



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Cass (CS) 2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	12,817	3,163,561
% below 18 years of age	22.3%	22.9%
% 65 and older	23.7%	17.9%
% Non-Hispanic Black	0.4%	4.0%
% American Indian & Alaska Native	0.5%	0.6%
% Asian	0.5%	2.8%
% Native Hawaiian/Other Pacific Islander	0.6%	0.2%
% Hispanic	3.1%	6.5%
% Non-Hispanic White	94.5%	84.5%
% not proficient in English **	1%	2%
% Females	50.7%	50.2%
% Rural	53.6%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	9,000	7,000-11,000	5,600	6,500
Quality of Life				
Poor or fair health **	17%	14-19%	15%	14%
Poor physical health days **	3.7	3.4-4.0	3.4	3.1
Poor mental health days **	4.4	4.1-4.7	4.0	4.1
Low birthweight	7%	5-8%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	162	116-221	43	99
Life expectancy	75.6	74.0-77.1	80.6	78.7
Premature age-adjusted mortality	460	390-520	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	12%	10-13%	10%	9%
Frequent mental distress **	14%	13-16%	13%	13%
Diabetes prevalence **	10%	9-11%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	21%	18-24%	15%	17%
Adult obesity **	37%	36-39%	30%	34%
Food environment index	7.8		8.8	8.4
Physical inactivity **	28%	25-31%	23%	26%
Access to exercise opportunities	72%		86%	73%

Excessive drinking **	22%	21-23%	15%	25%
Alcohol-impaired driving deaths	17%	7-30%	10%	27%
Sexually transmitted infections	264.9		161.8	508.5
Teen births	20	15-26	11	16
Additional Health Behaviors (not included in overall ranking)				
Food insecurity	11%		9%	9%
Limited access to healthy foods	9%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	19	11-30	9	11
Insufficient sleep **	32%	31-34%	32%	33%
Clinical Care				
Uninsured	7%	6-8%	6%	6%
Primary care physicians	1,600:1		1,010:1	1,350:1
Dentists	920:1		1,210:1	1,440:1
Mental health providers	240:1		250:1	570:1
Preventable hospital stays	1,504		2,233	3,134
Mammography screening	52%		52%	53%
Flu vaccinations	31%		55%	54%
Additional Clinical Care (not included in overall ranking)				
Uninsured adults	9%	7-10%	7%	7%
Uninsured children	4%	2-5%	3%	3%
Other primary care providers	920:1		580:1	840:1
Social & Economic Factors				
High school completion	89%	86-91%	94%	92%
Some college	67%	58-76%	74%	71%
Unemployment	3.9%		4.0%	5.3%
Children in poverty	14%	8-20%	9%	12%
Income inequality	4.4	3.7-5.1	3.7	4.2
Children in single-parent households	13%	8-19%	14%	21%
Social associations	18.7		18.1	14.8
Violent crime	238		63	282
Injury deaths	83	63-109	61	70
Additional Social & Economic Factors (not included in overall ranking)				
High school graduation	87%		96%	91%
Disconnected youth			4%	6%
Reading scores	3.2		3.3	3.1
Math scores	3.3		3.4	3.1
School segregation	0.07		0.02	0.19
School funding adequacy	-\$35			\$1,880
Gender pay gap	0.79	0.65-0.94	0.88	0.78
Median household income	\$55,300	\$46,100 to \$64,500	\$75,100	\$62,400
Living wage **	\$36.07			\$37.38
Children eligible for free or reduced price lunch	44%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	31		16	45
Childcare cost burden **	25%		18%	24%
Childcare centers **	9		12	8
Homicides			2	3
Suicides	23	12-40	11	16
Firearm fatalities			8	10
Juvenile arrests	32			37
Physical Environment				
Air pollution - particulate matter	7.8		5.9	8.2
Drinking water violations	No			
Severe housing problems	8%	6-11%	9%	12%
Driving alone to work	80%	77-83%	72%	80%
Long commute - driving alone	16%	13-19%	16%	21%
Additional Physical Environment (not included in overall ranking)				
Traffic volume	92			260
Homeownership	73%	70-76%	81%	71%
Severe housing cost burden	8%	5-10%	7%	10%
Broadband access	79%	76-82%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data

