshealth.org Linda Edelman: CFY Program Assistant P: (712) 243-7551 F: (712) 243-7442 E: edell@casshealth.org	Guthrie Harrison Mills Montgomery	
			Pottawattamie Monona	
			Adair Union	Adair County Public Health Stephanie Claussen: County Contact P: (641) 743-7205 F: (641) 743-6157 E: sclaussen@adaircountyhealthsystem.org
			Crawford	Crawford County Home Health, Hospice & Public Health Cheryl Lahr, FSP, BSN, RN: County Contact P: (712) 263-3303 F: (712) 263-4033 E: clahr@crawfordcounty.org

			Shelby	Myrtue Medical Center Shelby County Public Health Rachel Birks: County Contact P: (712) 755-4312 F: (712) 755-4538 E: Rbirks@myrtuemedical.org Anna Schwarte: County Contact P: (712) 755-4312 F: (712) 755-4538 E: anna.schwarte@myrtuemedical.org
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Cerro Gordo Region 17	Cerro Gordo Co. Dept. of Public Health 2570 4 th Street SW Ste. 1 Mason City, IA 50401	Alyse DeVries: Director P: (641) 421-9315 F: (641) 421-9346 Or (641) 421-9350 E: adevries@cghealth.com Karen Crimmings, RN, CIC: CFY Program Director P: (641) 421-9323 TF: (800) 264-2581 F: (641) 421-9350 E: kcrimmings@cghealth.com Penny McCaslin: CFY Program Assistant P: (641) 421-9329 F: (641) 421-9350 E: pmccaslin@cghealth.com		
Clarke Region 20	Clarke County Public Health 144 West Jefferson Street Osceola, IA 50213	Holly Rash: Administrator P: (641) 342-3724 F: (641) 342-2603 E: clarkeph2@mediacombb.net Heather Kimmel: CFY Program Coordinator P: (641) 342-3724 F: (641) 342-2603 E: hkimmel@clarkecountyiowa.org	Decatur Warren	
Clay Region 21	Clay County Public Health Subcontractor: Spencer Hospital 1200 1 st Avenue E Spencer, IA 51301	Colette Rossiter: Director P: (712) 264-6380 E: crossiter@spencerhospital.org Angel Smith: CFY Program Coordinator P: (712) 264-6468 E: asmith@spencerhospital.org	Palo Alto	

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Clinton Region 23	Clinton County Health Department Genesis VNA and Hospice Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803	Michele Cullen: Director P: (563) 242-7165 F: (563) 242-7197 E: cullenm@genesishhealth.com Diane Koster: CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: KosterD@genesishhealth.com Terry Pool: CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: Pool@genesishhealth.com	Jackson	
Dickinson Region 30	Dickinson County Health Department Subcontractor: Lakes Regional Healthcare Highway 71 South, PO Box AB Spirit Lake, IA 51360	Katy Burke: Director P: (712) 339-6051 E: katy.burke@lakeshealth.org Pam Gravert: CFY Program Coordinator P: (712) 339-6050 F: (712) 339-6052 E: Pamela.Gravert@lakeshealth.org	Emmet Osceola	

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Dubuque Region 31	Dubuque County Health Department	Stacey Killian: Director P: (563) 556-6200 Ext. 1901 TF: (800) 862-6133 F: (563) 556-4371 E: Stacey.Killian@unitypoint.org	Allamakee Clayton Delaware Winneshiek	
	Subcontractor: UnityPoint Dubuque Co. VNA Services Dubuque Visiting Nurse Association 660 Iowa Street Dubuque, IA 52001	Cathy Tieskoetter: CFY Program Coordinator P: (563) 556-6200 Ext. 1918 TF: (800) 862-6133 F: (563) 556-4371 E: cathy.tieskoetter@unitypoint.org		
Hancock Region 41	Hancock County Community Health 545 State Street Garner, IA 50438	Stacey Duve: CFY Program Assistant P: (563) 556-6200 Ext. 1922 F: (563) 556-4371 E: stacey.duve@unitypoint.org		
		Connie Seyer: CFY Program Assistant P: (563) 556-6200 Ext. 1908 F: (563) 556-4371 E: connie.seyer@unitypoint.org		
		Chelcee Schleuger: Director P: (641) 923-3676 F: (641) 923-2631 E: Chelcee.Schleuger@mercyhealth.com		
		Kelly Hutcheson, BA: CFY Program Coordinator P: (641) 923-3676 F: (641) 923-2631 E: hutchesk@mercyhealth.com		

