

Iowa Department of Human Services
MEDICAID PRENATAL RISK ASSESSMENT

Primary provider name	Provider phone number	Date
Client name	Phone number	Client date of birth
Address		Medicaid ID number

Gestational age at initial assessment: Weeks Date	Gestational age at rescreen: Weeks Date
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Instructions: Write the score that applies to each risk factor. (* For risk factor definitions and nutrition screen, see back.)

Risk Factor/Value	A Score Initial	Risk Factor Current Pregnancy/Value	B1 Initial OB	B2 Rescreen 28 wks+
Maternal age 20-40 = 0 16-19 or >40 = 4 ≤ 15 = 10		Bacteriuria,* chlamydia, GC this pregnancy no = 0 yes = 3		
Education GED or 12 = 0 ≤ 11 = 2 ≤ 8 = 4		Pyelonephritis *		
Marital status married = 0 single, divorced, separated = 2		Fibroids no = 0 yes = 3		
Height >5 feet = 0 ≤ 5 feet = 3		Presenting part engaged < 36 weeks no = 0 yes = 3		
Prepregnancy weight low (BMI < 19.8) = 2 obese (BMI > 29.0) = 2		Uterine bleeding ≥ 12 weeks * no = 0 yes = 4		
AB 1st trimester * < 3 = 0 ≥ 3 = 1		Cervical length < 1 cm < 34 weeks no = 0 yes = 4		
AB 2nd trimester * none = 0 1 = 5 ≥ 2 = 10		Dilation ≥ 1 cm * no = 0 yes = 4		
Race white = 0 black = 2 other = 1		Uterine irritability * ≤ 34 weeks no = 0 yes = 4		
Cone biopsy/LEEP no = 0 yes = 3		Placenta previa at < 30 weeks no = 0 yes = 4		
Uterine anomaly * no = 0 yes = 10		Oligohydramnios no = 0 yes = 10		
Previous SGA baby no = 0 yes = 10		Polyhydramnios no = 0 yes = 10		
Hx preterm labor * or preterm delivery no = 0 yes = number x 10		Multiple pregnancy no = 0 yes = 10+		
Bleeding gums/never been to dentist no = 0 yes = 5		Surgery (abdominal * ≥ 18 weeks or cerclage) no = 0 yes = 10		
Cigarette use/day 1 cig – 1/2 ppd = 1 > 1/2 ppd = 4		Depression ♦ Over the past 2 weeks have you ever felt down, depressed or hopeless? ♦ Over the past 2 weeks have you felt little interest or pleasure in doing things? (to either) no = 0 yes = 10		
Illicit drug use * (this pregnancy) no = 0 yes = 5				
Alcohol use * (this pregnancy) no = 0 yes = 2				
Initial prenatal visit * < 16 wks = 0 > 16 wks = 2		Weight gain at 22 weeks ≥ 7 lb. = 0 < 7 lb. = 2		
Poor social situation * no = 0 yes = 5		Weight loss < 5 lb. = 0 ≥ 5 lb. = 3		
Children ≤ 5 years at home 0 or 1 = 0 ≥ 2 = 2		Urine protein 0/trace = 0 1+ = 2 > 1+ = 5		
Employment * none = 0 outside school/work = 1 heavy work = 3		Hypertension * or HTN medications no = 0 yes = 10		
Last pregnancy within 1 year of present pregnancy no = 0 yes = 1		Hemoglobin Hematocrit < 11 = 3 < 33 = 3		
Subtotal A		Subtotal B1 and B2		
Other: _____ Additional risk factors indicating need for enhanced services. (See back for examples.) Points need not total 10.		Subtotal A		Subtotal A
		Subtotal B1	+	Subtotal B2
		Total 1st OB		Total 28 weeks screen

Total score of 10 points or more = high risk for preterm delivery. Check all enhanced antepartum management services that apply and indicate who will be the primary provider of each service.

<input type="checkbox"/> Care coordination _____	<input type="checkbox"/> Nutrition counseling _____
<input type="checkbox"/> Health education _____	<input type="checkbox"/> Home visit _____
<input type="checkbox"/> Psychosocial _____	<input type="checkbox"/> Oral health _____
<input type="checkbox"/> High risk follow-up _____	<input type="checkbox"/> Medical transportation _____

Signature of primary provider	Date	Client signature: Release of information	Date
Date of referral for WIC services:		(State WIC Office – 1-800-532-1579)	

