

Iowa Academic Science Standards

And Pick a Better Snack

Did you know? Pick a Better Snack lessons help support the Iowa Academic Science Standards. The lessons introduce and reinforce concepts students are learning in the classroom throughout the year. Many standards are touched on multiple times by the Pick a Better Snack lessons, strengthening the connection. The lessons are designed for grades K-3.

Kindergarten

| | K-LS1-1. LS1.C: Plant and animal (including humans) survival needs | K-LS1-1: Patterns | K-ESS3-1. ESS3.A: Natural resources | K-LS1-1: Sharing observations |
|----------------------------|---|--|--|--------------------------------------|
| Year 1 PABS Lessons | October March | September December February May | January April | November |
| Year 2 PABS Lessons | November January February March April May | September October December | | |
| Year 3 PABS Lessons | September October December March April | November January February | May | |

1st Grade

| | 1-ESS1-2. ESS1.B: Seasonal patterns | 1-LS1-1. LS1.A: Structure and function | 1-LS3-1. LS3.B: Variation of traits | 1-LS1-2: Patterns | 1-LS1-2. LS1.B: Growth and development of plants | 1-LS3-1: Making observations |
|----------------------------|--|--|--|--------------------------|---|-------------------------------------|
| Year 1 PABS Lessons | | September October December February March April May | | | January | November |
| Year 2 PABS Lessons | | September October November December January February March April May | | | | |
| Year 3 PABS Lessons | September May | October November December March April | January | February | | |

2nd Grade

| | 2-LS4-1. LS4.D: Biodiversity | 2-LS4-1: Planning and carrying out investigations | 2-LS2-1. LS2A: Plants depend on water and light | 2-LS2-2: Structure and function | 2-LS2-2. LS2.A: Interdependent relationships |
|--------------------------------|--|--|--|--|---|
| Year 1 PABS Lessons | January February March April May | November | October | September December | |
| Year 2 PABS Lessons | September November February | | May | October December January March | April |
| Year 3 PABS Lessons | September November December January February April May | | | | October March |

3rd Grade

| | 3-LS4-3. LS4.C: Adaptation | 3-LS1-1. LS1.B: Growth and development of organisms | 3-LS3-1. LS3.B: Variation of traits | 3-ESS2-2. ESS2.D: Weather and climate |
|--------------------------------|---------------------------------------|--|--|--|
| Year 1 PABS Lessons | October | September November March May | December February | January April |
| Year 2 PABS Lessons | September April | October November December January March May | | February |
| Year 3 PABS Lessons | September December May | October February March April | November January | |

Pick a Better Snack lessons:

<https://hhs.iowa.gov/pick-better-snack/materials>

Iowa Academic Science Standards:

<https://educate.iowa.gov/pk-12/standards/academics/science>