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Henry Region 44	Henry County Public Health 106 North Jackson Street Suite 103 Mt. Pleasant, IA 52641 Main Number: (319) 385-0779	Shelly VanDorin, RN, BSN: Director P: (319) 385-0779 F: (319) 385-1802 E: svandorin@henrycountyiowa.us Angie Rhum: CFY Program Coordinator P: (319) 385-0779 F: (319) 385-1802 E: arhum@henrycountyiowa.us Cindy Litchfield, RN, BSN: Back up coordinator P: (319) 385-0779 F: (319) 385-1802 E: clitchfield@henrycountyiowa.us	Des Moines Lee Van Buren	
Kossuth Region 55	Kossuth Community Health 1515 South Phillips Street Algona, IA 50511	Lynzie Nilles: Director P: (515) 295-4433 F: (515) 295-5256 E: Lynzie.E.Nilles@mercyhealth.com Josie Bjustrom RN, BSN: CFY Program Coordinator P: (515) 295-2451 TF: (800) 603-8433 Ext. 613 Direct: (515) 295-4446 F: (515) 295-5256 E: Josie.Bjustrom@mercyhealth.com		
Linn Region 57	Linn County Public Health Subcontractor: Eastern Iowa Women's Health Center 4251 River Center Ct NE Cedar Rapids, IA 52042	Cindy Fester Chronic Disease Coordinator P: 319-892-6081 E: Cindy.Fiester@linncountyiowa.gov Alyssa Beisker: CFY Program Coordinator P: (319) 730-7318 E: abeisker@eihc.co Emily Williams: CFY Program Coordinator P: (319) 730-7318 E: ewilliams@eihc.co	Benton Cedar Jones Iowa	

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Marion Region 63	Marion County Public Health 2003 North Lincoln Street, PO Box 152 Knoxville, IA 50138	Kim Dorn: Director P: (641) 828-2238 F: (641) 842-3442 E: kdorn@marioncountyiowa.org Ashley Buckalew : CFY Program Coordinator P: (641) 828-2238 F: (641) 842-3442 E: abuckalew@marioncountyiowa.gov Christina Van Vark, AAS: CFY Program Assistant P: (641) 828-2238 F: (641) 842-3442 E: cvanvark@marioncountyiowa.org	Lucas Mahaska Monroe	
Muscatine Region 70	UnityPoint Health Trinity Muscatine Public Health 1609 Cedar Street Muscatine, IA 52761	Christy Roby Williams: Director P: (563) 264-9134 F: (563) 263-0520 E: Christy.RobyWilliams@unitypoint.org Savanna Helm: CFY Program Coordinator P: 563-263-0122 F: 563-263-0520 E: savanna.helm@unitypoint.org Melissa Bell: CFY Program Coordinator P: 563-263-0122 F: 563-263-0520 E: Melissa.Bell@unitypoint.org	Keokuk Jefferson Johnson Louisa Washington	

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Polk Region 77	Polk County Health Department 1907 Carpenter Avenue Des Moines, IA 50314	Kari Lebeda-Townsend: Program Manager P: (515) 286-2018 F: (515) 286-3606 E: Kari.LebedaTownsend@polkcountyiowa.gov Angelica Leguizamo, CMA: CFY Program Coordinator P: (515) 286-3921 F: (515) 286-3606 E: Angelica.leguizamo@polkcountyiowa.gov Bonnie Murphy, RN: CFY Program Case Manager P: (515) 323-5274 F: (515) 286-3606 E: bonnie.murphy@polkcountyiowa.gov Alejandra Del Rio: Office Specialist P: (515) 286-3605 F: (515) 286-3606 E: Alejandra.DelRio@polkcountyiowa.gov	Boone Dallas Greene Jasper Madison Marshall Poweshiek Story	
Scott Region 82	Scott County Health Department Subcontractor: Genesis Medical Center Care for Yourself Program 1227 East Rusholme Street Davenport, IA 52803	Tiffany Peterson, MPH, MCHES: CFY Project Director P: (563) 326-8618 EXT. 8816 F: (563) 326-8774 E: Tiffany.Peterson@scottcountyiowa.gov Diane Koster: CFY Program Coordinator P: (563) 421-3081 F: (563) 421-7659 E: KosterD@genesishhealth.com Terry Pool: CFY Program Assistant P: (563) 421-1913 F: (563) 421-7659 E: Pool@genesishhealth.com		

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Webster Region 94	Webster County Public Health 723 1 st Avenue South, Suite 220 Fort Dodge, IA 50501	Kelly Wallace: CFY Project Director P: E: Open Position CFY Program Coordinator P: E:	Calhoun Hamilton Humboldt Wright	
Woodbury Region 97	Siouxland District Health Department 1014 Nebraska Street Sioux City, IA 51105	Linda Drey: Nursing Director P: (712) 279-6119 F: (712) 279-6198 E: ldrey@siouxlanddistricthealth.org Ana Lopez: CFY Program Coordinator P: (712) 279-6119 TF: (800) 587-3005 F: (712) 255-2605 (Confidential Fax) E: alopez@siouxlanddistricthealth.org Elizabeth Hanson: CFY Program Coordinator P: (712) 279-6119 ext. 2802 F: (712) 255-2605 (Confidential Fax) E: ehanson@siouxlanddistricthealth.org	Cherokee Ida Lyon O'Brien Plymouth Sioux	
State Office	Iowa Department of Public Health Care for Yourself Program Lucas State Office Building 321 E. 12 th St. Des Moines, IA. 50309	Ashley Ezzio: Outreach and Education Coordinator Direct P: (515) 371-6045 Program P: (866) 339-7909 F: (515) 242-6384 E: ashley.ezzio@idph.iowa.gov	Adams Fremont Page Ringgold Taylor Winnebago Worth	