

## Consumer Choices Option

### Allowable Services and Supports in Individual Budgets

There are three categories of services and supports that may be covered by the home- and community-based services (HCBS) waivers' self-direction option. The following list provides examples of services, supports, and other items in each category that may be purchased from non-traditional Medicaid providers. This list is not all-inclusive. Services and goods purchased in an individual's budget are intended to assist the individual to stay in the home and community and avoid institutionalization. It is intended that the consumer and the independent support broker be as creative as possible when developing the individual budget. Supports and goods and services not included in this list may still be purchased with prior approval through the Medicaid Department.

#### Self-Directed Personal Care

Supports that provide a range of assistance in the consumer's home or community. These supports would be provided primarily by an employee of the consumer. The following are examples of things that can be covered.

- Cleaning services
- Homemaking tasks
- Laundry assistance
- Supervision
- Lawn care
- Snow removal
- Showering assistance
- Medication management
- Personal grooming assistance
- Assistance with mobility transfers
- Meal preparation
- Respite
- Shopping
- Transportation

*All individuals providing these services must be at least 16 years of age. Individuals must also have all necessary licenses required by federal, state, and local laws including a driver's license if transporting the consumer.*

#### Self-Directed Community and Employment Supports

Supports that promote the consumer's ability to live and work in their community. These supports would be provided primarily by an employee of the consumer. The following are an example of things that can be covered.

- Self direction and self advocacy skills development
- Training on use of medical equipment
- Personal and home skills development
- Time and money management skills development
- Social skills development training
- Career preparation skills
- Career counseling
- Job hunting and career placement
- Work place personal assistance
- Supports to maintain a job
- Grooming skills development
- Cooking skills development

- Cleaning skills development
- Utilization of public transportation skills development
- Companionship
- Supports to attend social activities
- Safety and emergency preparedness skills development

*All individuals providing these services must be at least 18 years of age. Individuals must also have all necessary licenses required by federal, state, and local laws including a driver's license if transporting the consumer.*

### **Individual-Directed Goods and Services**

Individual-directed goods and services are services, equipment or supplies not otherwise provided through the Medicaid state plan that address an identified need in the service plan. The item or services would decrease the need for other Medicaid services, promote inclusion in the community, and increase the participant's safety in the community or home. These items or services would primarily be purchased from a community business. The following are examples of things that can be covered.

- |   |                                    |
|---|------------------------------------|
| ➤ Assistive devices                         | ➤ Errand services                  |
| ➤ Cooking services and home delivered meals | ➤ Career preparation skills        |
| ➤ Medical equipment                         | ➤ Career counseling                |
| ➤ Home modifications                        | ➤ Job hunting and career placement |
| ➤ Vehicle modifications                     | ➤ Employee advertising             |
| ➤ Cleaning services                         | ➤ Appliances for independence      |
| ➤ Laundry services                          | ➤ Bus pass                         |
| ➤ Handyman services                         | ➤ Taxi and transportation service  |
| ➤ Lawn care services                        | ➤ Workers compensation             |
| ➤ Snow removal                              | ➤ Other                            |

*A business providing these services must have all the necessary licenses and permits to operate in conformity with federal, state, and local regulations and have current liability and worker's compensation coverage. All individuals providing these services must be at least 18 years of age. Individuals must also have all necessary licenses required by federal, state, and local laws including a driver's license if transporting the consumer.*

**Approval process for other supports and goods and services:** If other supports and goods and services are needed that are not included in this list, please describe on the individual budget description box, the service, good or support that is needed. The Financial Management Service will enter the budget into ISIS, including the requested item. ISIS will notify the appropriate person within Medicaid to obtain approval. The FMS will notify the consumer that their individual budget has been approved. Further information may be requested from the consumer as to the need of such item, good or service.

Items that will not be allowed on the individual budget: room and board, childcare and personal entertainment items.