Risk Factor Definition
AB 1st trimester: More than three spontaneous or induced abortions at less than 13 weeks gestation. (Do not include ectopic pregnancies.)
AB 2nd trimester: Spontaneous or induced abortion between 12 and 19 weeks gestation.
Uterine anomaly: Bicornate, T-shaped, or septate uterus, etc.
Dental visit: Routine preventive dental care; not visit for emergency extraction, mouth trauma.
DES exposure: Exposure to diethylstilbesterol in utero. Patient who has anomalies associated with diethylstilbesterol receives points for this item and uterine anomaly.
Hx PTL: Spontaneous preterm labor during any previous pregnancies (whether or not resulting in preterm birth) or preterm delivery.
Hx pyelonephritis: One or more episodes of pyelonephritis in past medical history.
Illicit drug use: Any street drug use during this pregnancy, e.g., speed, marijuana, cocaine, heroin (includes methadone), huffing, or the recreational use of Rx or OTC drugs.
Alcohol use: Consumption of 6 or more glasses of beer or wine per week or 4 or more mixed drinks per week. Includes any binge drinking.
Initial prenatal visit: First prenatal visit at or after 16 weeks gestation.
Poor social situation: Personal or family history of abuse, incarceration, homelessness, unstable housing, psychiatric disorder, child custody loss, cultural barriers, low cognitive functioning, mental retardation, negative attitude toward pregnancy, exposure to hazardous/toxic agents, inadequate support system, low self esteem.
Employment: Light work = part time or sedentary work or school Heavy work = work involving strenuous physical effort, standing, or continuous nervous tension, such as, nurses, sales staff, cleaning staff, baby-sitters, laborers
Bacteriuria: Any symptomatic or asymptomatic urinary tract infection, i.e., 100,000 colonies in urinalysis.
Pyelonephritis: Diagnosed pyelonephritis in the current pregnancy. (Give points for pyelonephritis only, not both pyelonephritis and bacteriuria.)
Bleeding after 12th week: Vaginal bleeding or spotting after 12 weeks of gestation of any amount, duration, or frequency which is not obviously due to cervical contact.
Dilation (Internal os): Cervical dilation of the internal os of one cm or more at 34 weeks gestation.
Uterine irritability: Uterine contractions of 5 contractions in one hour perceived by patient or documented by provider without cervical change at less than 34 weeks.
Surgery: Any abdominal surgery performed at 18 weeks or more of gestation or cervical cerclage at any time in this pregnancy.
Hypertension: Two measurements showing an increase of systolic pressure of 30 mgHg above baseline, an increase in diastolic pressure of 15 mgHg above baseline, or both.

Nutritional Risk Factor Assessment and Definitions
Instructions: Check nutrition counseling if any of the factors below indicate nutritional risk.
Anemia: Hgb < 11 or Hct < 33 (weeks 1-13 and weeks 27-40+) Hgb < 10.5 or Hct < 32 (weeks 14-26)
Inappropriate nutrition practices:
<ul style="list-style-type: none"> ◆ Consuming potentially harmful dietary supplements (includes excessive doses and those that may be toxic or harmful in other ways) ◆ Consumes diet very low in calories or essential nutrients (includes vegan diet defined as consuming only fruits, vegetables, and grains; macrobiotic diet; food faddism; and impaired calorie intake or nutrient absorption following bariatric surgery) ◆ Pica ◆ Inadequate iron supplementation (< 30 mg/day) ◆ Consuming foods potentially contaminated with pathogenic bacteria (raw seafood, meat, poultry, and eggs or any foods containing these products; raw sprouts; undercooked meat, poultry, and eggs; unpasteurized milk or foods containing it; soft cheeses such as feta, Brie, Camembert, blue-veined and Mexican-style cheese; unpasteurized fruit or vegetable juices; and hot dogs and luncheon meats unless reheated until steaming hot)

Examples of additional risk factors:	
Medical	<ul style="list-style-type: none"> ◆ Autoimmune disease ◆ Current eating disorder, fasting, skipping meals ◆ Diabetes ◆ Febrile illness ◆ Gestational diabetes ◆ Heart disease ◆ History of gastric bypass ◆ HIV ◆ Hyperemesis ◆ Psychiatric disorder ◆ Renal disease ◆ Seizure disorders ◆ Thyroid disease ◆ Type I diabetes
OB History	<ul style="list-style-type: none"> ◆ Caesarean section ◆ Infertility ◆ Perinatal loss
Psychosocial	<ul style="list-style-type: none"> ◆ Ambivalent, denying, or rejecting of this pregnancy ◆ Child care stress ◆ Cultural or communication barriers ◆ History of mental illness ◆ Not compliant with visit or healthy pregnancy behaviors (or not expected to be compliant without additional intervention) ◆ Teen pregnancy