

## Medication/Environmental Allergy Care Plan

Purpose: Children with medication and/or environmental allergies should have the allergy documented in the child's health record with a care plan signed by the parent/guardian with actions to be taken to avoid the allergen while in child care.

For other allergies requiring possible medical intervention (e.g.: food allergies, anaphylaxis) the action/care plan is required to be completed and signed by the child's physician. Refer to the [Healthy Child Care Iowa](#) website for additional action plans and care plans.

**Child's Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Allergy to:** \_\_\_\_\_

Parent/guardian: please read and initial both of the following statements:

- My child does NOT experience anaphylaxis (a severe, life-threatening allergic reaction) to the above allergy. **Parent/guardian Initials** \_\_\_\_\_
- My child does NOT require emergency medication for the above allergy. **Parent/guardian Initials** \_\_\_\_\_

**Place a check mark below for type of allergy and common symptoms:**

- Medication Allergy: hives, rash, and fever
- Contact Dermatitis: red irritated skin or rash. Occurs when skin comes into contact with the following irritant(s): \_\_\_\_\_
- Latex Allergy: skin irritation (**if latex allergy results in anaphylaxis this form is not appropriate**, the physician must complete and sign the Anaphylaxis Action Plan)
- Seasonal Allergies: sneezing, runny nose, and red, watery, itchy eyes
- Mold Allergy: symptoms include cough, itchy, watery eyes, and hives
- Pet Dander: symptoms include cough, itchy, watery eyes, and hives
- Insect Stings: symptoms include redness, swelling and itchy skin at site of sting (**if insect sting allergy results in anaphylaxis this form is not appropriate**, the physician must complete and sign the Anaphylaxis Action Plan)
- Other (list type of allergy and symptoms): \_\_\_\_\_

**Actions to be taken at child care to avoid the allergen:** \_\_\_\_\_

**Parent/guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_